

## burgers

*Served with a salad garnish & chunky chips*

Beef Burger	9.5
Cheeseburger	10
Cheese & Bacon Burger	10.5
Cajun Chicken Burger <small>(CSA)</small>	9.5
Falafel & Spinach Burger <small>(VE) (VEA)</small>	9.5

## jacket potatoes

*Served with a salad garnish*

Cheese <small>(V) (CA) (VEA)</small>	7
Ham & Cheese <small>(CA)</small>	7.5
Cheese & Beans <small>(V) (VEA)</small>	7.5
Kaleslaw <small>(V) (CA)</small>	7
Prawns & Marie Rose <small>(CA)</small>	8
Tuna Mayo & Red Onion <small>(CA)</small>	8

## sandwiches (GFA) baguettes & panini

*Served with a salad garnish & chunky chips*

	SANDWICH	BAGUETTE	PANINI
Cheese & Onion <small>(V) (VEA)</small>	6	7	7
Cheese & Tomato <small>(V) (VEA)</small>	6	7	7
Tuna Mayo & Red Onion	6.5	7.5	7.5
Ham & Cheese	6.5	7.5	7.5
Turkey, Stuffing & Cranberry	6.5	7.5	
Fish Finger	6.5	7.5	
Prawn & Marie Rose Sauce	6.5	7.5	
Sausage & Onion	6.5	7.5	
Bacon, Brie & Cranberry			7.5
Cajun Chicken & Cheese		9	9

During busy times please be prepared to wait a minimum of 30 minutes for a main course if not ordering a starter. All tips are greatly appreciated and shared equally between the staff.

### FOOD ALLERGIES AND INTOLERANCES

*We take care providing our customers with quality food and drink. Please make staff aware of any dietary requirements before placing an order.*

(V)-VEGETARIAN (VA)-VEGETARIAN AVAILABLE  
(GF)-GLUTEN FREE (GFA)-GLUTEN FREE AVAILABLE  
(VE)-VEGAN (VEA)-VEGAN AVAILABLE  
(N)-CONTAINS NUTS

# THE PLOUGH SHUSTOKE



## sunday & light bites menu



## Traditional Sunday Lunch

Please ask a member of staff for our childrens menu.

	1 course	2 course	3 course
ADULT	10	14	18
SENIOR	8	12	16

Senior main courses are smaller portions & limited to our traditional roast dinner & beer battered cod. Please state you would like a senior portion when ordering.  
Please be aware that all of our roast meats are subject to availability

### starters

Soup of the Day (V) (GEA) (VEA)

Pâté (GEA) (VEA)

Prawn Cocktail (GEA)

Garlic Bread (V) (GEA)

Goats Cheese & Beetroot Salad (V) (GEA) (V)

### salads

Part of the 3 course offer. £1 supplement

Atlantic Prawn & Smoked Salmon (GF)

Cajun Chicken & Bacon Caesar (GEA)

Cheese & Ham Ploughmans (GEA)

### main courses

**Traditional Roast Dinner** (GEA)

A choice of lamb, beef or turkey.  
Served with vegetables & roast potatoes.  
Add a Yorkshire pudding for 50p

**Traditional Beef Lasagne** (VA) + £1 supplement  
Served with a salad garnish, garlic bread & peas

**Beer Battered Cod** (VEA)  
Served with a salad garnish, chips & peas

**Mushroom, Broccoli & Stilton Pasta Bake** (V)  
Served with a salad garnish, garlic bread & peas

**Butternut, Brie & Beetroot Tart** (V) (GEA)  
Served with sweet potato fries & salad

### desserts

Ice Cream Sundae (V) (GEA) (VEA)

Pancakes, Syrup & Ice Cream (V)

Triple Choc Cookie & Ice Cream (V) (VEA)

Treacle Sponge & Custard (V) (VEA)

Apple Pie & Custard (V)

Warm Chocolate Fudge Cake & Ice Cream (V)

Crème Brûlée (V) (GEA)

### side dishes

Roast Potatoes <small>(GEA) (VE)</small>	2.5	Mixed Vegetables <small>(GF) (VEA)</small>	2.5
New Potatoes <small>(GEA) (VE)</small>	2.5	Garlic Bread <small>(V) (GEA)</small>	3.5
Mashed Potatoes <small>(V) (GEA)</small>	2.5	Chips <small>(GEA) (VE)</small>	3