

LOU'S SUNDAY KITCHEN

MENU

Open 12.30pm – 5pm Sundays
Home Style Sunday Roasts



SUNDAY ROASTS

All Sunday Roast Dinners are served with Roast Potatoes, Seasonal Vegetables, Cauliflower Cheese, Honey Roasted Parsnips, Homemade Yorkshire Pudding and lashings of Gravy. Sausage Meat Stuffing Served with Chicken, Pork & Gammon

- Lemon & Thyme Roasted Chicken Breast £13.50
- Topside Corner Cut British Beef (Medium) £14.95
- Roasted Unsmoked Gammon £13.50
- Roasted Pork Loin with Crackling £13.50
- Beetroot & Butternut Squash Wellington £13.50
- Children's Roast £8.95 (£9.95 for Veggie Wellington)

Extra Sides:

- Roasties £2.50
- Cauliflower Cheese £2.00
- Sausage Meat Stuffing £1.00
- Yorkshire Pud £1.00



DESSERTS

Desserts are served with either Ice Cream, Fresh Double Cream or Custard
- All £5.50 - *Subject to availability*

- Apple Crumble
- Coffee Amaretto Tray Bake
- Warm Chocolate Fudge Brownie (GF)
- Sticky Toffee Pudding (GF)
- Luxury Salted Caramel & Honeycomb Ice Cream

Children's Mini Ice Cream Sundae with Chocolate Sauce, Sprinkles & Chocolate Flake £2.00



LIGHT BITES & KIDS MEALS

Just feeling a little peckish?
We've got you!

- Roasted Meat Sourdough Baguette with Fries £9.95
- Just Fries - £3.40
- Cheesy Fries - £4.20
- Chilli Con Carne Fries £5.95
- Garlic Bread £3.50
- Kids Chicken Dippers, Chips, Beans/Peas - £6.95
- Kids Sausages, Chips, Beans/Peas - £6.95

NACHOS FOR 1 - £5.50
Salsa, Garlic Mayo, Guacamole & melted Cheese
Add Chilli Con Carne £7.95

NACHOS FOR 2 - £8.50
Salsa, Garlic Mayo, Guacamole & Melted Cheese
or loaded with Chilli Con Carne £13.50

PLEASE NOTE: We are unable to guarantee our Kitchen is nut free, as some dishes on the menu contain traces of Nuts. If you have any Intolerances or Allergies please contact the Bar Staff and notify them before ordering. Gluten Free Yorkshires & Gravy are available on request.



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LOCATION: The Romans Pub, Manor Hall Rd, Southwick
BN42 4NG