

FOOD MENU

Cowick Barton
PUB & DINING

www.thecowickbarton.co.uk

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STARTERS

BUFFALO WINGS (GF) Hot and spicy wings tossed in buffalo sauce.	9.95
CARROT & PARSNIP SOUP (VG) Served with a warm bread roll.	7.95
MUSHROOMS ON TOAST (V) Mushrooms in a creamy garlic white wine sauce.	8.95
SCALLOPS (GF) Trio of locally sourced scallops, on a celeriac pure topped with bacon jam.	10.95
PORK BELLY BITES (GF) Sticky BBQ belly bites with sesame and spring onions.	9.95

SHARERS

CHEESE BASKET (V) Chilli cheese bites, mozzarella sticks, camembert bites and brie bites with dips. (chilli jam, tomato salsa, garlic mayo)	15.95
NACHOS (V) (GF) Crispy nachos with melted cheese. Served with guacamole, salsa, sour cream and jalapeños. <i>Add chilli (VG) 3.95</i> <i>Add chilli con carne 4.95</i>	12.95
FISHERMANS BASKET A selection of fried seafood including, Scampi, Salt and pepper quid, panko prawns, calamari rings and whitebait. Dips of dill mayo, Paprika mayo and tartar sauce.	21.95

BAR SNACKS / SMALL PLATES

CHEESY BBQ BACON FRIES WITH CRISPY ONIONS	8.95
CHICKEN STRIPS & BBQ SAUCE	8.95
MOZZARELLA STICKS & TOMATO SALSA (V)	7.95
GARLIC MUSHROOMS & GARLIC MAYO (V)	7.95
SALT & PEPPER SQUID, PAPRIKA MAYO	8.95
TOFU LIME & CHILLI BITES (VG) (GF)	7.95
HUMOUS & TOASTED PITTA (VG)	7.95

CLASSICS

FISH & CHIPS Crispy beer-battered cod served with thick-cut chips, tartar sauce and your choice of garden peas or mushy peas.	16.45
SCAMPI Breaded wholetail scampi served with thick-cut chips, tartar sauce and your choice of garden peas or mushy peas.	16.45
CHICKEN & HAM PIE Chicken and ham in a creamy white wine sauce, in a short-crust pastry. Served with chive mash, steamed greens, and Chicken gravy.	18.95
A TRIO OF SAUSAGES Leek, sweet Chilli, garlic and herbs. On a bed of buttery wholegrain mustard mash, served with onion and ale gravy and peas.	18.95
MACARONI CHEESE (V) Macaroni baked in a three cheese sauce, with a crispy garlic breadcrumb. Served with salad and garlic bread. <i>Add BBQ pulled pork 3.95</i>	15.95
BEEF MADRAS (GFA) Slow-cooked beef, in a spicy tomato and onion sauce. Served with wild rice, Naan bread, Poppadom and mango chutney.	18.95
CHILLI (VG) (GF) Vegetable and bean Chilli served with wild rice, coconut yoghurt and nachos.	15.95
CHILLI CON CARNE (GF) Spicy Chilli con Carne served with wild rice, coconut yoghurt and nachos.	17.95
ARTICHOKE & PEA RISOTTO (VG) (GF) Creamy risotto with white wine, garlic, pea and artichoke.	16.95
SPAGHETTI ARRABBIATA (V) Spaghetti in a spicy chilli and garlic tomato sauce, topped with parmesan. Served with garlic bread. <i>Add meatballs 3.95</i>	15.95
RACK OF RIBS (GFA) Full rack of West Country ribs, slow-cooked in sticky BBQ sauce. Served with thick-cut chips, peas, onion rings and coleslaw.	23.95
SIRLOIN STEAK (GFA) 8oz, dry-aged sirloin steak, served with thick-cut chips, peas, onion rings, roasted tomato and portobello mushroom. <i>Add peppercorn sauce 3.95</i> <i>Add scampi 4.95</i> <i>Add panko prawns 4.95</i>	24.95

SIDES

GARLIC BREAD (V) <i>Add cheese 1.45</i> (V)	4.45
CHIPS (VG) (GF) <i>add cheese 1.45</i> (V)	4.45
FRIES (VG) (GF) <i>add cheese 1.45</i> (V)	4.45
SALAD (VG) (GF)	3.95
STEAMED GREENS (VG) (GF)	4.45
COLESLAW (V) (GF)	4.45

BURGERS

All burgers are served in a vegan brioche bun, with skin on fries and onion rings. *(Gluten-free buns available)*

BEEF BURGER Lettuce, tomato, red onion, bacon jam and cheese.	18.45
BUTTERMILK CHICKEN BURGER Lettuce, tomato, red onion, BBQ sauce and cheese.	18.45
FALAFEL BURGER (VG) Lettuce, tomato, red onion, paprika mayo.	16.45
HALLOUMI BURGER (V) Lettuce, tomato, red onion, chilli jam.	16.45

PANINIS

Filled, toasted and served with hand-cut crisps and dressed side salad.

BACON, BRIE & CHILLI JAM	11.95
CHEESE, CHUTNEY & TOMATO (V)	9.95
BUTTERMILK CHICKEN, TOMATO, LETTUCE & GARLIC MAYO	11.95
FALAFEL, ROCKET, TOMATO & HUMOUS (VG)	9.95
TUNA MELT, RED ONION & CHEESE	10.95

SALADS

CEASAR SALAD (V) Crispy baby gem, croutons, parmesan. <i>Add buttermilk chicken and bacon 4.95</i>	12.95
AVOCADO & WALNUT SALAD (VG) (GF) Mixed leaf, chopped cucumber, tomato, red onion, red peppers, avocado and crushed walnuts with mustard dressing.	14.95

KIDS MENU

MAC & CHEESE (V) Served with garlic bread.	7.95
BATTERED CHICKEN BITES Served with chips & beans.	7.95
MINI FISH & CHIPS Served with chips and peas,	8.95
3oz BEEF BURGER (GFA) Served with fries and coleslaw.	7.95
BUTTERMILK BURGER (GFA) Served with fries and coleslaw.	7.95
BANANA & CUSTARD (V) (GF)	4.95
ICE CREAM, CONE & FLAKE (V) Chocolate, strawberry, vanilla, honeycomb, salted caramel.	4.95

DESSERTS

JAM DOUGHNUT SUNDAE (V) Strawberry ice cream, jam doughnut pieces, strawberry sauce and whipped cream.	7.95
KIT KAT SUNDAE (V) Chocolate and vanilla ice cream, broken Kit Kat pieces, chocolate sauce and whipped cream.	7.95
LEMON MERINGUE PIE (V) Served with pouring cream.	8.95
PEANUT & SALTED CARMEL BROWNIE (V) (GF) Served with vanilla ice cream.	8.95

ICE CREAM

1 scoop 3.50 / 2 scoop 5.50 (GF)

CHOCOLATE (V)	
STRAWBERRY (V)	
SALTED CARMEL (V)	
HONEYCOMB (V)	
CLOTTED CREAM VANILLA (V)	
RASPBERRY SORBET (VG)	
ORANGE SORBET (VG)	
LEMON SORBET (VG)	
VEGAN VANILLA ICE CREAM (VG)	