

## Starters

A little something to get you started

### Antipasto £7.50

Parma Ham, olives with garlic and sun-dried tomatoes, warm ciabatta & an extra virgin olive oil & balsamic dip

### Breaded Halloumi £5.95

Halloumi cheese sticks with crispy bread crumbs, served with sweet chilli dip & salad garnish (V)

### Wild Mushroom Crostini £5.45

Ciabatta topped with wild mushrooms & garlic olive oil (V) (VE)

### Home Made Nachos £5.45

Crisp flour tortilla nachos, topped with melted smoked cheese topped with salsa and sour cream (V) **Add Chilli Con Carne £3**

### Loaded potato Skins £6.45

Trio of filled potato skins. Served with sour cream & BBQ sauce. Choose either:

- Cheese & bacon (GFA)
- Cheese & onion (V) (GFA)

## Sunday Lunch

Served 12 - 4 p.m. Every Sunday

Choose from :

Roast Beef

Maple Glazed Ham

Turkey

Homemade Vegan Nut Roast (V) (VE)

Served with roast potatoes, bacon & cabbage, cauliflower cheese & carrots

Gluten free gravy & Yorkshire puddings are available on request (GFA).

Adult £12.95

Adult Small £7.95

Child £6.95

## Burgers

Burgers come in a floured bun with mayo & salad. Served with onion rings, purple coleslaw & your choice of sweet potato fries, skinny fries or triple cooked chips

Upgrade to a Brioche Bun for 50p

### Black & Blue Steak Burger £11.95

A juicy local butchers steak burger topped with Isle of Wight blue cheese & cracked black pepper

### BBQ Chicken Burger £11.95

Butterflied chicken breast topped with hickory smoked BBQ sauce & Local Lyburn smoked cheese & bacon (GFA)

### Fish Goujon Burger £11.95

Cod goujons in our homemade crisp light beer batter (GFA)

### Double Cheese & Bacon Burger £13.95

When a single burger just isn't enough. Two steak burgers topped with Lyburn smoked cheese & bacon

\*Single burger alternative £11.95

### Chipotle Burger £11.95

Juicy local butchers steak burger topped with spicy chipotle sauce & Jalapeños

### Beyond Burger £9.95

Vegan Beyond Burger, topped with hickory BBQ sauce (V) (VE) (GFA)

### White Hart Burger £12.95

6oz Venison burger topped with cranberry & Isle of Wight brie

### BBQ Mushroom & Blue Cheese Burger £11.95

Oven baked flat mushroom filled with hickory smoked BBQ sauce & topped with melted Isle of Wight blue Cheese (V) (GFA)

## Grills

Served with triple cooked chips, peas, onion rings, a flat mushroom & tomato

### 8oz Sirloin Steak £18.45

A 8oz sirloin steak from our local butcher. This popular cut is full of flavour & tenderness

### Mixed Grill £19.95

4oz sirloin, 5oz gammon, chicken breast, sausage & egg. Served with corn on the cob

### Gammon & Eggs £14.45

Grilled gammon steak topped with 2 local free range eggs

### Chicken New Yorker £13.45

Chicken breast topped with bacon, hickory smoked BBQ sauce & Lyburn smoked cheese

### Cajun Butterflied Chicken £12.95

Butterflied chicken breast marinated in Cajun spice & pan fried

### BBQ Ribs £18.95

Full rack of ribs in a BBQ glaze. Served with corn on the cob and homemade purple coleslaw

## Mains

### Beer Battered Fish & Chips £12.95

Cod in a light crisp homemade beer batter. Served with triple cooked chips & peas (GFA)

### Roasted Mediterranean Vegetable Tart £11.95

Puff pastry topped with tomato pesto, roasted peppers, onion & tomato topped with mozzarella & served with a balsamic dressed salad & sweet potato fries (V)

### Beer Battered Prawn Scampi £13.45

Tiger prawns in a crisp, homemade beer batter served with triple cooked chips & peas. (GFA)

### Cod Prosciutto £12.95

Cod fillet wrapped in Parma ham & baked with cherry tomatoes. Served with new potatoes & salad (GF)

### Wild Mushroom Risotto £11.45

Arborio rice cooked in vegetable stock, topped with wild mushrooms & parmesan cheese. Served with garlic bread (V) Add chicken or bacon for £2

## Build-Your-Own Pizza

Stone baked 12 inch sour dough pizza with a tomato herb & garlic sauce topped with mozzarella & cherry tomatoes & drizzled with extra virgin olive oil

Start with a Margherita £8 Then add your favourite extra toppings for £1.50 each:

Pepper

Sweetcorn

Ham

Ground Beef

Onion

Chilli

Pepperoni

Mozzarella

Cherry Tomato

Mushroom

Bacon

Chicken

Gluten free pizzas are available on request, just ask a member of our team!

