

The Spotted Cow

Lunch Menu served 12pm – 2:30pm

Traditional Pub Classics

Scampi and Chips - £16 / Smaller Plate - £12

Wholetail Breaded Scampi served with Triple Cooked Chunky Chips, Tartare Sauce, and Garden Peas.

Traditional Fish and Chips - £16 (GF Option Available) / Smaller Plate - £12

Served with Triple Cooked Chunky Chips, Tartare Sauce, and Garden Peas or Mushy Peas.

Spotted Cow Burger (GF Option Available) – £16 (Add Cheddar Cheese - £1.00)

6oz Burger with Bacon, served in a Brioche Bun, with Lettuce, Tomato, Gherkin, Mayonnaise, with Triple Cooked Chunky Chips and Homemade Coleslaw.

Moving Mountain Vegan Burger (V) (VE) (GF Option Available) - £16

Served in a Brioche Bun with Vegan Mayonnaise, Lettuce and Tomato, Homemade Coleslaw, with Triple Cooked Chunky Chips.

Sussex Smokey (GF Option Available) - £16 / Smaller Plate £12

Smoked Haddock, New Potatoes and Spinach in a Wholegrain Mustard and Cream Sauce finished with Grated Cheese and Crusty Bread.

Homemade Leek, Mushroom and Blue Cheese Quiche (V) - £12.50

Served with New Potatoes and Salad.

Homemade Tomato and Red Onion Quiche (V) – £12.00

Served with New Potatoes and Salad.

Full English Breakfast - £13

2 Sausages, 2 Bacon, Grilled Tomato, Mushrooms, Baked Beans, 2 Fried Eggs & 2 slices of Toast and Butter.

Small Full English Breakfast - £10

1 Sausage, 1 Bacon, Grilled Tomato, Mushrooms, Baked Beans, Fried Egg & Slice of Toast and Butter.

Vegetarian Breakfast (V) - £10

1 Vegetarian Sausage, Grilled Tomato, Mushrooms, Baked Beans, Fried Egg & Slice of Toast and Butter.

Sandwiches / Baguettes

Served with Salad Garnish and Crisps - GF Options Available

BLT - £7 / £8

Ham Salad - £7 / £8

Cheese & Pickle (V) - £6 / £7

Prawn & Marie Rose - £9 / £10

Tuna Mayo - £7 / £8

Sausage & Bacon – £7 / £8

Brie, Bacon & Cranberry – £7 / £8

Chicken Goujons with Salad – £8 / £9

Please inform a member of staff if you have any allergies or intolerances.

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Jacket Potatoes *Served with a Salad Garnish*

Cheese (V) - £8
Cheese & Baked Beans (V) - £9
Cheese & Bacon - £10
Tuna Mayo - £10
Prawn & Marie Rose - £12
Butter (VE Option Available) - £7
Roasted Vegetables (V) (Vegan Option Available) - £8

Salads *Served with New Potatoes*

Ham Salad - £13
Cheese Salad (V) - £12
Prawn Salad - £15
Ploughman's – (V) £16 – Add Ham for £1.00
Cheddar, Brighton Blue, and Brie served with Pickle, Pickled Onion, Salad Garnish, and a Baguette.

Light Bites

Homemade Cheese Scone served with Butter (V)- £3
Sausage Roll - £4
Camembert Bites served with Cranberry Sauce (V) - £4
Soup of the Day (GF Option Available) (V) served with Crusty Bread - £7
Homemade Cheesy Pickle Pork Pie served with Mixed Leaves - £4
Butternut Squash Arancini, served with Mixed Leaves and Balsamic Vinegar (V) (VE) - £7
Falafel served with Mixed Leaves and Balsamic Vinegar (V) (VE) - £7
Chips (Small) - £3.50
Chips (Large) - £5.00
Cheesy Chips (Small) - £5
Cheesy Chips (Large) - £6.50

Kids Menu

Scampi, Chips and Peas or Baked Beans
Burger, Chips and Peas or Baked Beans
Chicken Goujons, Chips and Peas or Baked Beans
Sausages, Chips and Peas or Baked Beans

All Kids Meals include a Scoop of Ice Cream for Dessert - £7.50

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