## BREAKFAST MENU

## START YOUR DAY RIGHT

## TRADITIONAL ENGLISH BREAKFAST

Two rashers of bacon, a pork sausage, a fried free range egg, half a grilled tomato, baked beans and hash browns with freshly sliced toasted bloomer bread (1068kcal)

## VEGETARIAN BREAKFASTV

Two Quorn ${ }^{\text {TM }}$ sausages, a fried free range egg, grilled tomato, baked beans and hash browns with freshly sliced toasted white bloomer bread (1133kcal)

## BAKED BEANS ON TOAST VE

Two rashers of bacon, a pork sausage, a fried free range egg, half a grilled tomato and baked beans with freshly sliced toasted white bloomer bread ( 773 kcal )

## £5.99

Freshly sliced toasted white bloomer bread (536kcal)

## EGGS ON TOAST V

Two slices of freshly sliced toasted white bloomer bread with your choice of poached ( 562 kcal ), fried ( 699 kcal ) or scrambled ( 754 kcal ) free range eggs.

## BACON OR PORK SAUSAGE SANDWICH

Bacon ( 614 kcal ) or sausage ( 630 kcal ) served on freshly sliced white bloomer bread.
Add a fried free range egg (146kcal) for 50p
AVOCADO \& EGGS V
Smashed avocado, 2 poached free range eggs, grilled tomato with freshly sliced toasted white bloomer bread ( 678 kcal )

## KIDS BREAKFAS <br> £5.99 KIDS BREAKFAST

$£ 3.79$

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## HOT DRINKS

| AMERICANO (2kcal) | £2.45 | SELECTION OF TEAS AVAILABLE (0-28kcal) |
| :--- | :--- | :--- |
| CAPPUCINO (54kcal) | $£ 2.55$ | MOCHA (180kcal) |
| LATTE (66kcal) | $£ 2.55$ | HOT CHOCOLATE (210kcal) |
| ESPRESSO SINGLE / DOUBLE (2 - 4kcal) | $£ 2.05 / £ 2.35$ |  |

Adults need around 2000 kcal a day

## A

## THE GOOD COMPANIONS

BREAKFAST MENU

