

LUNCH

FOR THE TABLE

Sharing platter – Locally Baked Bread, Antipasti Olives & Sun-Blushed Tomatoes, Balsamic Vinegar & Olive Oil
GFV

Local Baked Bread, balsamic vinegar & olive oil
GFV

Antipasti Olives, Kalamata Amphissa olives **GFV**

Marinated Sun-Blushed Tomatoes **GFV**

SOMETHING LIGHT

Today's Homemade Soup, with locally baked bread **GFV**

Garlic Mushrooms, sautéed button & wild mushrooms, garlic cream sauce, toasted bloomer **GFV**

Caesar Salad, cos lettuce, parmesan, olives, croutons, Caesar dressing **V**

Niçoise Salad, mixed leaves, tomatoes, green beans, potatoes, anchovies, egg, olives, vinaigrette **GFV**

Top Up your Salads – Chicken breast, Halloumi **V**, Tuna Steak, Goats Cheese **V**

Moules Marinière- mussels in a light white wine, garlic and cream sauce served with local baked bread **GF**
Top up your Moules- Samphire

BURGERS

Castle Inn 6oz Beef Burger - Welsh cheddar, smoked bacon **GF**

6oz Wagyu Burger - grass-fed Letterston Wagyu Burger, mustard mayonnaise, beer battered onion rings

Bean Burger, Mild spiced mixed bean burger, lemon mayonnaise **V**

Our burgers are served with lettuce, tomato, gherkin, red onion, coleslaw & skin on chips.

Top Up your Burger-

Jalapenos, Caramelised Onion Jam, Chilli Jam, Tomato Chutney, Fried Egg, Cheddar Cheese
Perl Las Cheese
Wagyu Patty
Castle Burger Patty

SANDWICHES Available 12-2:30 Mon – Sat

All served on locally baked brown bread, fresh or toasted, with salad, coleslaw and crisps. Gluten Free available on request.

Castle Inn Roasted Ham and Tomato

Welsh Cheddar Cheese and Onion

Crab Salad and Lemon Mayonnaise

Prawn Salad with Marie Rose Dressing

Avocado, Lettuce and Tomato

Rump Steak (4oz), Horseradish Mayonnaise and Red Onion

MAIN COURSE

Traditional Fish & Chips, cod fillet in beer batter, skin on chips, mushy peas **GF**

Whole Tail Breaded Scampi, Whitby scampi, skin on chips, garden peas

Chicken Jalfrezi, medium heat chicken curry with onions and peppers, served with rice and a poppadum **GF**

Spicy Beef Chilli, mixed leaf salad, nachos **GF**
Add rice

Battered Halloumi, halloumi in beer batter, mixed leaf salad, lemon mayonnaise, skin on chips **GFV**

Sweet Potato Chilli, mixed leaf salad, nachos **VE**
Add rice

Battered Tofu, tofu in beer batter, mixed leaf salad, sweet chilli dip, skin on chips **GFVE**

CHILDREN'S

Chicken Nuggets and Chips

Beer Battered Mini Cod and Chips **GF**

Pork Sausages and Chips

Beef Burger and Chips **GF**

4ox Rump Steak and Chips

All of the above are served with a choice of beans or peas

Macaroni Cheese with salad **V**

Fruit Smoothie – Summer Berries or Exotic Fruit **GFVE**

Ice-cream Milkshake – Chocolate, Strawberry or Vanilla **GFV**

SIDES

Skin on Chips **GFV** - **Beer Battered Onion Rings** **GFV** - **Garlic Bread** **GFV** - **Cheesy Garlic Bread** **GFV** –
Pan fried or Battered Halloumi **GFV** - **Mixed Leaf Salad** **GFV** - **Homemade Coleslaw** **GFV** - **Buttered Greens** **GFV**

GF – Gluten Free on Request

V - Vegetarian

VE - Vegan