

*The  
plough  
& Harrow*

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**SPECIALS**

**HOMEMADE CHICKEN CURRY | £9.50**

Marinated chicken breast cooked in tomatoes, fresh chillies & spices. Served with rice, naan bread and mango chutney

**HOMEMADE VEGETABLE LINGUINE | £9.25**

Roasted Mediterranean vegetables in a rich tomato sauce with fresh herbs, black olives and parmesan, served with garlic bread

**HOMEMADE FISH PIE | £12.25**

Salmon, cod, smoked haddock and prawns cooked in a creamy white wine and parsley sauce topped with mash potato and served with peas

**LAMB SHANK | £14.50**

Slow cooked lamb shank in rosemary and mint gravy served with creamy mash, carrots & peas

**POACHED SALMON | £11.95**

Served with new potatoes, and a choice of peas or salad and a choice of French, house or mustard dressing

**CHILLI BURRITO | £9.95**

Chilli served in a warm wrap covered in melted cheese, topped with a tomato and chilli chutney & jalapeños served with a side salad & garlic bread

**FISH CAKES | £9.95**

A choice of salmon, smoked haddock or Thai style (prawn, chilli & lemongrass) fish cakes served with new potatoes, side salad or peas

**HOMEMADE BEEF STEW & DUMPLINGS | £10.95**

Tender beef with carrots, swede, potatoes & onion served with a warm roll

**HOMEMADE VEGETARIAN CHILLI | £9.25**

Corn mince served with white rice and a side of grated cheese, jalapeños, nachos & sour cream

TRADITIONAL SUNDAY ROAST

ROAST BEEF // ROAST PORK // ROAST TURKEY

BREADED VEGETABLE BAKE **V** // MUSHROOM & SPINACH CRISP BAKE **V**

with seasonal vegetables, roast potatoes, Yorkshire pudding, cauliflower cheese, stuffing & gravy

**£11.50**

or make it large for  
**£13.95**