

THE
STAFF OF LIFE

ESTABLISHED 1843

DRINKS

Welcome to The Staff of Life

Nathan, Jo and our fantastic team of staff welcome you to our independent free house and inn.

We have worked closely with our local independent family-owned wine merchant to bring an exclusive range of wines for you to enjoy.

WHITE WINE

Pinot Grigio, Ancora 12% Italy

Crisp & refreshing. A fresh, dry white with stone fruit and citrus aromas and lightly spicy notes. Crisp and delicate on the palate with some honeyed fruit balanced by lemony acidity, minerality and an utterly refreshing finish.

175ml **5.95** | 250ml **7.50** | Bottle **21.95**

Chardonnay, Dry River 11% Australia

Ripe & fruity. Ripe white peaches and mango on the nose with elegant flavours on the palate. There's no oak, so whilst tasting full and round it is beautifully balanced.

175ml **6.25** | 250ml **7.85** | Bottle **22.95**

Sauvignon Blanc, Cloud Factory, Marlborough 13.5% New Zealand

Stylish & sophisticated. Intense aromas of pink grapefruit and blackcurrants, this award-winning wine is rich in the mouth and possesses the full spectrum of classic Marlborough Sauvignon Blanc attributes.

175ml **7.00** | 250ml **8.95** | Bottle **25.95**

Rioja Blanco, Artesa 11.5% Spain

Aromatic & refined. Made from 100% Viura grapes cultivated in Rioja Oriental. A beautiful wine of interest and instant appeal with lifted floral and citrus notes on the nose. The palate has orchard fruits, ripe melon and zesty acidity.

Bottle **26.95**

Picpoul de Pinet, L'Ormarine', Languedoc 13% France

Pure & expressive. Nicknamed 'La Bomba' for such incredible fruit and zest. Exuberantly fresh on the palate with ripe mango fruit, a slightly saline edge and underlying minerality. Fine and elegant with a very long finish.

Bottle **27.95**

All our vegan friendly wines have the  logo. Wines may contain sulphites.
ABV's may vary between vintages.

IN THE PINK

Pinot Grigio Rosé, Ancora 13% Italy

Strawberry pink in colour, a classy rosé wine with fresh, red fruit flavours and a lip-smacking finish. Such an easy-drinking wine perfect to enjoy with good friends

175ml **5.95** | 250ml **7.50** | Bottle **21.95**

Zinfandel Rosé, Burlesque 8.5% California

A major crowd pleaser from the Sunshine State! Luscious strawberry ice cream on the nose supported by a bright, berry fruited palate with candied sweets and tinned strawberries. Served well chilled and guaranteed to chill you out!

175ml **5.95** | 250ml **7.50** | Bottle **21.95**

RED WINE

Merlot, Tierra Del Rey 11% Chile

Jammy & round. Restrained and elegant with fresh bramble fruit flavours and hints of dark chocolate and spice well-balanced with smooth tannins. This is a lovely example of cooler-climate Merlot.

175ml **5.95** | 250ml **7.50** | Bottle **21.95**

Shiraz, Dry River 11.5% Australia

Warm & spicy. Rich, dark and full of flavour. This wine has plenty of spice with ripe damsons and a rustic, savoury edge. Lovely rich dark fruits with 'meaty' concentration and style, full flavoured, deep and drinking very well.

175ml **6.25** | 250ml **7.85** | Bottle **22.95**

Malbec, Rare Vineyard 13% France

Rich & velvety. Deep ruby-red in colour, with intense aromas of plum and blackberries, with vanilla and spice. The palate has some lively fresh cherry characters, elegantly combined with a lovely dusty flavour. Medium-bodied on the palate with silky ripe tannins and a long, broad finish.

Bottle **26.95**

Rioja, Vega Piedra 13% Spain

Dark & decadent. An attractive modern style of Rioja with perfectly integrated and expressive plum and juicy black fruit aromas. Medium bodied on the palate, with red and black fruits, vanilla and spice, building to a savoury white pepper finish.

Bottle **27.95**

STAFF OF LIFE BUBBLES

Prosecco Lunetta Spumante 11% Italy

Classic Prosecco! With a lovely, light, aromatic, ripe fruit and floral nose possessing notes of stone fruit and apple which leads to a creamy palate and a bright, classy finish.

175ml **6.80** | Bottle **25.95**

'PINK' Prosecco, Lunetta Spumante 11% Italy

A fresh creamy pink fizz produced at the foot of the Dolomite mountains.

A delicious rosé fizz with delicate aromas of red berries and a palate of lush, summer fruits.

175ml **6.80** | Bottle **25.95**

SPRITZ

Aperol Spritz	8
Limoncello Spritz	8
Hugo Spritz	8
Withers Raspberry & Rose Gin Spritz	8

0% & LOW ALCOHOL

Heineken 0% Lager 330ml	4
Guinness Micro Draught 0% 558ml	5.2
Koppaberg Strawberry & Lime 0% 500ml	5.2
Thatchers Cider 0% 500ml	4.7
Whitley Neil Rhubarb & Ginger 0% 25ml	2.8
Lucky Saint Unfiltered Lager 0.5%	5

HOT DRINKS

English Breakfast (Tea Pigs)	2.6
Green Tea (Twinings)	2.6
Peppermint (Twinings)	2.6
Lemon Ginger (Twinings)	2.6
Camomile (Twinings)	2.6
Earl Grey (Twinings)	2.6
Cranberry & Raspberry (Twinings)	2.6
Latte	3.5
Flat White	3.5
Espresso	2.8
Range of Coffee Syrups	1
Cappuccino	3.5
Hot Chocolate	3.75

WITHERS DISTILLERY

Family-owned and distilled in Derby, Withers creates distinctive small-batch gin, vodka and rum.

