



March and April 2024 Sample and Pre Order Menu

Starters...

Duck, orange and cognac pate, red onion chutney, salt and black pepper ciabatta toasts... £8 (*gf**)

Trio of king scallops, chorizo, pork belly, celeriac puree, pea-shoots, beetroot pearl caviar... £12 (*gf*)

Homemade breaded brie wedges, cranberry sauce, mixed leaf... £8 (*v*)

King prawn cocktail, pan-fried prawns in garlic and chilli butter, gem, cherry tomato, cucumber, charred lemon, lemon and dill mayonnaise, salt and black pepper ciabatta toasts... £9.50 (*gf**)

Vegan bruschetta, tomato, red onion, basil and pine nut vegan pesto on toasted ciabatta, balsamic glaze... £8 (*ve, v*)

Sharing Starters...

Charcuterie board, Parma ham, coppa, salami, game terrine, home-dried tomatoes, rosemary, thyme and garlic olives, parmesan shavings, ciabatta, extra virgin and balsamic... £18

Rosemary and garlic infused melted Camembert, ciabatta, red onion marmalade... £14 (*v*)

Bread and olives board, warm granary baguette and ciabatta, marinated rosemary, thyme and garlic black and green pitted olives, extra virgin and balsamic, parsley butter...£9 (*v, ve**)

Mains... Chef's Specials...

Slow cooked lamb shank, carrots, leeks, onions, rosemary and lamb stock gravy, creamed mash... £22 (*gf*)

Pork belly, pork and cloudy cider jus, creamed mash, braised red cabbage... £20 (*gf*)

Pan-fried sea bass fillet and king scallops, sauce vierge (*olive oil, lemon, tomato, capers and parsley*) crushed potatoes...£22 (*gf*)

Honey glazed salmon fillet, roasted new potatoes, mixed salad, lemon mayonnaise, charred lemon... £18 (*gf*)

8oz Sirloin steak, chargrilled sirloin, chunky chips, flat mushroom, roasted tomato, homemade onion rings, watercress... £24 (*gf**) *add chef's Diane or peppercorn sauce... £4*

Mains... Pub Classics....

Traditional fish and chips, beer battered haddock, chunky chips, tartare sauce, charred lemon, mushy peas... £16.50 / £14.50 (*small appetite portion*) (*gf**)

Ham, egg and chips, honey and mustard glazed ham, free range eggs, chunky chips, golden beetroot piccalilli... £14/ £12.50 (*small appetite portion*) (*gf**)

Wholetail scampi, chunky chips, chunky tartare sauce, charred lemon, garden peas... £14/ £12.50 (*small appetite portion*)

Cowick Barton steak burger two 4oz homemade and chargrilled burger patties, two slices smoked streaky bacon, two slices all-American melted burger cheese, baby gem lettuce, sliced tomato, mayo, gherkin, toasted brioche bun, chunky chips, pot of pink slaw and tomato and lime chutney... £18



Mains... Vegan and Vegetarian...

Gnocchi, chestnut mushrooms, baby spinach, pine nut vegan pesto, balsamic glaze... £14/ £12.50 (*small appetite portion*) (*ve, v*) *add chicken or prawns... £4.50, add baked goat's cheese... £3.50*

Bhuna masala, peppers, onions, leeks, sweet potato, carrots, butternut squash and courgette in a garam masala and cumin based medium spiced tomato sauce, almond basmati, poppadum, mango chutney... £14 (*ve, gf, v*) *add chicken or prawns... £4.50*

Super food vegan salad, watercress, rocket, cherry tomatoes, mixed peppers, cucumber, raspberries, toasted almonds, currents, dried cranberries, red onion, toasted ciabatta, extra virgin, balsamic... £14/ £12.50 (*small appetite portion*) (*ve, v, gf**) *add chicken or prawns... £4.50*

Halloumi and garlic mushroom burger, brioche bun, pink slaw, tomato and lime chutney, gherkin and chunky chips...£16 (*gf*, v*)

Side Orders...

Chunky chips... £4.50, skinny fries... £4.50, homemade onion rings... £4.50, (each), Cheesy chunky chips...£5.50, granary baguette and butter... £4, garlic ciabatta... £4.50, (*v*), Cheesy garlic ciabatta... £5.50 (*v*), Black and green olives... £4 (*v, ve, gf*)

Puddings...

White chocolate and bailey's crème brûlée, raspberries, shortbread... £8 (*gf*, v*)

Tart au citron, classic lemon tart, clotted cream... £8 (*v*)

Sticky toffee pudding, Madagascan vanilla ice-cream, hot toffee sauce... £8 (*v*)

Honeycomb and golden nugget cheesecake, clotted cream... £8 (*v*)

Salted caramel chocolate fudge cake, warm with ice-cream... £8 (*v*)

Ultimate Devonshire cheese board, four stunning cheeses all made locally by expert, artisan cheesemakers... Sharpham brie, Quickies mature cheddar, Volscombe goat's cheese, Devon blue, celery, grapes, biscuits and oat cakes, plum chutney... £16 (*v*)

Ice Cream and Sorbet *Three scoops...£6.50*

Rum and raisin, cookies and cream, strawberries and cream, Madagascan vanilla, honeycomb and salted caramel, (*v, gf**) *vegan vanilla, vegan coconut (v, ve, gf)*

Sorbet: Mango, raspberry. lemon (*v, ve, gf*)

v – vegetarian, ve – vegan, ve - vegan with amends, gf – gluten free, gf*- gluten free with amends, Please ask your server for any additional allergen information*



Light Appetite Meals / Two for £25

Ham, egg and chips, one slice honey and mustard glazed ham, free range egg, chunky chips, golden beetroot piccalilli... £12.50 (*standard/ main course size portion, two slices ham, 2 eggs...£14*)

Wholetail scampi, 5 pieces scampi, chunky chips, chunky tartare sauce, charred lemon, garden peas... £12.50 (*standard/ main course size portion, 9 piece scampi...£14*)

Gnocchi, chestnut mushrooms, baby spinach, pine nut vegan pesto, balsamic glaze... £12.50 (*standard/ main course size portion...£14*) (ve, v) *add chicken or prawns... £4.50, add baked goat's cheese... £3.50*

Bhuna masala, peppers, onions, leeks, sweet potato, carrots, butternut squash and courgette in a garam masala and cumin based medium spiced tomato sauce, almond basmati, poppadum, mango chutney... £12.50 (ve, gf, v) (*standard/ main course size...£14*)

Super food vegan salad, watercress, rocket, cherry tomatoes, mixed peppers, cucumber, raspberries, toasted almonds, currents, dried cranberries, red onion, toasted ciabatta, extra virgin, balsamic...£12.50 (*standard/ main course size...£14*) (ve, v, gf*)

Lunchtime Sandwiches

(Served 12 till 3)

Sandwiches served on white ciabatta or seeded granary baguette. Add small bowl chips... £4

Blue cheese, walnuts, red onion chutney... £10 (v),

Cheddar, caramelised red onion chutney... £10 (v)

Ham and piccalilli... £10

Hot king prawns, garlic and chilli, lemon, salad... £12

Grilled chicken, baby gem, tomatoes, mayonnaise... £12

Homemade fish fingers, tartare sauce... £12

BLT, smoked bacon, baby gem, tomato, mayonnaise...£12

Weekend Deals...

Fish and Fizz Friday! – Two traditional Fish and Chips and bottle of Prosecco... £40

Steak Night Saturday! Two 8oz Sirloins with chips and bottle of red wine... £40 *add grill garish – roast tomato, mushroom and homemade onion rings... £4.50*

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