

## burgers

*Served on a brioche bun  
with a salad garnish & chunky chips*

Beef Burger	12.00
Beef Burger with cheese	12.50
Beef Burger with cheese and bacon	12.50
Cajun Chicken Burger <sup>(GFA)</sup>	12.50
Falafel & Spinach Burger <sup>(VEA)</sup> <sup>(GFA)</sup>	12.00

## jacket potatoes

*Freshly baked potato with a salad garnish*

Ham & Cheese <sup>(GF)</sup>	9.50
Cheese & Beans <sup>(GF)</sup> <sup>(V)</sup> <sup>(VEA)</sup>	9.50
Prawns & Marie Rose <sup>(GF)</sup>	9.50
Tuna Mayo & Red Onion <sup>(GF)</sup>	9.50

## sandwiches <sup>(GFA)</sup> baguettes & panini

*Freshly made on your choice of locally served white or granary bread  
with a salad garnish & chunky chips*

	SANDWICH	BAGUETTE	PANINI
Cheese & Onion <sup>(V)</sup> <sup>(VEA)</sup>	7.50	8.50	8.50
Cheese & Tomato <sup>(V)</sup> <sup>(VEA)</sup>	7.50	8.50	8.50
Tuna Mayo & Red Onion	8.00	9.00	9.00
Ham & Cheese	7.50	8.50	8.50
Bacon, Brie & Cranberry			9.00
Turkey, Stuffing & Cranberry	8.00	9.00	
Fish Finger	8.00	9.00	
Prawn & Marie Rose Sauce	8.00	9.00	
Sausage & Onion	8.00	9.00	
Cajun Chicken & Cheese		11.00	11.00

During busy times please be prepared  
to wait a minimum of 30 minutes  
for a main course if not ordering a starter.  
All tips are greatly appreciated and shared  
equally between the staff.

### Food Allergies and Intolerances

Please make staff aware of any allergies/dietary requirements. **ALL** our food is prepared in a kitchen where **NUTS**, **GLUTEN** and other known allergens may be present. Please note we take caution to prevent cross-contamination, however, any product may contain traces as all menu items are produced in the same kitchen.

V=Vegetarian VA=Vegetarian Option Available GF=Gluten Free GFA=Gluten Free Option Available  
VE=Vegan VEA=Vegan Option Available N=Contains Nuts

# THE PLOUGH SHUSTOKE



## sunday & light bites menu



## Traditional Sunday Lunch

*Please ask a member of staff for our childrens menu.*

	1	2	3
	course	course	course
ADULT	12.50	17.25	22.00
SENIOR	8.50	13.25	18.00

*Senior main courses are smaller portions & limited to our traditional roast dinner & beer battered cod. Please state if you would like a senior portion when ordering.*

*Please be aware that all of our roasts are subject to availability*

### s t a r t e r s

**Homemade Soup of the Day**<sup>(VA)(GFA)(VEA)</sup>

**Ardennes Pâté**<sup>(GFA)(VEA)</sup>

**Prawn Cocktail**<sup>(GFA)</sup>

**Garlic Bread**<sup>(V)(GFA)(VEA)</sup>

**Goats Cheese, Walnut & Beetroot Salad**<sup>(V)(GFA)(N)</sup>

### s a l a d s

*Part of the 2 or 3 course offer. £3.50 supplement*

**Atlantic Prawn & Smoked Salmon**<sup>(GF)</sup>

**Cajun Chicken & Bacon Caesar**<sup>(GFA)</sup>

**Cheese & Ham Ploughmans**<sup>(GFA)</sup>

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## m a i n c o u r s e s

### **Roasts**<sup>(GFA)</sup>

*Choose from the following meats:*

*Lamb,*

*Beef,*

*Turkey*

*Served with roast potatoes, steamed and roasted vegetables & gravy.*

*Add a yorkshire pudding for 50p*

**Traditional Lasagne**<sup>(VA)</sup> + £3.00 supplement

*Served with a salad garnish, garlic bread & peas*

**Beer Battered Cod**<sup>(VEA)</sup> + £1.50 supplement

*Served with a salad garnish, chunky chips & peas*

**Camembert, Fig & Onion Tart**<sup>(V)</sup> + £2.50 supplement

*Served with sweet potato fries & a salad garnish*

### s i d e d i s h e s

<b>Roast Potatoes</b> <sup>(V)(GFA)(VE)</sup>	3.00	<b>Mixed Vegetables</b> <sup>(V)(GF)(VEA)</sup>	3.00
<b>Sage &amp; Onion Stuffing</b> <sup>(V)</sup>	3.00	<b>Garlic Bread</b> <sup>(V)(GFA)</sup>	4.00
<b>Mashed Potatoes</b> <sup>(V)(GFA)</sup>	3.00	<b>Chips</b> <sup>(V)(GFA)(VE)</sup>	3.70
<b>Chipolata Sausages</b> <sup>(GFA)</sup>	3.00	<b>Yorkshire Pudding</b> <sup>(V)(GFA)</sup>	0.50

### d e s s e r t s

**Ice Cream Sundae**<sup>(V)(GFA)(VEA)</sup>

**Pancakes, Syrup & Ice Cream**<sup>(V)</sup>

**Triple Choc Cookie & Ice Cream**<sup>(V)(VEA)</sup>

**Treacle Sponge & Custard**<sup>(V)(GFA)</sup>

**Apple Pie & Custard**<sup>(V)</sup>

**Chocolate Fudge Cake & Ice Cream**<sup>(V)(GFA)</sup>

**Crème Brûlée**<sup>(V)(GFA)</sup>