



# The Stags Head GLUTEN FREE MENU\*

## STARTERS

**SOUP OF THE DAY (V) £4.95** Served with roll and butter.

**CHICKEN LIVER PATE I £5.75** A smooth chicken liver pate served with toasted roll and chutney.

**MUSHROOM PEPPER POT (V) I £5.75** Button mushrooms cooked in a creamy brandy and peppercorn sauce, finished with delicious blue cheese, and served with garlic roll.

**LANCASHIRE CHICKEN WINGS I £6.50** Johnson & Swarbrick chicken wings in Karen Riley's taste Lancashire gold award winning spicy marinade served with dressed salad garnish and sweet chilli sauce.

## MAINS

### **STAGS HEAD CHICKEN I £12.95**

Chicken breast stuffed with Mrs Kirkham's Lancashire cheese wrapped, in smoked bacon and finished with a tangy tomato and basil sauce. Served with chunky chips and vegetables

### **PHEASANT BREAST I £16.95**

Pan fried pheasant breasts served with mashed potato, creamed cabbage with bacon and red wine jus.

### **BREAST OF GOOSNARGH DUCK I £16.95**

Pan fried Goosnargh duck from the one and only J.S Swarbricks farm, located right here in Goosnargh. Served with rosemary roasted new potatoes, creamed cabbage with bacon and red wine jus.

### **FISH PIE I £12.95**

Mixed fish cooked in a creamy sauce and topped off with mash potato. Served with buttered seasonal vegetables.

### **BRENDAN ANDERTONS "RIBBLE REWARD" RUMP STEAK I £17.95**

This is as good as steak gets! Brendan Andertons' award winning extra mature rump steak. Simply seasoned and chargrilled to your liking, served with chunky chips, roasted tomato and garden peas.

**100Z GAMMON STEAK I £12.95** Chargrilled and served with chunky chips, free range fried egg, pineapple, roasted tomato, garden peas.

### **Asian Vegetable stir-fry (VE) I £12.95**

A medley of vegetables stir-fry cooked in a blend of fragrant spices with a hint of chilli, served with basmati rice.

### **HOUSE SALAD (VE) I £6.95**

A medley of fresh leaves with cucumber, tomato, capsicum peppers and red onion and drizzled with honey and mustard (v) or balsamic (ve) dressing.

Add chicken breast or grilled halloumi for just £3

## **BURGER BAR I £10.95**

### **Choose from Homemade Beef burger OR Chicken breast**

Served on a GLUTEN FREE bun with fresh leaves and tomato. Served with skin on fries and tomato chutney.

(add as many toppings as you like for just 95p each: Cheddar cheese, Stilton, Mrs Kirkham's Lancashire cheese and onion chutney, Bacon, or Fried egg)

## DESSERTS

### **CRÈME BRULEE I £5.95**

Delicious creamy crème brulee with fresh strawberry

**LOCAL ICE CREAM SELECTION I £4.95** Three scoops of local ice cream please ask for today's flavours.

### **WARM Gluten-Free CHOCOLATE FUDGE CAKE £5.95**

Served with ice cream or cream

## LUNCH (1 course £6.95, 2 courses £10.95, 3 courses £14.95 Served Monday to Saturday 12-430pm)

### Starters

#### **Chicken liver pate**

A smooth chicken liver pate served with toasted roll and onion chutney.

#### **Soup of the day (v)**

With bread roll and butter

#### **Pepper Mushrooms (v)**

Mushrooms cooked in a creamy pepper sauce served on a slice of garlic roll

### Main Courses

#### **Homemade Beef Burger**

Our homemade beef burger on a bun with lettuce and tomato, served with chips and tomato chutney.

#### **Hand carved ham & eggs**

Gammon ham hand carved and topped with two free range fried eggs, served with chips and peas.

#### **House Salad (v)**

A medley of leaves, tomato, cucumber, red onion and capsicum peppers with a honey and mustard dressing.

*Add chicken breast or grilled Halloumi for just £3*

### DESSERTS

**LOCAL ICE CREAM SELECTION** | Three scoops of local ice cream please ask for today's flavours.

#### **WARM Gluten-Free CHOCOLATE FUDGE CAKE**

Served with ice cream or cream

\*These recommendations were devised with the most current information from our suppliers and with our most updated recipes and food preparation practices considered. The suggested menu items listed on these pages do not directly contain the specified allergen, but they may have been manufactured on equipment which also manufactures any given allergen. While we offer gluten-free menu options, we are not a gluten-free kitchen. Cross-contamination could occur and our restaurant is unable to guarantee that any item can be completely free of allergens. Patrons are encouraged to their own satisfaction, to consider this information in light of their individual requirements and needs. More info @ [www.gluten.com](http://www.gluten.com)

Please be aware that all our dishes are prepared in kitchens where nuts, gluten and other allergens are present, therefore we cannot guarantee that any item is "free from" traces of allergens. Information on our dishes is available upon request from our team. (v) suitable for vegetarians. (vg) suitable for vegans. Fish dishes may contain bones. All weights are approximate and before cooking. Poultry and shellfish dishes may contain bones and/or shell. Our menu descriptions do not list all ingredients. Some dishes may contain alcohol which is not listed on the menu. Please ask a member of the team if you are concerned about the presence of allergens in your food.