

The Spotted Cow - Menu

Starters

Baked Camembert (GF Option Available) - £7

Served with Crusty White Bloomer Bread.

Soup of the Day (GF) (V) - £6

Served with Crusty White Bloomer Bread.

Lemongrass & Chilli Prawns - £8

Served with Sweet Chilli Dip and a Salad Garnish

Pate & Toast (GF Option Available) – £7

Pate served with Onion Chutney and a Salad Garnish.

Sussex Mushrooms - £7

Mushrooms served in a Creamy Cheese Sauce, served with White Crusty Bloomer Bread.

Cheese Sticks (VE) (V) - £7

Served with Warm Cranberry Sauce.

Mains

Traditional Beer Battered Fish and Chips - £15 (GF Option Available) / Smaller Plate - £11

Served with Triple Cooked Chips, Tartare Sauce, and Garden Peas or Mushy Peas.

Steak & Ale Pie - £15

With Creamed Mashed Potato, Gravy and Garden Peas.

Scampi and Chips - £15 / Smaller Plate - £11

Wholetail Breaded Scampi served with Triple Cooked Chips, Tartare Sauce, and Garden Peas or Mushy Peas.

Sussex Smokey (GF Option Available) - £15

Smoked Haddock, New Potatoes and Spinach in a Wholegrain Mustard and Cream Sauce finished with Grated Cheese and Crusty White Bloomer Bread.

Sausage & Mash - £14

Trio of Butchers Sausages, served with Creamy Mash Potato, Garden Peas and Onion Gravy.

Chicken Breast - £16

Served with a Wild Mushroom Cream Sauce, Hasselback Potatoes and Asparagus.

Salmon Fillet - £18

Cooked in a Lemon & Tarragon Butter, served on a Bed of Crushed New Potatoes and Asparagus.

Please inform a member of staff if you have any allergies or intolerances.

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Grills

8oz Rump Steak (GF) - £22

8oz Rump Steak chargrilled to your taste, accompanied with a Grilled Tomato, Flat Mushroom, Triple Cooked Chips and Garden Peas.

(Peppercorn Sauce for £2)

Spotted Cow Burger (GF Option Available) – £15 (Add Cheddar Cheese - £1.00)

6oz Burger with Bacon in a Brioche Bun with Lettuce, Tomato, Gherkin, Mayonnaise and Homemade Coleslaw, served with Triple Cooked Chips.

Vegetarian and Vegan

Butternut Squash, Cranberry and Red Onion Tagine (V) (VE) - £14

Served with Pepper and Onion Cous Cous.

Vegetable Wellington (V) (VE) - £14

Served with New Potatoes and Asparagus and a Vegan Jus.

Moving Mountain Vegan Burger (V) (VE) (GF Option Available) - £14

Served in a Brioche Bun with Vegan Mayonnaise, Lettuce and Tomato, Gherkin and Homemade Coleslaw, served with Triple Cooked Chips.

Sides

Chips – Small - **£3.50**

Onion Rings - **£4.50**

Chips Large - **£5.00**

Cheesy Chips – Small - **£5.00**

Cheesy Chips – Large - **£6.50**

Children's Menu - £7.50

Homemade Cod Goujons, Chips and Peas or Baked Beans

Chicken Goujons, Chips and Peas or Baked Beans

Burger, Chips and Peas or Baked Beans (GF Option Available)

Sausages and Chips served with Peas or Baked Beans

All Kids Meals include a Scoop of Ice Cream for Dessert.

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