

The PLOUGH & HARROW

GREAT PUB serving GREAT FOOD



APPETISERS

HOMEMADE SOUP OF THE DAY (v)
Served with a fresh bread roll £4.50

GARLIC CIABATTA (v)
Classic/with cheese £3.95/£4.50

SALT & PEPPER CALAMARI
Served with side salad & homemade tartare sauce £5.95

**TOMATO, BASIL &
MOZZARELLA BRUSCHETTA (v)**
With a balsamic glaze & fresh rocket £4.95

PRAWNS PIL PIL

*Juicy tiger prawns in a hot sizzling
sauce of garlic, chilli & olive oil,
served with a fresh bread roll* £6.50

GARLIC MUSHROOMS (v)

Button mushrooms cooked in garlic butter, served in a shortcrust pastry tart
£4.95

MUSHROOM & PUDDING STACK

*Large portobello mushroom topped with sliced black & white pudding,
finished with a creamy mustard sauce* £5.95

MAINS

HOMEMADE STEAK & ALE PIE

*Tender pieces of steak slowly cooked with onions, mushrooms & real ale
finished with a puff pastry lid, served with hand-cut chips
& fresh vegetables* £11.95

HOMEMADE CHICKEN CURRY

*Tender chicken breast cooked with onions, peppers & mushrooms in our own
curry sauce, served with a poppadum & a choice of chips, rice or half & half*
£10.95

HOMEMADE VEGETABLE CURRY (v)

*Selection of roasted vegetables in our own curry sauce, served with a
poppadum & a choice of chips, rice or half & half* £9.95

SEA BASS

Served on crushed new potatoes with homemade salsa verde £12.50

LAMB HENRY

*Slow cooked & served with creamy
mashed potato & fresh vegetables,
finished with gravy* £13.50

BEEF STROGANOFF

*Strips of fillet steak, sliced onions,
peppers & mushrooms cooked in paprika, brandy & cream, served with a
choice of chips, rice or half & half* £11.95

MUSHROOM STROGANOFF (v)

*Button mushrooms, sliced onions
& peppers cooked in paprika, brandy
& cream, served with a choice of
chips, rice or half & half* £9.50

FISH & CHIPS

*Fillet of haddock cooked in our own beer batter, served with homemade tartar
sauce, hand-cut chips & mushy peas*
Small/large £7.95/£10.95

(v) – suitable for vegetarians

Please make a member of staff aware of any allergies you may have

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FROM THE GRILL

8oz SIRLOIN STEAK

Cooked to your liking, served with tomato, sautéed mushrooms, homemade onion rings & hand-cut chips **£13.95**
*Add peppercorn,
port & stilton, or diane sauce* **£2.50**

8oz GAMMON STEAK

*Served with hand-cut chips & a choice of
egg or pineapple* **£9.95**
Add extra egg/pineapple **£0.75**

PORK MIXED GRILL

Cumberland sausage, pork steak, bacon chop, sliced white pudding, black pudding bon bon, crackling, served with apple sauce & hand-cut chips
£14.95

MIXED GRILL

*Gammon, chicken breast, flat iron steak, pork steak, sausage, served with
homemade onion rings, mushrooms & hand-cut chips* **£14.95**

CAESAR

*Chicken & bacon served on a bed of romaine lettuce tossed in Caesar dressing
with onions, cherry tomatoes, cucumber & homemade croutons, finished with
anchovies & parmesan shavings* **£9.95**

SALADS

FLAT IRON STEAK

*Sliced 8oz steak grilled to medium,
served on romaine lettuce with onions, cherry tomatoes & cucumber,
finished with balsamic dressing
& parmesan shavings* **£10.95**

CHILDREN'S MENU

(12 years & under)

SAUSAGE, MASH & GRAVY

FISH GOUJONS & CHIPS

CHICKEN NUGGETS & CHIPS

All served with a choice of beans or peas **£5.50**

SIDES

HOMEMADE ONION RINGS £2.95

HAND-CUT CHIPS £2.50

SALAD BOWL £2.95

SEASONAL VEGETABLES £3.50

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