## THE SHEPHERD AND DOG ONEHOUSE

## **GLUTEN FREE MENU**

STARTERS		SALADS	
Soup of the Day (v) Served with gluten free bread & butter	£6.50	Prawn	£12.95
Ask for today's special		Ham or Cheese	£11.50
Camembert Sharer Baked Camembert, studded with rosemary, served with gluten free bread & onion chutney	£12.50	Ham & Cheese	£12.95
		Ham Ploughman's	£12.95
Prawn Cocktail With lettuce, house cocktail sauce, gluten free	£7.95	Cheese Ploughman's	£12.95
bread & butter		Ham & Cheese Ploughman's	£14.95
Garlic & Stilton Mushrooms In a creamy garlic & stilton sauce served on a toasted ciabatta	£6.95	JACKET POTATO Served with a mixed salad Choice of fillings	
Nachos with Cheese (v) Tortilla chips topped with cheese, tangy salsa & fiery jalapeños	£6.95	Cheese or Beans	£9.95
		Prawns in Marie Rose Sauce	£11.95
MAINO			£11.95
MAINS		Tuna Mayo Cheese & Beans	£11.95 £10.45
<b>Sirloin Steak</b> Succulent steak served with new potatoes or jacket potato, mushrooms, tomato & peas	£21.95	BAGUETTES	10.45
Lamb Rump Served with bubble & squeak mash, seasonal vegetables & mint gravy (This dish will take extra time to prepare, but it will be absolutely worth the wait!)	£18.95	Served with a mixed salad garnish, potato crisps, and coleslaw  Choice of fillings	
		Prawn in Marie Rose Sauce	£9.95
	040.05	Chicken, Bacon & Mayo	£9.95
Lambs Liver & Bacon Casserole Served with mashed potato & seasonal vegetables	£13.95	Tuna Mayo	£9.95
Honey & Mustard Roasted Ham Served with double egg, new potatoes or jacket potato	£13.95	Brie, Bacon & Cranberry Sauce	£9.95
		Cheese & Branston Pickle	£8.95
Chicken & Mushroom Stroganoff Chicken breast & mushrooms in a rich creamy sauce served with rice	£14.50	SWEET TREATS Served with custard, cream or ice-cream (Indulge in all 3 for an extra £2.00)	
Hunters Chicken A chicken breast topped with bacon, BBQ sauce & mature Cheddar cheese. Served with new potatoes or jacket potato & mixed salad	£14.50	Crumble Please ask for today's special	£7.50
		Chocolate Brownie	£7.50
		<b>Chocolate Brownie Sundae</b>	£7.50
Bacon & Cheese Burger In a gluten free bun, served with new potatoes or jacket potato & mixed salad	£14.95	Ice-Cream (3 Scoops) Strawberry, Chocolate & Vanilla (DF & VE available)	£4.95

We use the best ingredients available to ensure quality. All our eggs are free range and our beef steaks are 35-day matured for maximum flavour
Whilst we take care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-kitchen environment.

All our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are present, therefore we cannot guarantee that any food item it completely free from
allergens due to the risk of cross contamination.

Lower Road, Onehouse, Stowmarket, Suffolk IP14 3BX



Tel: 01449 614675

## THE SHEPHERD AND DOG ONEHOUSE

## **GLUTEN FREE SUNDAY MENU**

STARTERS		SALADS	
Soup of the Day (v)	£6.50	Prawn	£12.95
Served with gluten free bread & butter Ask for today's special		Ham or Cheese	£11.50
	040 50	Ham & Cheese	£12.95
Camembert Sharer Baked Camembert, studded with rosemary, served with gluten free bread & onion chutney	£12.50	Ham Ploughman's	£12.95
		Cheese Ploughman's	£12.95
Prawn Cocktail With lettuce, house cocktail sauce, gluten free bread & butter	£7.95	Ham & Cheese Ploughman's	£14.95
Garlic & Stilton Mushrooms In a creamy garlic & stilton sauce served on a toasted ciabatta	£6.95	JACKET POTATO Served with a mixed salad Choice of fillings	
Nachos with Cheese (v) Tortilla chips topped with cheese, tangy salsa & fiery jalapeños	£6.95	Cheese or Beans	£9.95
		Prawns in Marie Rose Sauce	£11.95
		Tuna Mayo	£11.95
MAINS		Cheese & Beans	£10.45
Roast Beef, Pork or Chicken Served with all the trimmings Choose all 3 meats for an extra £4.00	£15.95	BAGUETTES	and and any
Lambs Liver & Bacon Casserole Served with mashed potato & seasonal vegetables	£13.95	Served with a mixed salad garnish, potato crisps, and Choice of fillings	Colesiaw
Honey & Mustard Roasted Ham Served with double egg, new potatoes or jacket potato	£13.95	Prawn in Marie Rose Sauce	£9.95
		Chicken, Bacon & Mayo	£9.95
Chicken & Mushroom Stroganoff Chicken breast & mushrooms in a rich creamy sauce served with rice	£14.50	Tuna Mayo	£9.95
		Brie, Bacon & Cranberry Sauce	£9.95
Hunters Chicken A chicken breast topped with bacon, BBQ sauce & mature Cheddar cheese. Served with new potatoes or jacket potato & mixed salad	£14.50	Cheese & Branston Pickle	£8.95
		SWEET TREATS Served with custard, cream or ice-cream (Indulge in all 3 for an extra £2.00)	
Bacon & Cheese Burger In a gluten free bun, served with new potatoes or jacket potato & mixed salad	£14.95	Crumble Please ask for today's special	£7.50
		Chocolate Brownie	£7.50
		Chocolate Brownie Sundae	£7.50
		Ice-Cream (3 Scoops) Strawberry, Chocolate & Vanilla (DF & VE availab	£4.95

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