

The Spotted Cow - Menu

Starters

Butternut Squash Arancini (VE) (V) (GF) - £7.00

Served on a bed of Mixed Leaves.

Traditional Prawn Cocktail (GF Option Available) - £8.00

Prawns in Marie Rose Sauce, served on a Bed of Lettuce with Brown Bread.

Pate (GF Option Available) - £7.00

Served with Fig and Honey Chutney and Toast.

Soup of the Day – (V) (GF Option Available) - £7.00

Served with Crusty Bloomer Bread.

Torpedo Prawns - £8

Served with Sweet Chilli Sauce.

Roasted Pepper with Tomato. (V) - £6

Served with Mixed Leaves and Balsamic Vinegar.

Mains

Traditional Beer Battered Fish and Chips - £16 (GF Option Available) / Smaller Plate - £12

Served with Triple Cooked Chunky Chips, Tartare Sauce, and Garden Peas or Mushy Peas.

Steak & Ale Pie - £16

With Creamed Mashed Potato, Gravy and Garden Peas.

Scampi and Chips - £16 / Smaller Plate - £12

Wholetail Breaded Scampi served with Triple Cooked Chunky Chips, Tartare Sauce, and Garden Peas or Mushy Peas.

Sussex Smokey (GF Option Available) - £16

Smoked Haddock, New Potatoes and Spinach in a Wholegrain Mustard and Cream Sauce finished with Grated Cheese and Crusty White Bloomer Bread.

Sausage & Mash - £14

Trio of Sausages served with Mashed Potato and Peas and Gravy.

8oz Rump Steak (GF) - £22

8oz Rump Steak chargrilled to your taste, accompanied with a Grilled Tomato, Flat Mushroom, Triple Cooked Chunky Chips and Garden Peas.

(Peppercorn Sauce for £2)

Spotted Cow Burger (GF Option Available) – £16 (Add Cheddar Cheese - £1.00)

6oz Burger with Bacon in a Seeded Bun with Lettuce, Tomato, Gherkin, Mayonnaise and Homemade Coleslaw, served with Triple Cooked Chunky Chips.

Please inform a member of staff if you have any allergies or intolerances.

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Vegetarian and Vegan

Vegetable Wellington (V) (VE) - £16

Served with New Potatoes and Seasonal Vegetables.

Vegetarian Sausages (V) - £16

Served with Mash Potato and Peas and Vegetable Gravy.

Red Thai Vegetable Pie (VE) (V) - £16

Sweet Potato and Butternut Squash in a Red Thai Sauce served with Triple Cooked Chips and Peas and Vegetable Gravy.

Vegan Penang Curry (VE) (V) (GF)- £16

Served with Boiled Rice.

Moving Mountain Vegan Burger (V) (VE) (GF Option Available) - £16

Served in a Seeded Bun with Vegan Mayonnaise, Lettuce and Tomato, Gherkin and Homemade Coleslaw, served with Triple Cooked Chunky Chips.

Sides

Chips – Small - **£3.50**

Cheesy Chips Small - **£5.00**

Chips Large - **£5.00**

Cheesy Chips Large - **£6.50**

Children's Menu - £7.50

Homemade Cod Goujons, Chips and Peas or Baked Beans

Chicken Goujons, Chips and Peas or Baked Beans

Burger, Chips and Peas or Baked Beans (GF Option Available)

Sausages and Chips served with Peas or Baked Beans

Scampi, Chips served with Peas or Baked Beans

All Kids Meals include a Scoop of Ice Cream for Dessert.

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