



The Travellers Rest

Light Lunch Menu

(Available Wednesday to Friday 12 – 3pm)

Choose any main with soup or ice cream for £6.49

Mains

Sausage & Mash

Two Cumberland sausage topped with caramelised red onion chutney
Served with creamy mash & garden peas & lashings of gravy (736kcal)
(Swap the sausages for Quorn sausage for a vegetarian option) (453kcal)

Scampi & Chips (+)

Wholetails of Scottish Scampi, coated in breadcrumbs & served with chips, mushy peas (657kcal)
or garden peas (642kcal) & tartare sauce

All Day Breakfast

A Cumberland sausage, streaky bacon, a fried egg, baked beans, grilled tomato & chips (676kcal)
(Swap the sausage & bacon for Quorn sausage for a vegetarian option) (533kcal)

Fish & Chips (+)

A beer battered half fillet of cod served with chips, mushy peas (675kcal)
or garden peas (652kcal) & tartare sauce

Gammon Steak

A 4oz gammon steak topped with your choice of egg (549kcal) or pineapple (526kcal)
Served with chips, peas, tomato & mushrooms

Lasagne (*)

A half portion of our beef & pancetta lasagne in a rich red wine ragu sauce,
served with garlic bread & a dressed side salad (624kcal)

Hunters Chicken

A half chicken breast topped with streaky smoked bacon, BBQ sauce & melted cheese,
served with chips, corn on the cob & onion rings (859kcal)

Mac n Cheese (v)

Our American style Mac n Cheese, served with garlic bread & a dressed side salad (595kcal)
(Add smoked streaky bacon for 99p) (142kcal)