Desserts

Ice Cream

Topped with sauce	
Chocolate Fudge Cake Served warm with ice cream	£2.95
Banoffee Pie	£2.95
Served with cream	
Apple Pie Served warm with ice cream or	£2.95 cream
Jam Sponge Served with custard	£2.95
Treacle Sponge Served with custard	£2.95



Hot Drinks

Regular Coffee	£1.50
Cappuccino	£1.50
Latte	£1.50
Hot Chocolate	£1.50
Tea	£1.00



Sunday Lunch

Traditional home cooked Sunday lunch with a choice of two meats, seasonal vegetables, roast potatoes and mashed potatoes with homemade gravy

£1.95



Main Course	£5.95
Two Courses	£7.25
Children's Roast	£3.95

TERMS & CONDITIONS

Food Allergies and Intolerances: Before you order your food and drinks please speak to our staff if you want to know about our ingredients. *All weights quoted are approximate, prior to cooking. Some fish dishes may contain bones. All dishes are subject to availability. All prices include VAT. Wholetail may contain one or more tails. All photography is for guidance only. Whilst we take every care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-use kitchen environment. (v) Items suitable for vegetarians.

ROYAL EXCHANGE

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2 Meals for £9

ON SELECTED DISHES

Menu

Food served

Mon - Sat : 12pm-2pm & 5pm-8pm

Sun : 12pm-4pm



Starters & Sharers

Breaded Garlic Mushrooms (v) Crispy coated mushrooms with a garlic dip and salad garnish	£2.95
Cheesy Potato Wedges (v) Topped with melted cheese and served with a choice of dip	£2.95
Scampi Served with a salad garnish and tartare dipping sauce	£3.25
BBQ Chicken Wings Chicken wings marinaded in	£3.25

£3.25 Chicken Goujons Crispy coated chicken goujons served with salad garnish and BBQ sauce

BBQ sauce, served with a salad

garnish and extra BBQ sauce

BBQ pulled Pork Croquettes £3.50 Pulled pork mixed with colby jack cheese served with salad garnish and BBQ dip

for 1 £3.95 / for 2 £7.50 Combo BBQ chicken wings, potato wedges, Whitby scampi, garlic mushrooms and onion rings served with a side salad and a dip of your choice

Burger Bar

2 for £9 £4.95 Classic Beef Burger Beef burger served on a bun with homemade chips and salad garnish

2 for £9 £5.95 Cheese & Bacon Burger Beef burger topped with cheese and bacon, served on a bun with homemade chips and salad garnish

Cajun Chicken Succulent chicken breast marinated in Cajun spices for that extra kick served on a bun with homemade chips and salad garnish

The Exchange Burger Two beef burgers topped with cheese, bacon, fried egg and onion rings on a bun, served with homemade chips

Traditional Main Meals

2 Meals for £9

All D	ay Brunch	£4.95
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Sausage & Mash Trio of sausages with creamy mashed potato, onion gravy served with peas

£5.95 Fish & Chips Cod fillet in a crispy batter, served with homemade chips, peas and tartare sauce

£5.95 Scampi & Chips Wholetail breaded scampi served with homemade chips, peas and wedge of lemon

BBQ Chicken Melt £5.95 Chicken breast topped with BBQ sauce, grilled bacon and melted cheese, served with homemade chips and salad garnish

£5.95 Cajun Chicken Succulent chicken breast coated in Cajun spices, served with homemade chips and salad garnish

£5.95 Homemade Braised Steak and Onions

Beef cooked until tender in onion gravy. Served with homemade chips and peas

£5.95 Vegetarian Lasagne (v) Mixed vegetables served in a rich tomato sauce in between layers of pasta topped with a cheesy white sauce, served with garlic bread

£5.95 Homemade Chicken Curry Succulent chicken breast cooked in a madras sauce and served with rice

Homemade Steak & Ale Pie £6.75 Tender beef and ale slowly cooked in a rich Guinness gravy and topped with a puff pastry lid. Served with homemade chips and peas

Salads

Chicken & Bacon Salad £4.75 Slices of chicken breast and bacon on a bed of mixed salad leaves drizzled with oil dressing

Prawn Salad North Atlantic prawns, served on mixed leaves with a Marie Rose sauce

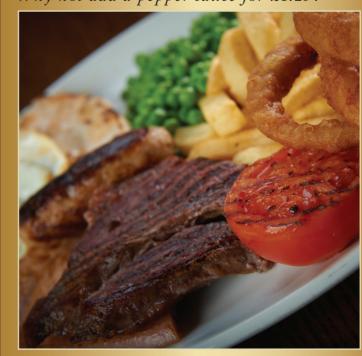


Grills

All grills are served with homemade chips, peas and half a grilled tomato

10oz Gammon Served with a fried egg	£6.75
8oz Rump	£7.95
8oz Sirloin	£8.45
10oz Rib Eye	£9.75
Exchange Mixed Grill £9.95 40z Steak, 50z gammon, chicken breast,	
sausage, egg, mushrooms and onion rings	

Why not add a pepper sauce for £1.25?



Side Orders

Homemade Chips	£1.25
Bread & Butter	50p



Onion Rings	£1.25
Mushrooms	£1.25
Side Salad	£1.25
Garlic Bread	£1.25
Cheesy Garlic Bread	£1.45
Gravy Boat	50p

Jacket Potato

All served with salad garnish £3.95 Cheese £3.95 Beans Cheese & Beans £4.50

Chilli £4.95 Curry £4.95 £4.95 Prawn & Marie Rose

SANDWICHES

A choice of white or granary bread and served with a salad garnish

Cheese & Onion (v)	£2.95
Cheese and Tomato (v)	£2.95
Sliced Ham	£2.95
Bacon and Egg	£2.95
Sausage and Egg	£2.95
BLT	£3.50
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Why not add a portion of homemade chips for £1.25?