

## STARTERS

<b>OLIVES &amp; BREAD</b> <i>Home marinated olives served with oil, vinegars &amp; sourdough bread</i>	£4.95	<b>GARLIC SAUTÉED MUSHROOMS</b> <i>Served with garlic bread</i>	£5.25
<b>GOATS CHEESE &amp; PARMA HAM SALAD</b> <i>Drizzled with balsamic syrup</i>	£6.95	<b>WHITEBAIT &amp; CALAMARI</b> <i>Served with tartare sauce</i>	£6.95
<b>CRISPY POTATO SKINS</b> <i>Served with a choice of dip: garlic mayonnaise, BBQ sauce or sweet chilli</i>	£5.95	<b>SMOKED SALMON</b> <i>Served with brown bread &amp; salad garnish</i>	£6.95
<b>TRADITIONAL PRAWN COCKTAIL</b> <i>Served with brown bread</i>	£6.95	<b>SOUP OF THE DAY</b> <i>Please see the boards or ask for today's choice</i>	£4.95
<b>PÂTÉ</b> <i>Chicken liver, pork &amp; cranberry pâté served with toast &amp; cranberry sauce</i>	£5.95	<b>SIZZLING PRAWNS</b> <i>Peeled prawns in garlic &amp; chilli butter. Served with garlic bread</i>	£6.75

## MAIN COURSE

UNLESS STATED ALL MAIN COURSES COME WITH A CHOICE OF CHIPS, JACKET POTATO, NEW POTATOES OR MASHED POTATO AND MIXED VEGETABLES, PEAS OR SALAD.

### FROM THE CHAR GRILL

<b>8OZ SIRLOIN STEAK</b> <i>Served with onions, peppers, mushrooms &amp; tomato on a sizzling platter</i>	£20.95
<b>8OZ RIBEYE STEAK</b> <i>Served with onion rings and a grilled tomato</i>	£19.95
<b>10OZ GAMMON STEAK</b> <i>Served with onion rings, grilled tomato, pineapple &amp; fried egg</i>	£14.95
<b>MIXED GRILL</b> <i>Steak, lamb chop, chicken breast, sausage &amp; smoked gammon, served with onions, peppers, mushrooms &amp; tomato on a sizzling platter</i>	£18.95
<b>CHOICE OF SAUCE</b> <i>Peppercorn, Stilton or Diane</i>	£2.95
<b>ALL WEIGHTS ARE APPROXIMATE UNCOOKED WEIGHTS</b>	
<b>CORN-FED CHICKEN BREAST</b> <i>Served with a creamy wild mushroom sauce</i>	£11.95

### MEAT DISHES

<b>CHEESY COTTAGE PIE</b> <i>Minced beef with onions, tomatoes &amp; carrots, topped with mashed potato &amp; cheese</i>	£12.95
<b>CUMBERLAND SAUSAGE &amp; MASH</b> <i>Wicks Manor sausages served with fried onions &amp; gravy</i>	£10.95
<b>HAM, TWO EGGS &amp; CHIPS</b>	£11.95
<b>STEAK &amp; KIDNEY PUDDING</b> <i>Suet pudding filled with steak &amp; kidney in a rich gravy, topped with onion rings</i>	£14.95
<b>STEAK PIE</b> <i>A slice of shortcrust pastry pie filled with slow braised beef</i>	£14.95
<b>CHICKEN BALTI</b> <i>Served with rice, onion bhaji, naan bread &amp; poppadom</i>	£14.95
<b>CHILLI CON CARNE</b> <i>Served with rice &amp; tortilla chips</i>	£10.95
<b>LAMB KOFTA</b> <i>Served with rice &amp; greek salad</i>	£11.95

### PASTA DISHES

SERVED WITH GARLIC BREAD & SALAD

<b>LASAGNE</b> <i>Minced beef, tomatoes &amp; herbs layered between pasta sheets &amp; topped with a creamy béchamel sauce &amp; grated cheese</i>	£11.95
<b>CREAMY CHICKEN PENNE</b> <i>Creamy chicken, bacon, spinach &amp; tomato pasta</i>	£11.95

### FISH BAR

<b>TRIPLE TAIL SCAMPI</b>	£11.95
<b>FISH CAKES</b> <i>Salmon, smoked haddock &amp; mixed white fish bound with potato, herbs, peppers, spring onion &amp; coated in panko breadcrumbs</i>	£12.95
<b>FISH PIE</b> <i>White fish, salmon, smoked haddock &amp; prawns in a creamy white sauce, topped with mashed potato</i>	£14.50
<b>SEA BASS FILLET</b> <i>Marinated in chilli, lime, coriander, ginger &amp; garlic</i>	£11.95
<b>TRADITIONAL FISH &amp; CHIPS</b>	
<b>HADDOCK FILLET</b> <i>In homemade cider batter</i>	£14.95
<b>PLAICE FILLET</b> <i>In homemade cider batter</i>	£13.50
PLEASE NOTE ALL FISH DISHES MAY CONTAIN SMALL BONES	

### VEGETARIAN OPTIONS

<b>MUSHROOM &amp; RED PEPPER STROGANOFF</b> <i>Served with rice, salad &amp; garlic bread</i>	£11.95
<b>BUTTERNUT SQUASH, MUSHROOM &amp; SPINACH LASAGNE</b> <i>In a tomato &amp; mascarpone sauce topped with mozzarella Served with salad &amp; garlic bread</i>	£11.95
<b>VEGETABLE CHILLI (Vegan)</b> <i>Served with rice and tortilla chips</i>	£10.95
<b>BRIE, POTATO &amp; COURGETTE CRUMBLE</b> <i>Creamy brie sauce, layers of potato &amp; courgette topped with breadcrumbs, almonds, cheese, sesame seed &amp; parsley crumble</i>	£11.95
<b>SWEET POTATO, CHICKPEA &amp; SPINACH CURRY (Vegan)</b> <i>In a rich coconut flavoured sauce. Served with rice &amp; poppadom</i>	£11.95
<b>VEGETABLE SHEPHERDS PIE</b> <i>Mixed vegetables, lentils &amp; beans topped with goats cheese mash</i>	£10.95

PLEASE ASK FOR GLUTEN FREE & ALLERGEN INFORMATION

PLEASE NOTE ONLY ONE BILL PER TABLE, A DISCRETIONARY 10% SERVICE CHARGE IS ADDED TO TABLES OF 8 OR MORE

Due to the nature of kitchens it is unfortunately not possible to totally guarantee that minute traces of particular allergens may not be present in certain dishes, however we endeavour to provide as much information as possible to enable you to make an informed choice.



# THE ANCHOR

DANBURY

RUNSELL GREEN • DANBURY • ESSEX • CM3 4QZ