



BAR RESTAURANT ROOMS

## STARTERS

### Salt & Pepper Squid | £6.45

Battered squid served with a side garnish, garlic mayo & lemon wedge

### Soup of the Day | £4.45

Homemade soup, served with a crispy roll

### Halloumi Fries | £5.95

Fried Halloumi served with sweet chilli dip (v)

### Hot & Spicy Chicken Wings | £5.95

Hot & spicy sriracha chicken wings served with Frank's hot sauce (g)

### Nachos | £5.95

Spicy tortilla chips topped with guacamole, Jalapeños, salsa, cheese & sour cream (v)

### Add Beef Chilli | £1.95

### Add 5 Bean Chilli | £1.95

### Dirty Fries | £4.95

Homemade chips with cheese & bacon

### Garlic Dough Balls (v) | £3.95

Garlic & Parsley Dough Balls served with a garlic butter dip; Vegan option available

## SANDWICHES

All sandwiches are served on a sourdough baguette with a Small Chef's Salad garnish

Add Small Chips ..... £1.50

Gammon & Cheese ..... £5.45

Fish Goujon ..... £5.45

Cheddar Cheese, Tomato & Onion (v) ..... £4.95

Bacon, Turkey & Cranberry ..... £5.95

Hummus & Med Veg (vg) ..... £4.95

## SMALLER APPETITES

### All Day Brunch | £7.95

2 sausages, 2 bacon, 2 eggs, chips & beans

### Veggie Brunch | £7.95

2 veggie sausages, grilled halloumi, 2 eggs, chips & beans

### Vegan Brunch | £7.95

2 vegan sausages, tomato, mushrooms, scrambled tofu, avocado, chips & beans

### Moules Marinières | £6.95

River Fowey mussels served in an onion, parsley and garlic white wine sauce & homemade chips

### 5oz Gammon Steak & Egg | £6.95

5oz Gammon steak, 1 egg, served with grilled tomato, mushrooms, garden peas & homemade chips

### Add Peppercorn Sauce | £2.50

### Add Onion Rings | £1.95

### Catch of the Day | £6.95

Locally sourced tempura battered fish served with homemade chips, mushy peas, a lemon wedge & tartar sauce

### 5oz Rump Steak | £7.45

5oz rump steak cooked to your liking, served with grilled tomato, mushrooms, garden peas and homemade chips

### Add Peppercorn Sauce | £2.50

### Add Onion Rings | £1.95

### Battered Halloumi & Chips | £6.45

Tempura battered halloumi served with homemade chips, mushy peas and tartar sauce (v)

### Chilli Con Carne | £5.95

Homemade chilli con carne served with long grain rice, tortilla chips and sour cream (g)

### 5 Bean Chilli | £5.95

Homemade 5 bean chilli served with long grain rice and tortilla chips (vg) (g)

### Stroganoff | £6.95

Beef fillet sautéed, mixed with onions mushrooms & sour cream sauce served with rice (g)

## MAIN MEALS

### Moules Marinières | £13.95

River Fowey mussels served in an onion, parsley & garlic white wine sauce & homemade chips

### Wagyu Beef Burger | £13.95

6oz burger served in a soft bun with baby gem lettuce, tomato & homemade chips

### Add Cheese & Bacon | £2.00

### Add Onion Rings | £1.95

### 10oz Rump Steak | £14.95

10oz rump steak cooked to your liking, served with grilled tomato, mushrooms, garden peas & homemade chips

### Add Peppercorn Sauce | £2.50

### Add Onion Rings | £1.95

### 8oz Gammon Steak & Eggs | £12.95

8oz Gammon steak, 2 eggs, served with grilled tomato, mushrooms, garden peas & chips

### Add Peppercorn Sauce | £2.50

### Add Onion Rings | £1.95

### Mixed Grill | £15.95

5oz rump steak, 4oz gammon, sausage, lamb steak & fried egg served with grilled tomato, mushrooms, peas & chips

### Add Peppercorn Sauce | £2.50

### Add Onion Rings | £1.95

### Catch of the Day | £13.95

Fresh locally sourced tempura battered fish served with homemade chips, mushy peas, a lemon wedge & tartar sauce

### Mexican Chicken Sizzler | £10.95

Fresh sliced chicken breast, onion, peppers in a spiced tomato salsa, guacamole & sour cream, served on a sizzler plate with rice (g)

### Battered Halloumi and Chips | £12.95

Tempura battered halloumi, with homemade chips, mushy peas & tartar sauce (v)

### Chilli Con Carne | £9.95

Homemade chilli with rice tortilla chips & sour cream (g)

### 5 Bean Chilli | £9.95

5 bean chilli with rice & tortilla chips (vg) (g)

### Lamb Shank | £13.95

Slow cooked lamb shank in a mint gravy served with mashed potato & garden peas

### Chickpea, Spinach & Sweet Potato Curry | £10.95

Served in a coconut sauce with spices & garlic served on a bed of rice (vg)

### Stroganoff | £12.95

Beef fillet sautéed, mixed with onions mushrooms & sour cream served with rice (g)

### Pie of the Week | £10.95

Served with mashed potato, gravy & garden peas. (Vegan option available, ask at the bar for details).

### Tofu Sizzler | £10.95

Tofu, onion, mixed peppers in a spiced tomato salsa, served on a sizzler plate with rice (g)(vg)

### Halloumi Burger | £9.95

Sliced Halloumi served in a soft bun with baby gem, tomato & homemade chips

### Add Bacon | £1.25

### Add Onion Rings | £1.95



## SALADS

### Cajun Chicken Salad | £9.95

Served with baby gem, tomatoes, red onions, croutons & a sweet chilli sauce

### House Salad | £7.95

Mixed leaf salad with tomatoes, red onions, cucumber with a French dressing

### Grilled Halloumi Salad | £9.95

Grilled halloumi with baby gem lettuce, tomatoes, cucumber & a sweet chilli sauce

### Add Bacon | £1.25

## SIDES BITES

Avocado	£1.25
Bacon	£1.25
Cheese	£1.25
Chicken Breast	£2.45
Cheese & Bacon	£2.00
Fried Egg	£1.25
Homemade Chips	£2.95
Mixed Leaf Salad	£2.50
Mushrooms	£1.25
Onion Ring Stack	£1.95
Peppercorn Sauce	£2.50

## SUNDAY ROAST

### Served with all the trimmings

Choose between Beef, Honey & Mustard Gammon, Turkey, Roast Lamb Shank, Trio of Roasts, Veggie & Vegan Roasts

Available from Midday every Sunday

PLEASE SEE OUR CHALKBOARDS FOR DAILY DISHES & DESSERTS

## FOOD ALLERGIES & INTOLERANCES

Some of our food contains allergens, please ask our team about any allergies or intolerances.

Items suitable for **G**, Gluten Free, **VG**, Vegan **V**, Vegetarian. All weights quoted are approximate, prior to cooking. Some fish dishes may contain bones. All dishes are subject to availability. Whilst we take every care to preserve the integrity of our dishes to reduce cross contamination, we must advise that these products are handled in a multi-use kitchen environment and we cannot guarantee allergen free dishes.