



Grazing Harts Restaurant

GF Gluten Free
GFA Gluten Free Adaptable
V Vegetarian
VE Vegan
VEA Vegan Adaptable

Small Plates, Sharers & Grazers

Baked Camembert ^v With garlic flat bread to dip & honey & walnuts to sprinkle, made for sharing		£13.50
Nachos ^v With cheese sauce, guacamole, salsa & jalapenos	For One	£7.00
	To Share	£13.00
Garlic Flat Bread		£4.00
Add Cheese ^{ve}		£3.00
Mango and Brie Parcels ^v Served with sweet chilli dip		£6.50

Moroccan Cauli Bites ^{GF VE} With peri peri mayo		£5.95
Salmon, Spinach & Lemon Fishcakes with sweet chilli dipping sauce, served with a salad garnish		£6.50
Creamy Garlic Mushrooms on Toasted Ciabatta with pea shoots garnish & Parmesan		£7.00
Bao Buns, Soft Fluffy Steamed Buns Filled with either one of the following:		£6.50
Crispy haddock goujon with mushy peas & tartare sauce		
Barbecue pulled jackfruit with guacamole ^{ve}		
Mexican chipotle & lime chicken fillet with guacamole & salsa		

On the Grill, Burgers...

Burgers on Pretzel Bun With lettuce & tomato, homemade chips & slaw		
Simply Beef		£10.00
Dirty Burger, smoked cheddar & bacon		£12.50
Mexican Chicken Burger marinated in Chipotle and lime topped with smoked cheddar & guacamole		£13.50
New York Deli Burger		£13.50
Pastrami, smoked cheddar, gherkins & mustard mayo		
Vegan Plant Burger ^{ve}		£10.50
Mushalloumi Burger ^v Grilled or fried halloumi & field mushroom with Asian dip		£11.00
Extra Toppers Blue Cheese, Barbecue Jackfruit, Guacamole egg, mushroom, halloumi or bacon		£1.50

& Steaks ^{GF without Onion Rings}

Served with chips, onion rings, field mushroom & vine tomatoes		
T-Bone 16oz		£26.00
Sirloin 10oz		£22.00
Fillet 8oz		£26.00
Blue:	Extremely red, cold centre	
Rare:	Very red, cool centre	
Medium Rare:	Red, warm centre	
Medium:	Pink, hot centre	
Medium Well:	Dull pink, hot centre	
Well Done:	Light brown, hot centre	
Mixed Grill		£23.00
Lamb chops, gammon, rump steak, sausages, pork loin with egg, chips, onion rings, field mushroom & vine tomatoes		
Add a sauce		£2.50
Blue cheese, beef dripping, creamy garlic mushroom or peppercorn		
10oz Gammon & Egg		£14.00

Big Plates

Chicken Supreme ^{GF} With fondant potato, buttered greens, our signature dripping creamy mushroom sauce & vine tomato garnish.		£13.95
Sweet Chilli Salmon Fillets served with smoky orzo, Mediterranean vegetables, samphire and chorizo.		£14.00
Our Home-Made Curry served with Basmati rice & flatbread please ask server for todays special and vegetarian option.		£14.00
Proper Pie Steak and ale, or Chicken, leek & tarragon Served with homemade chips, mushy peas & gravy		£14.00

Saag Aloo Pie ^{ve} Served with chips, mushy peas & gravy		£13.50
Real Spaghetti Carbonara Fresh spaghetti tossed with egg, bacon lardons & Parmesan, served with garlic bread		£12.50
Vegetarian Carbonara ^v With asparagus, peas & Parmesan, garlic bread		£11.50
Fish & Chips Haddock fillet, battered in house with real ale served with mushy peas		£13.95
Loaded Flatbread ^{ve} Filled with Barbecue jackfruit, guacamole & salsa topped with nachos & peppers. Served with chips		£11.00
Greek Style Gyros Marinated grilled chicken breast fillets served in a wrapped flatbread with salad & feta cheese, chips & tzatziki		£12.95



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Salads & Bowls

Mixed Leaf Lettuce, Red Onion, Peppers, Tomato, Shredded Cabbage, Carrot & Spring Onion, add:	
Mexican Chicken with Chipotle and Lime	£11.00
Served with guacamole	
Grilled Chicken & Bacon ^{GF}	£11.00
Prawns in Marie Rose Sauce ^{GF}	£11.00

Warm Salads

Pesto Chicken with Smokey Orzo, Mediterranean Veg & Garlic Bread	£11.00
Halloumi on a Bed of Smokey Orzo Mediterranean Veg & Garlic Bread ^V	£11.00

Lite Bites and Sandwiches

Served 12 Noon - 5 pm
Tuesday - Saturday only

Ciabatta Sandwich with Lettuce & Tomato Served with Chips Choose from: Pesto Chicken Fish Finger Cheese & Chutney ^V Mexican Chicken with Guacamole Pulled Barbecue Jackfruit ^{VE} Jacket Potatoes with Salad & Slaw ^{GF} Tuna and Sweetcorn Prawn Marie rose	Club sandwich Prawn Marie Rose Cheese & Beans ^V	Scampi, Chips & Mushy Peas Small Fish & Chips with Mushy Peas Salmon, Spinach and Lemon Fishcake with a side salad & chips Veggie Fish ^V Deep fried halloumi & chips with mushy peas Sausage, Mash, Peas & Gravy	£8.50 £8.50 £8.50 £8.50 £8.50 £8.50 £7.50
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Little Fawns

Chicken Goujons Chips & Peas or Beans*	£5.95	Scampi, Chips & Peas or Beans*	£5.95
Mini Grilled Chicken Burger & Chips*	£5.95	Sausage, Chips & Peas or Beans*	£5.95
Mini Beefburger & Chips*	£5.95	Mini Fish & Chips with Peas or Beans*	£5.95

* £7.50 with a soft drink & ice-cream

Sides

Proper Homemade Chips ^{GF}	£3.00	Real Ale Battered Onion Rings	£3.00
Disco Fries - Sweet potato and skinny fries	£3.50	House Salad ^{GF VE}	£2.50
Skinny Fries ^{GF}	£3.00	Homemade Slaw ^{VE GF}	£2.50
Sweet Potato Fries	£4.00	Halloumi Fries	£3.00
Loaded Chips or Fries	£5.00	With sweet chilli sauce ^{GFA}	
Any of the above topped with: Cheese sauce & jalapeños or bacon & blue cheese ^{GF}		Buttered Seasonal Vegetables	£2.50