Founded by Sarah Withers, the distillery focuses on quality, character and carefully developed recipes rooted in the East Midlands.

G1 Heartsease London Dry Gin 40%	4
Derby Gin London Dry Gin 40%	4
Withers Vodka 40%	4
Withers Spiced Orange Gin 20%	4
Raspberry & Rose Gin Liquor 20%	4
Honey Spiced Rum 40%	4
Staff of Life G&T	8.2
Withers Derby Gin (double measure) and Franklin & Sons elderflower and cucumber tonic garnished with fresh cucumber.	
Derby Honey & Ginger	8.2
Withers Honey Spiced Rum (double measure) topped with Franklin & Sons ginger beer – smooth, sweet, warming and refreshing.	

DOUBLE UP FOR £2
on all Withers Spirits

We also have a wider selection of spirits available at the bar, so do ask if you don't see your favourite.



Hawkstone			PINT
Hawkstone Premium	4.8%	Rich / citrus / malty – Voted England's best lager!	5.9
Hawkstone Pilsner	3.8%	Aromatic / light / fruity – The discerning one!	5.5
Hawkstone IPA	4.8%	Hoppy / fruity / caramel – Voted England's best IPA!	5.9
Hawkstone Cider	5%	Fresh pressed / medium dry	5.6
Hawkstone Black (Stout)	4.2%	Roasted / malty / crisp	6

CASK

PINT

Timothy Taylor Landlord

4.3%

Citrus/hoppy Camra Champions record 4 times

4.95

Draught Bass

4.4%

A classic premium amber ale brewed in Burton-on-Trent

4.5

Guest Ales from Local Breweries

Available on rotation - Please ask

Little Brewing Company (Derby)

Tollgate Brewery (Woodville)

3P's Brewery (Woodville)

Dancing Duck (Derby)

Burton Bridge Brewery (Burton on Trent)

TUESDAY

CASK CLUB

All Cask Ales

3.20

A PINT ALL DAY

TUESDAY
CASK CLUB
All Cask Ales
3.20
A PINT ALL DAY

BOTTLED/CAN BEERS & CIDERS			
Asahi	330ml		4.1
Camden Hells Lager	330ml		4
Peroni	330ml		4
Corona	330ml		4
Jubel Peach	 330ml		6
Koppaberg	500ml	Strawberry & Lime / Mixed Fruit	6
Hawkstone Hedgerow Cider	500ml		6
Peroni	 330ml		5

SODAS, TONICS & JUICES	SMALL	LARGE
Coca Cola	2.6	3.6
Diet Coke	2.4	3.5
Coke Zero	2.4	3.5
Schweppes Lemonade	2.6	3.6

Franklin & Sons Sodas	275ml		3.4
Peach & Mango / Rose Lemonade Dandelion & Burdock / Elderflower Lemonade / Ginger Beer			
Appletiser	330ml		3.4
Sprite Zero	330ml		3.4
Fanta Orange	330ml		3.4
Franklin & Sons Mixers	200ml		2.6
Mallorcan Tonic Water / Elderflower & Cucumber Tonic Water Light Tonic Water / Rhubarb & Hibiscus Tonic Water Ginger Ale / Pineapple & Almond Soda			
Juice			2.7
Cranberry / Orange / Apple / Pineapple			
Marlish Still Water	330ml		2.4
Marlish Sparkling Water	330ml		2.8
J20			3.4
Orange & Passion Fruit / Apple & Raspberry			

KIDS	
Simply Fruit No Added Sugar	2.1
Blackcurrant & Apple / Strawberry / Orange	

SNACKS	
Crisps, Nuts or Pork Scratchings	From 1
Owen Taylor Pork Pie & Pickle	5

A WARM WELCOME

The Staff of Life is Ticknall's village free house and inn, offering the warm, welcoming experience of a true family-owned pub — from real ales, carefully chosen wines and quality home cooking, to comfortable, well-appointed rooms. We pride ourselves on friendly service and treating our guests like friends we hope to welcome back again and again. Whether you join us in the beer garden, at the bar, for drinks or a meal, you'll always be treated like one of the locals (four-legged friends included).

We're conveniently located for exploring local attractions such as Calke Abbey and Gardens, or as a stopping point on your way to Donington Park Racing Circuit or East Midlands Airport. We can cater for special occasions too — ask staff for more details.

OUR ROOMS

Why not stay with us? We have eight individual en-suite bedrooms to choose from. Five are found within our 18th-century, Grade II listed building. The remaining three are located in our converted barn on the ground floor, opposite the garden, with their own private entrances.

All bookings include breakfast.



Facebook



thestaffoflife.co.uk

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All our wines are supplied by Perkins
Independent Wine Traders Ltd.
Wines served by the glass are also available
in 125ml measures.