

The Spotted Cow - Menu

Starters

Traditional Prawn Cocktail (GF Option Available) - £9.00

Prawns in Marie Rose Sauce, served on a Bed of Lettuce with Brown Bread.

Pate (GF Option Available) - £8.00

Served with Caramelised Onion Chutney and Toast.

Soup of the Day – (V) (GF Option Available) - £7.00

Served with Crusty Baguette.

Torpedo Prawns - £9.00

Served with Sweet Chilli Sauce.

Mains – All Mains Buy One get One Half Price (cheapest Meal at Half Price)

Traditional Battered Fish (Cod) and Chips - £17 (GF Option Available) / Smaller Plate - £13

Served with Triple Cooked Chunky Chips, Tartare Sauce, and Garden Peas or Mushy Peas.

Steak & Ale Pie - £17

With Creamed Mashed Potato, Gravy and Garden Peas.

Scampi and Chips - £17 / Smaller Plate - £13

Wholemeal Breaded Scampi served with Triple Cooked Chunky Chips, Tartare Sauce, and Garden Peas or Mushy Peas.

Sussex Smokey (GF Option Available) - £17

Smoked Haddock, New Potatoes and Spinach in a Wholegrain Mustard and Cream Sauce finished with Grated Cheese and Crusty Baguette.

Sausage & Mash - £14

Trio of Sausages served with Mashed Potato and Peas and Gravy.

10oz Rump Steak (GF) - £24 - (Peppercorn Sauce for £2)

10oz Rump Steak chargrilled to your taste, accompanied with a Grilled Tomato, Flat Mushroom, Triple Cooked Chunky Chips and Garden Peas.

Ham, Egg & Chips - £14

Gammon Ham, 2 Fried Eggs and Triple Cooked Chunky Chips.

Full English Breakfast - £13 – Smaller Plate - £10

2 Sausages, 2 Bacon, Grilled Tomato, Mushrooms, Baked Beans, 2 Fried Eggs & 2 slices of Toast and Butter.

Vegetarian Breakfast (V) - £10

2 Vegetarian Sausages, Grilled Tomato, Mushrooms, Baked Beans, Fried Egg & Slice of Toast and Butter.

Chicken Burger - £16 – (Add Cheddar Cheese - £1.00)

Served in a Brioche Bun, with Lettuce and Mayonnaise, served with Triple Cooked Chunky Chips and Homemade Coleslaw.

Please inform a member of staff if you have any allergies or intolerances.

The Spotted Cow - Menu

Spotted Cow Burger – £17 (Add Cheddar Cheese - £1.00)

6oz Burger with Bacon in a Brioche Bun with Lettuce, Tomato, Gherkin, Mayonnaise and Homemade Coleslaw, served with Triple Cooked Chunky Chips.

Vegetarian and Vegan - All Mains Buy One get One Half Price **(cheapest Meal at Half Price)**

Vegetable Wellington (V) (VE) - £16

Served with New Potatoes and Seasonal Vegetables.

Vegetarian Sausages (V) - £16

Served with Mash Potato and Peas and Vegetable Gravy.

Moving Mountain Vegan Burger (V) (VE) - £16

Served in a Brioche Bun with Vegan Mayonnaise, Lettuce and Tomato, Gherkin and Homemade Coleslaw, served with Triple Cooked Chunky Chips.

Sandwiches / Baguettes, Served with Salad Garnish and Crisps GF **Options Available**

BLT - £7 / £8

Ham Salad - £7 / £8

Cheese & Pickle (V) - £6 / £7

Prawn & Marie Rose - £9 / £10

Tuna Mayo - £7 / £8

Sausage & Bacon – £7 / £8

Brie, Bacon & Cranberry – £7 / £8



Jacket Potatoes, Served with a Salad Garnish

Cheese (V) - £8

Cheese & Bacon - £10

Prawn & Marie Rose - £12

Vegan Cheese (VE) - £8

Cheese & Baked Beans (V) - £9

Tuna Mayo - £10

Just Butter (VE Option Available) - £7

Kids Menu – To include a Scoop of Ice Cream for Dessert - £7.50

Jumbo Fish Finger, Chips and Peas or Baked Beans

Scampi, Chips and Peas or Baked Beans

Burger, Chips and Peas or Baked Beans

Chicken Bites, Chips and Peas or Baked Beans

Sausages, Chips and Peas or Baked Beans

Sides

Chips – Small - £3.50

Cheesy Chips Small - £5.00

Chips Large - £5.00

Cheesy Chips Large - £6.50

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