## Salads

Salads are served in a crisp tortilla basket

### Chicken & Bacon Salad £10.95

Chicken breast & crispy bacon with a honey & mustard dressing

### Chicken Caesar Salad £10.95

Chicken breast & crisp mixed salad with a Caesar dressing and parmesan cheese

### Avocado Salad £9.95

Sliced Avocado served with a virgin olive oil & balsamic dressing (V) (VE)

**Sides** Triple cooked chips £3.50 | Sweet Potato Fries £3.95 | Onion Rings £3 | Garlic Bread £3 | Cheesy Garlic Bread £3.50 | Flat Mushrooms £3 | Side Salad £3  
Add Cheese £1 | Add Bacon £2 | Skinny Fries £3.50 | Coleslaw £1.95 | Olives with Garlic & Sun-Dried Tomatoes £4.50

**Sauces** Peppercorn sauce £1.95 | Isle of Wight Blue Cheese Sauce £1.95 | Gravy £1

(V) Vegetarian (VE) Vegan (GF) Gluten Free (GFA) Gluten free available please ask. Please note: The ingredients are allergen free, but dishes are prepared in a kitchen where allergens are present.

## Welcome to The White Hart

Mike, Laura and Hannah, the pub Husky hope that you enjoy your visit. Hampshire and the New Forest is a beautiful region with some amazing produce. We are proud to support our local suppliers, using locally made ingredients in our menu as well as locally sourced soaps, plants and artwork.

### Relax & Enjoy our Table Service

We offer both services at the bar or your table. For table service, please get the attention of a member of the team and we will take your order as soon as possible. We will require pre-authorized payment for outside tables.

### Hand Sanitising & COVID Safety

Hand sanitisers are placed at entrances and throughout the pub. We regularly check toilets and hand sanitising facilities.

## What's On?

**Mondays @ 9pm - Oakhaven Charity Quiz**  
£1 per person supporting Oakhaven Hospice

**Wednesdays @ 8pm - Lymington Table Top Games**

**Thursdays @ 7.30pm - Poker**

A free to play, friendly game.  
Part of the Redtooth Poker League.

**Sundays @ 8pm - Live Music**

A variety of open jam, open mic and live performances. Please ask for details

## Light Bites

### Ploughman's £9.95

Crisp salad, pickled onions, apple, ciabatta & real ale chutney with any 2 of the following:

- Isle of Wight Brie,
- Lyburn Smoked Cheese,
- Ham
- Isle of Wight Blue Cheese

### Ham Egg & Chips £ 9.45

Local free range eggs, ham & triple cooked chips with a real ale chutney

### Topped Fries £7.95

Skinny fries with sour cream, bacon & chives

### White Hart Chips £6.45

Triple cooked chips topped with ham & Lyburn smoked cheese (GF)

### Loaded Chips £7.95

Triple cooked chips topped with your choice of either beef or vegetarian chili & cheese

## Senior menu

**12-5 p.m. | Monday – Thurs**

**Good things really do come in small packages. All the flavour from our local suppliers in a portion for smaller appetites.**

### Petite Cod & Chips £7.45

Cod in a light beer batter served with triple cooked chips and peas (GFA)

### Little Ham & Eggs £7.45

Ham & a local free range egg with triple cooked chips & a real ale chutney

### Goats Cheese & Olive Pasta £6.95

Linguine in a homemade olive, tomato & goats cheese sauce topped with parmesan cheese (GFA) (V)

## Sandwiches & Tortilla Wraps

Choose from white ciabatta, wholemeal sub roll or tortilla wrap  
Served with a balsamic salad garnish

Add small chips £1.50

**Bacon & Isle of Wight Brie £7.45**

**BLT (Bacon Lettuce Tomato) £7.45**

**ALT (Avocado Lettuce Tomato) (VE) (V) £7.45**

**Cajun Chicken £7.45**

**Cod Goujon in Beer Batter £7.95**

**Isle of Wight Brie & Cranberry (V) £7.45**

**Lyburn smoked cheese & tomato (V) £6.95**

**Tuna Mayo £7.45**

**Chicken Caesar £7.45**

**Club £7.45**

## Jacket Potatoes

Oven baked jacket potato's served with a balsamic salad garnish. Choose your filling.

Or any 2 of the following £7.45:

- Lyburn Cheese (GF)
- Baked Beans (V) (VE) (GF)
- Ham (GF)
- Tuna mayo (GF)
- Red onion (V) (VE) (GF)

## Sharing platters

### Sliders £18.95

Platter of burgers in brioche buns. Served with skinny fries. Choose from beef or pulled chicken

### American Platter £19.45

Cheese & onion potato skins, onion rings, garlic bread and half a rack of ribs. Served with BBQ & sour cream dips

## Kids Menu

### Chicken Breast & Chips £6.95

Chicken breast with chips & Heinz baked beans or peas (GF)

### Sausage & chips £6.95

Two sausages with chips & Heinz baked beans or peas

### Fish & Chips £6.95

Cod in a homemade batter with chips & Heinz baked beans or peas (GFA)

### Pasta in Tomato & Basil Sauce £6.45

Linguine pasta in a homemade tomato & basil sauce (GFA) (VE-available please ask)

### Beef Burger £6.95

A mini 2oz burger in a mini brioche bun with chips & Heinz baked beans or peas - Add Cheese - 50p

### Vanilla Ice Cream £2.95

2 scoops of Madagascan vanilla ice cream with toffee, chocolate or strawberry sauce (V)

### Dairy Free Ice Cream £2.95

2 scoops of Dairy Free vanilla ice cream with toffee, chocolate or strawberry sauce (V) (VE)

### Jude's Mini Tubs £2.25

Please see freezer for flavours



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