

THE SHEPHERD & DOG ONEHOUSE

# GLUTEN FREE MENU

(MONDAY - SATURDAY)

## STARTERS

<b>Soup of the Day</b> <span style="color: #ccc;">V</span>	£7.00
Served with gluten free bread & butter Ask for today's special	
<b>Camembert Sharer</b>	£13.00
Baked Camembert, studded with rosemary, served with gluten free bread & onion chutney	
<b>Prawn Cocktail</b>	£8.45
With lettuce, house cocktail sauce, gluten free bread & butter	
<b>Garlic &amp; Stilton Mushrooms</b> <span style="color: #ccc;">V</span>	£7.45
In a creamy garlic & stilton sauce served on a toasted ciabatta	
<b>Nachos with Cheese</b> <span style="color: #ccc;">V</span>	£7.45
Tortilla chips topped with cheese, tangy salsa & fiery jalapeños	

## MAINS

<b>Sirloin Steak</b>	£22.95
Succulent steak served with new potatoes or jacket potato, mushrooms, tomato & peas	
<b>Lamb Rump</b>	£19.95
Served with bubble & squeak mash, seasonal vegetables & mint gravy <i>This dish will take extra time to prepare, but it will be absolutely worth the wait!</i>	
<b>Lambs Liver &amp; Bacon Casserole</b>	£14.45
Served with mashed potato & seasonal vegetables	
<b>Honey &amp; Mustard Roasted Ham</b>	£14.45
Served with double egg, new potatoes or jacket potato	
<b>Chicken &amp; Mushroom Stroganoff</b>	£15.00
Chicken breast & mushrooms in a rich creamy sauce served with rice	
<b>Hunters Chicken</b>	£15.00
A chicken breast topped with bacon, BBQ sauce & mature Cheddar cheese. Served with new potatoes or jacket potato & mixed salad	
<b>Bacon &amp; Cheese Burger</b>	£15.45
In a gluten free bun, served with new potatoes or jacket potato & mixed salad	

## SALADS

<b>Prawn</b>	£13.45
<b>Ham or Cheese</b>	£12.00
<b>Ham &amp; Cheese</b>	£13.45
<b>Ham Ploughman's</b>	£13.45
<b>Cheese Ploughman's</b> <span style="color: #ccc;">V</span>	£13.45
<b>Ham &amp; Cheese Ploughman's</b>	£15.45

## JACKET POTATO

Served with a mixed salad & choice of fillings	
<b>Cheese or Beans</b> <span style="color: #ccc;">V</span>	£10.95
<b>Prawns in Marie Rose Sauce</b>	£12.95
<b>Tuna Mayo</b>	£12.95
<b>Cheese &amp; Beans</b> <span style="color: #ccc;">V</span>	£11.95

## BAGUETTES

Served with a mixed salad garnish, potato crisps, coleslaw & a choice of fillings	
<b>Prawn in Marie Rose Sauce</b>	£10.95
<b>Chicken, Bacon &amp; Mayo</b>	£10.95
<b>Tuna Mayo</b>	£10.95
<b>Brie, Bacon &amp; Cranberry Sauce</b>	£10.95
<b>Cheese &amp; Branston Pickle</b> <span style="color: #ccc;">V</span>	£10.95

## SWEET TREATS

Served with custard, cream or ice-cream <b>Indulge in all 3 for an extra £2.00</b>	
<b>Crumble</b> (ask for today's special)	£8.00
<b>Chocolate Brownie</b>	£8.00
<b>Chocolate Brownie Sundae</b>	£8.00
<b>Ice-Cream (3 scoops)</b>	£5.45
Strawberry, Chocolate & Vanilla	

Please ask a member of the team if you require full allergen information

Whilst we take care to provide for customers with allergies, all our food is prepared in a multi-functional kitchen where nuts, cereals containing gluten and other allergens are present. We therefore cannot guarantee that any food item is completely free from allergens due to the risk of cross contamination.

Allergen Keys: V (Vegetarian) VE (Vegan) GF (Gluten Free)

† Fish may contain bones

# GLUTEN FREE

## SUNDAY MENU

### STARTERS

<b>Soup of the Day</b> <span style="color: #999;">V</span>	£7.00
Served with gluten free bread & butter Ask for today's special	
<b>Camembert Sharer</b>	£13.00
Baked Camembert, studded with rosemary, served with gluten free bread & onion chutney	
<b>Prawn Cocktail</b>	£8.45
With lettuce, house cocktail sauce, gluten free bread & butter	
<b>Garlic &amp; Stilton Mushrooms</b> <span style="color: #999;">V</span>	£7.45
In a creamy garlic & stilton sauce served on a toasted ciabatta	
<b>Nachos with Cheese</b> <span style="color: #999;">V</span>	£7.45
Tortilla chips topped with cheese, tangy salsa & fiery jalapeños	

### MAINS

<b>Roast Beef, Pork or Chicken</b>	£17.45
Served with all the trimmings Choose all 3 meats for £21.00	
<b>Lambs Liver &amp; Bacon Casserole</b>	£14.45
Served with mashed potato & seasonal vegetables	
<b>Honey &amp; Mustard Roasted Ham</b>	£14.45
Served with double egg, new potatoes or jacket potato	
<b>Chicken &amp; Mushroom Stroganoff</b>	£15.00
Chicken breast & mushrooms in a rich creamy sauce served with rice	
<b>Hunters Chicken</b>	£15.00
A chicken breast topped with bacon, BBQ sauce & mature Cheddar cheese. Served with new potatoes or jacket potato & mixed salad	
<b>Bacon &amp; Cheese Burger</b>	£15.45
In a gluten free bun, served with new potatoes or jacket potato & mixed salad	

### SALADS

<b>Prawn</b>	£13.45
<b>Ham or Cheese</b>	£12.00
<b>Ham &amp; Cheese</b>	£13.45
<b>Ham Ploughman's</b>	£13.45
<b>Cheese Ploughman's</b> <span style="color: #999;">V</span>	£13.45
<b>Ham &amp; Cheese Ploughman's</b>	£15.45

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<b>Cheese or Beans</b> <span style="color: #999;">V</span>	£10.95
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<b>Tuna Mayo</b>	£12.95
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<b>Ice-Cream (3 scoops)</b>	£5.45
Strawberry, Chocolate & Vanilla	

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