

**Market Menu 2 course £10.95 3 courses £13.95**

**Tues-Wed 12-8pm   Thurs - 12-9   Fri – 12-5pm**

**Starters GFa (gluten free available please inform waiter)**

Soup GFa V  
homemade bread & English Butter

Fish cake of the week GFa  
Aioli, spring onion & chilli house dressed salad

Cheese Topped Garlic Mushrooms GFa V  
oven finished & in house homemade bread

Southern Fried Chicken Goujons GF  
House salad & dressing

Salt & Pepper Fish Bites GF  
haddock chunks coated in crispy batter & citrus mayo & house dressed salad

Chicken Liver Pate GFa  
Homemade toasted bread & house salad

**Mains**

East Coast Haddock & Chips GF  
GF battered Haddock, twice cooked chips, homemade mushy peas & homemade tartare sauce

Omelette GF  
Seasonal ingredients, cheese with fresh dressed salad or vegetables

Sausage & Mash GF  
Freshly baked Ellisons award winning butchers sausages, mash potato, gravy & homemade mushy peas

Lasagna GFa  
House salad & garlic bread

Scampi & Chips GFa  
Battered or Crispy panko langoustine, twice cooked chips & homemade tartare sauce

Gammon GF  
Pan Fried gammon, twice cooked chips & fried or poached hens egg

Oven Roasted Haddock GF  
Potatoes, veg & chefs sauce

**Desserts please asked waiting staff for today's choice**

In order to keep our menu fresh as possible, we do not store huge amounts of produce. This means we occasionally run out of items In preparation of good food, time is an essential ingredient. Please inform us if yours is limited and we shall do our best to accommodate! Please make sure you inform us of any dietary requirements, however we cannot be responsible for **nut allergens** as we **cannot** guarantee any cross contamination For any special requirements please contact us 01274 832296