

## THE WOODMAN'S ARMS – ISLE OF WIGHT MENU

<u>EXTRAS</u>	
CHEDDAR	- £2
CRISPY BACON	- £2
peppercorn sauce - £3.50	
APPLEWOOD CHEESE £2	
MADEIRA SAUCE - £3.50	
SALAD ADDITIVES (50P) OR ALL FOR £2 (LETTUCE, RED ONION, CUCUMBER, CARROT OR TOMATO)	
<i>WITH THE (EXTRAS) UNDERNEATH AN OPTION MEANS YOU CAN RELATE BACK TO THIS TABLE TO ADD ANY OF THESE OPTIONS TO THE DISH (ALSO INCLUDES BURGERS)</i>	

<u>SIDES</u>	
CHIPS	£4
CHEESY CHIPS	£6
BEANS OR PEAS	£2
VEG OF THE DAY	£4.50
GARLIC BREAD	£4
ONION RINGS x10	£4
CHICKEN BREAST	£6
8OZ RUMP STEAK	£10
FRIES	£4
CHEESY FRIES	£6
NEW POTATOES	£4
COLESLAW	£4
CHEESE G/BREAD	£6
CIABATTA ROLL	£4
MUSHROOMS	£3
SIDE SALAD	£4.50

(V – VEGETARIAN / VE – VEGAN / GF – GLUTEN FREE (CELIAC) – PLEASE LET A STAFF MEMBER KNOW WHEN ORDERING DISHES WITH THESE INITIALS NEXT TO THEM – WE CAN OFFER A VARIATION OF THE DISH TO MAKE IT FIT TOO YOUR REQUIREMENT, PLEASE LET STAFF KNOW ABOUT OTHER ALLERGENS. **PLEASE NOTE**, AT BUSY TIMES WE THERE MAY INCUR A WAIT ON FOOD. WE WILL NOT ACCEPT ANY RUDE BEHAVIOUR TOWARDS OUR STAFF – PLEASE BE KIND –

### CIABATTA'S

(ONLY AVAILABLE AT THE LUNCH TIME PERIOD 12:00 TILL 2:30PM)

MATURE CHEDDAR & PICKLE (V) -  
£11

HAM & MUSTARD -  
£11

TUNA MAYONNAISE  
£12

BACON, Brie & CRANBERRY MELT  
£13

SMOKED MACKEREL, BEETROOT AND HORSE RADISH  
£12

SUNDRIED TOMATO, FETA & ROCKET (V)  
£11

### ALL CIABATTAS SERVED WITH FRIES & COLESLAW

(GLUTEN FREE ROLLS AVAILABLE)

### STARTERS

#### HOMEMADE SOUP OF THE DAY (V, GF)

SERVED WITH WARM CIABATTA ROLL AND BUTTER.

£8

#### NACHOS (V, GF)

NACHOS TOPPED WITH SALSA, SOUR CREAM, AND CHEESE.

£8 (SHARE OPTION £12 – ADD BACON FOR £2)

#### HALLOUMI FRIES (V)

HALLOUMI CUT INTO CHIP SIZE PIECES AND FRIED UNTIL CRISPY, SERVED WITH A SWEET CHILLI DIPPING SAUCE AND ROCKET GARNISH.

£9

#### PORK BELLY BITES

PORK BELLY SHALLOW-FRIED AND MIXED IN A CAJUN BBQ SAUCE TOPPED WITH 3 ONIONS RINGS SERVED WITH ROCKET GARNISH AND HALF TOASTED BALSAMIC CIABATTA.

£10

#### COD GOUJONS

COD GOUJONS SERVED WITH A ROCKET AND CUCUMBER GARNISH, HOMEMADE TARTARE SAUCE AND LEMON WEDGE.

£10

PUB CLASSICS

MAINS

PUB SPECIALS

**Macaroni Cheese (V) (ADD Bacon For £2)**

Macaroni cooked in a cheddar & applewood bechamel cheese sauce served with garlic ciabatta, side salad and our homemade dressing.

MAIN £16 / DELI £11

**HAM OR SAUSAGE, egg AND CHIPS (V) (GF - HAM ONLY)**

A choice of honey roasted thick cut ham or Isle of Wight Romany herb sausages served with chunky chips, eggs and a choice of beans or peas.

MAIN £17 / DELI £12

**THE WOODMAN'S HOMEMADE COTTAGE PIE (V, VE, GF)**

Traditional beef mince, topped with mashed potatoes, served with seasonal vegetables of the day.

MAIN £17 / DELI £12 (ADD CHEESE FOR £1)

**Lasagna**

Homemade beef mince lasagna layered with pasta sheets and cheesy bechamel sauce served with side salad and a choice of chips or garlic ciabatta.

MAIN £17 / DELI £12

**10 PIECE SCAMPI**

10 pieces of whole tail scampi served with chips, peas, side salad, homemade tartare sauce and fresh lemon wedge.

MAIN £17 / DELI £13

(DELI OPTIONS ONLY AVAILABLE MON-SAT  
12:00 - 2:30PM)

**(V) MARRY ME PENNE PASTA**

A choice of seasoned chicken or king prawns cooked in a sundried tomato, parmesan, and cream sauce bound with penne pasta served with garlic bread and garnish.

£18

**(GF) BELLY OF PORK**

Slow roasted belly of pork served with colcannon mashed potato, tender stem broccoli, roasted apple puree with a cider sauce, finished with roast carrot.

£20

**(GF) LAMB AND APRICOT TAGINE**

Lamb slow cooked in Moroccan spices with apricots topped with toasted almonds and served with roasted vegetable cous-cous and nan.

£20

**(GF) PAN-FRIED TUNA STEAK.**

Pan-fried tuna steak served with butternut puree, Lyonnaise potatoes, green beans finished with a king prawn & caper butter.

£22

**(GF) PEPPERED STEAK WITH FRITS.**

Seasoned rump steak cooked to your like served on top of tender-stem broccoli and a grilled garlic field mushroom topped with peppercorn sauce, onions rings, with a side of fries.

£25 FOR STEAK / £19 FOR CHICKEN

BURGERS

**THE WOODMAN'S BURGER (GF)**

60Z homemade beef patty topped with fried onions, smoked bacon, and applewood cheese on a burger bun with relish and lettuce, served with chips and coleslaw.

£18

(DOUBLE UP THE BURGER, BACON, AND CHEESE FOR £5)

**THE CAJUN CHICKEN BURGER (GF)**

Chicken breast dusted with Cajun spice topped with smoked bacon and applewood smoked cheese served in a burger bun with salsa mayonnaise and baby gem, served with chips and coleslaw.

£18

**THE MOVING MOUNTAIN BURGER (V, VE.)**

The Moving Mountain Company plant-based burger served with a burger relish, baby gem, sliced tomato in a vegan burger bun, served with chips and side salad.

£16

SALADS

**King Prawn Mary Rose**

(Served with house dressing)

MAIN £16 - DELI £11

**Chicken & Smoked Bacon**

(Served with Caesar dressing)

MAIN £16 / DELI £11

**Sundried Tomato & Feta (V)**

(Served with house dressing)

MAIN £15 / DELI £10

(DELI VERSIONS OF SALADS ARE ONLY AVAILABLE MON - SAT 12:00 - 2:30PM)

ALL SALADS ARE WITH MIXED BABY LEAF, GRATED CARROT, CUCUMBER, CHERRY TOMATOES, AND RED ONION WITH HOMEMADE GARLIC & HERB CROUTONS - (GLUTEN FREE ROLL AVAILABLE INSTEAD OF CROUTONS - £1 SURCHARGE).