## THE SHEPHERD AND DOG ONEHOUSE

## **GLUTEN FREE MENU**

STARTERS		SALADS	
Soup of the Day (v) Served with gluten free bread & butter Ask for today's special	£6.50	Prawn	£12.95
		Ham or Cheese	£11.50
Camembert Sharer Baked Camembert, studded with rosemary, served with gluten free bread & onion chutney	£12.50	Ham & Cheese	£12.95
		Ham Ploughman's	£12.95
Prawn Cocktail With lettuce, house cocktail sauce, gluten free bread & butter	£7.95	Cheese Ploughman's	£12.95
		Ham & Cheese Ploughman's	£14.95
Garlic & Stilton Mushrooms In a creamy garlic & stilton sauce served on a toasted ciabatta	£6.95	JACKET POTATO Served with a mixed salad	
Nachos with Cheese (v) Tortilla chips topped with cheese, tangy salsa & fiery jalapeños	£6.95	Choice of fillings	
		Cheese or Beans	£9.95
		Prawns in Marie Rose Sauce	£11.95
MAINS		Tuna Mayo	£11.95
<b>Sirloin Steak</b> Succulent steak served with new potatoes or jacket potato, mushrooms, tomato & peas	£21.95	Cheese & Beans	£10.45
Lamb Rump Served with bubble & squeak mash, seasonal vegetables & mint gravy	£18.95	BAGUETTES Served with a mixed salad garnish, potato crisps, and coleslaw Choice of fillings	
(This dish will take extra time to prepare, but it will be absolutely worth the wait!)	oe .	Prawn in Marie Rose Sauce	£9.95
Lambs Liver & Bacon Casserole Served with mashed potato & seasonal vegetables	£13.95	Chicken, Bacon & Mayo	£9.95
		Tuna Mayo	£9.95
Honey & Mustard Roasted Ham	£13.95	Brie, Bacon & Cranberry Sauce	£9.95
Served with double egg, new potatoes or jacket potato		Cheese & Branston Pickle	£8.95
Chicken & Mushroom Stroganoff £14.50 Chicken breast & mushrooms in a rich creamy		SWEET TREATS	
sauce served with rice			
Hunters Chicken A chicken breast topped with bacon, BBQ sauce & mature Cheddar cheese. Served with new potatoes		Chocolate Brownie (v) Served with custard, cream or ice-cream (Indulge in all 3 for an extra £2.00)	£7.50
or jacket potato & mixed salad		Ice-Cream (3 Scoops)	£4.95
		Strawberry, Chocolate & Vanilla	

We use the best ingredients available to ensure quality.

All our eggs are free range and our beef steaks are 35-day matured for maximum flavour

(v) These dishes on our menu are suitable for vegetarians.

Whilst we take care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-kitchen environment.

All our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are present, therefore we cannot guarantee that any food item it completely free from allergens due to the risk of cross contamination.

Lower Road, Onehouse, Stowmarket, Suffolk IP14 3BX



Tel: 01449 614675



## GLUTEN FREE SUNDAY MENU

STARTERS		SALADS	
Soup of the Day (v) Served with gluten free bread & butter Ask for today's special	£6.50	Prawn	£12.95
		Ham or Cheese	£11.50
		Ham & Cheese	£12.95
Camembert Sharer Baked Camembert, studded with rosemary, served with gluten free bread & onion chutney	£12.50	Ham Ploughman's	£12.95
		Cheese Ploughman's	£12.95
Prawn Cocktail With lettuce, house cocktail sauce, gluten free bread & butter	£7.95	Ham & Cheese Ploughman's	£14.95
Garlic & Stilton Mushrooms In a creamy garlic & stilton sauce served on a toasted ciabatta	£6.95	JACKET POTATO Served with a mixed salad Choice of fillings	
Nachos with Cheese (v) Tortilla chips topped with cheese, tangy salsa & fiery jalapeños	£6.95	Cheese or Beans	£9.95
		Prawns in Marie Rose Sauce	£11.95
		Tuna Mayo	£11.95
MAINS		Cheese & Beans	£10.45
Roast Beef, Pork or Chicken Served with all the trimmings Choose all 3 meats for an extra £3.00	£15.95	BAGUETTES Served with a mixed salad garnish, potato crisps, and coleslaw	
Lambs Liver & Bacon Casserole	£13.95	Choice of fillings	
Served with mashed potato & seasonal vegetables		Prawn in Marie Rose Sauce	£9.95
Honey & Mustard Roasted Ham £13.95 Served with double egg, new potatoes or jacket potato		Chicken, Bacon & Mayo	£9.95
		Tuna Mayo	£9.95
Chicken & Mushroom Stroganoff Chicken breast & mushrooms in a rich creamy sauce served with rice	£14.50	Brie, Bacon & Cranberry Sauce	£9.95
		Cheese & Branston Pickle	£8.95
Hunters Chicken £14.50			
A chicken breast topped with bacon, BBQ sauce & mature Cheddar cheese. Served with new potatoe	S	SWEET TREATS	
or jacket potato & mixed salad  Bacon & Cheese Burger In a gluten free bun, served with new potatoes or jacket potato & mixed salad	£14.95	Chocolate Brownie (v) Served with custard, cream or ice-cream (Indulge in all 3 for an extra £2.00)	£7.50
		Ice-Cream (3 Scoops)	£4.95

We use the best ingredients available to ensure quality. (v) These dishes on our menu are suitable for vegetarians.

Whilst we take care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-kitchen environment.

All our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are present, therefore we cannot guarantee that any food item it completely free from allergens due to the risk of cross contamination.

Lower Road, Onehouse, Stowmarket, Suffolk IP14 3BX



Strawberry, Chocolate & Vanilla

Tel: 01449 614675