

The Bell Inn



Quality
Pub Food

Wraps

Sweet Chilli Chicken Slightly toasted with sweet chilli sauce, mayonnaise & lettuce (GF Available)	£6.00
BBQ Pulled Pork Slightly toasted with cheese, bbq sauce & lettuce (GF Available)	£6.00
Chicken Caesar Slightly toasted with Chicken, Caesar sauce & lettuce (GF Available)	£6.00
Fish Finger Slightly toasted with tartare sauce (GF Available)	£6.00

Jacket Potatoes

Choose Either

Prawns Coated in Marie Rose sauce or Chilli Con Carne Served in a open jacket potato (GF)	£6.95
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Choose Either

Tuna or Bacon & Cheese Served in a open jacket potato (GF)	£6.50
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Choose Either

Classic Cheese and Beans, Coleslaw & Cheese, Cheese or Beans Served in a open jacket potato (GF)	£6.00
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Platters

Naughty Nibbles Deep fried brie, chicken goujons, breaded seafood served with dips and a salad garnish	£9.50
Classic Ploughman's	£9.50

Pasta

Sweet Chilli Prawn	£11.50
Chicken & Chorizo	£11.50

Sides

Seasonal Mixed Salad	£2.50
Market Fresh Vegetables	£2.50
New Potatoes	£3.00
Coleslaw	£1.00
Chips (GF)	£2.50
Sweet Potato Fries	£3.50
Cheesy Chips	£3.00

Seasonal Fisherman's Pie Served with seasonal vegetables (GF)	£9.50
Wholetail Scampi Served with chips and peas	£9.50
Ale battered Fish Served with chips and peas	£11.50
Traditional Ham, Egg & Chips A great pub classic (GF)	£8.50
Jerk Chicken & Chorizo Stir fry (GF)	£11.50
Spicy Prawn Stir fry (GF)	£12.50

Tuna or Prawn Salad (GF Available)	£10.50
Chicken Caesar (GF Available)	£10.50
Jerk Chicken Salad (GF Available)	£11.50
Halloumi, Pomegranate & Rocket (GF Available)	£10.50

Lunchtime Menu

Lambs Liver and Bacon Served with mashed potato and seasonal vegetables (GF Available)	£9.50
Steak and Kidney Pudding Served with mashed potatoes, seasonal vegetables and gravy	£9.50
Burger of the week 4 oz burger served with chips and slaw (GF Available)	£9.50
Sausage, Crispy bacon and Mash Served with mashed potatoes, seasonal vegetables and gravy (GF Available)	£11.50
Chilli Con Carne Served with rice & Cheesy Tortilla	£10.50

Fresh Salads

Prawn, Mango, Avocado, Coriander, Red Chilli & Rocket (GF Available)	11.50
Beetroot, Goats Cheese, Walnut & Rocket (GF Available)	£9.50
Sweet potato, Chickpea Buddha Bowl Roasted sweet potato, crispy chickpeas, onion Kale with tahini or maple sauce	£12.50

Sandwiches/Panini/Baguette

Smoked Salmon & Avocado (Choice of Egg on top £1)	£7.00
Steak, Onion Chutney & Salad	£7.00
Pulled Pork	£6.50
Breakfast Bacon, Sausage & Egg	£6.50
Chicken, Mozzarella & Lettuce (Choose No sauce, Pesto sauce or BBQ Sauce)	£6.50
Italian Salami, Ham, Mozzarella, Lettuce & Tomato	£6.50
Atlantic prawns in our cocktail sauce	£6.50
Fish Finger with Tartare sauce	£6.00
Cumberland Sausage & red onion chutney	£6.00
Smoked Bacon, Lettuce & Tomato	£5.50
Local Ham, Tomato & wholegrain mustard	£5.50
Cucumber, Mint, Chive & Cream Cheese	£5.50
Mozzarella, Tomato & Fresh basil	£5.50

You have any questions about the ingredients on this menu or if you have food intolerances or allergies – please ask a member of staff for information on our dishes
*Fish dishes may contain bones although we make every effort to eradicate this please be careful *