





### Starters, Snacks & Sharing

Soup of the Day (GF / VE / DF)	£6.50
Please ask for todays homemade soup.	
Served with warm bread & butter	

Prawn Cocktail (GFA)	£8.50
Classic prawn cocktail with Marie Rose sauce dusted	
with smoked paprika, warm bread, salad garnish	
and fresh lemon	

Chicken Wings	7 - £9.00
Choose from Franks Hot Sauce, Maple &	14- £15.00
Bourbon, Louisiana BBQ or Gochujang	

Nachos	£8.00
Tortilla chips with fiery jalapenos and melted cheese	
topped with tangy salsa, sour cream & guacamole .	
Add Beef Chilli £3	

Chicken Liver Pate	£8.50
Served with a caramelised red onion chutney, side	
salad & toast sourdough	

Moroccan Houmous (VE)	£8.00
Served with toasted sourdough, chilli jam	
& a side salad	

Antipasti	£9.00
Italian charcuterie and olives with sundried	
to an art and a sum and within the aret and a second according	

tomatoes served with toasted sourdough, caramelised red onion chutney & a side salad

Feta & Pickled Watermelon Bruschetta	£8.50
With lime juice, black sesame seeds and spring onion	
served on togsted sourdough	

Gochujang Pork Belly Bites	£9.00
Served with spring onion garnish and chilli jam	

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Sides			

Sides	
Skin on Fries	£6.00
Curly Fries	£6.00

Garlic Bread	£5.00

# Side Salad £5.00

### **Baguettes**

Our baguettes are available Monday to Saturday lunchtime only. All served with a side salad & salted crisps

Bacon & Brie Crispy smoked bacon, creamy brie & redcurrant jelly	£8.50
<b>Sausage &amp; Onion</b> Cumberland sausages with a caramelised onion chutney	£8.50
<b>Prawns Marie Rose</b> Coldwater prawns in a Marie Rose sauce with fresh lemon & paprika	£8.50
<b>Tuna Melt</b> <i>Tuna mayonnaise with melted cheese</i>	£8.50
Houmous & Red Pepper (VE) Moroccan houmous with roasted peppers	£8.50

#### **Burgers**

All our burgers are served in a Pretzel Bun, with gherkin, lettuce, tomato & skin on fries.

Classic Beef Burger (GFA) Our classic juicy steak burger	£15.00
THIS isn't Beef Burger (VE) A juicy, succulent plant based burger	£15.00

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With our burgers add cheese £1 / bacon £2

## **Traditional Sunday Roasts**

Join us for our homemade traditional roasts every Sunday. Chose from a range of meats and vegetarian option, all accompanied by crispy roast potatoes, honey roasted parsnips, carrots, buttered greens, Yorkshire pudding and rich homemade gravy.







#### **Mains**

£12.50
ed with
£15.00

Cumberland sausages served with creamy mashed potato, rich homemade gravy & buttered greens

**Beef Chilli** £13.50

Homemade beef chilli served with rice, tortillas & soured cream

Scampi & Chips £15.00

Wholetail breaded scampi served with skin on fries, garden peas & lemon

Butternut Ghobi Dansak (VE / GFA) £15.00

Cauliflower florets, butternut squash, onions, red peppers, split peas and lentils all mixed together in a mildly spiced curry sauce. Served with rice, a mini naan & mango chutney

Egg noodles with mixed vegetables in a spicy oriental sauce

Add Chicken £3 | Add Shredded Duck £3.50

£13.00 Supergrain Salad (VE)

A mix of salad leaves, tomato, cucumber, red onion with quinoa, kale, brown rice & edamame beans.

Add the following to your salad:

Chicken with balsamic glaze £3 Schicken with yoghurt & mint dressing (VE) £3 Prawn Marie Rose £3 Feta and Picked Watermelon £3

#### **Desserts**

Chocolate Truffle Brownie Torte (VEA / GF) Served with cream or vanilla ice cream	£8.00	Cookie Dough Pudding  Milk chocolate chip cookie dough baked with a	£8.50
Fruit Crumble (VEA) Please ask for todays filling. Served with custard,	£8.00	salted caramel sauce served with cream or vanilla ice cream	
cream or ice cream	•	Selection of Ice Cream and Sorbets (VEA)	£7.00
Cheesecake Please ask for todays choice. Served with cream or vanilla ice cream	£8.00	3 scoops of ice cream or sorbet. Please ask for todays choices	

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(V) = Vegetarian (VE) = Vegan (GF) = Gluten Free (VEA) Vegan Option Available (GFA) = Gluten Free Available (DF) = Dairy Free

For larger group bookings we may request pre ordering.

We take the issue of food allergies and intolerances seriously. If you have any concerns about the presence of allergens in any of our menu items, please ask a team member who will be happy to help you. All fish dishes may contain bones. All weights are approximate uncooked. Whilst we take every care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-kitchen environment. We cannot guarantee that our products do not contain traces of nuts and/or seeds.

www.theengineerharpenden.co.uk



