

## STARTERS & SHARERS

<b>HOMEMADE SOUP OF THE DAY</b> served with a fresh baked roll & butter	£5.95
<b>BREADED CHICKEN GOUJONS</b> served with a choice of dip and garnish	£5.95
<b>HOT &amp; SPICY CHICKEN WINGS</b> served with a choice of dips & salad garnish	£6.20
<b>CHILLI CHIPS or CHILLI NACHOS</b> topped with cheese jalapeño & sour cream	£6.75

### DIPS AVAILABLE

Mayonnaise // Garlic Mayonnaise // Hot Sauce // Sweet Chilli Sauce

## PLOUGH & HARROW'S SPECIAL PLOUGHMANS

Hot Baguette, Pickle,  
Apple, Celery, Coleslaw,  
Pickled Onions and Salad

£12.50

## SALADS

<b>CHEESE PLOUGHMANS</b> <b>V</b> Cheddar, pickle, apple, pickled onions, celery, salad garnish and a hot baguette	£11.50
<b>HAM PLOUGHMANS</b> Smoked ham, pickle, apple, pickled onions, celery, salad and a hot baguette	£11.50
<b>PRAWN SALAD</b> Prawns in seafood sauce on a bed of crunchy lettuce, tomatoes, cucumber with hot baguette	£10.95
<b>CHICKEN &amp; BACON CAESAR SALAD</b> Chicken breast and crispy bacon served on a bed of crunchy lettuce, tomatoes, cucumber with caesar dressing and parmesan cheese and garlic bread	£10.95

Don't forget our  
**SPECIALS BOARD**

## MAINS

<b>EGG, CHIPS &amp; BEANS</b> <b>V</b> Two fried eggs and chips served with beans	£9.50
<b>HAM, EGG &amp; CHIPS</b> A generous portion of home cooked ham served with double egg and chips	£10.50
<b>BATTERED COD</b> An 8-10oz fillet of cod in batter, served with chips, peas & tartare sauce	£10.50
<b>BREADED SCAMPI</b> Breaded whole tail scampi, chips and peas. Served with tartare sauce	£10.50
<b>FULL ENGLISH BREAKFAST</b> 2 rashers of bacon, egg, 2 sausages, black pudding, mushrooms, hash browns, tomatoes and beans served with a round of toast	£10.95
<b>HOMEMADE LASAGNE</b> Pasta sheets layered with beef mince, topped with a cheese sauce and served with garlic bread & salad garnish	£10.50
<b>HOMEMADE CHILLI</b> Served with white rice and a side of grated cheese, jalapeños, nachos and sour cream	£10.50
<b>HOMEMADE CHICKEN &amp; LEEK PIE</b> Chicken breast and leeks in a creamy white wine and fresh herb sauce topped with puff pastry. Served with chips or mash and peas	£10.95
<b>HOMEMADE STEAK &amp; ALE PIE</b> Steak & mushrooms slow cooked in real ale topped with puff pastry. Served with chips or mash and peas	£10.95
<b>RACK OF BBQ RIBS</b> A full rack of succulent ribs, marinated in a BBQ sauce, served with chips, onion rings & coleslaw	£13.95

## GOURMET BURGERS - served in a bun with chips and coleslaw

<b>THE PLOUGH SPECIAL</b> Beef, lettuce, tomato, cheese & bacon	£11.45
<b>THE DIRTY BURGER</b> Beef, lettuce, tomato, egg, cheese, bacon & onion rings	£13.45
<b>THE PLANT BURGER</b> <b>V</b> Veg burger, lettuce, tomato & onion	£11.45
<b>THE HARROW CHICKEN BURGER</b> Chicken, lettuce, tomato, egg, cheese & bacon	£11.45
<b>THE SPICY CHICKEN BURGER</b> Chicken, lettuce, tomato, gherkins & jalapeños	£11.45

Why not add an extra topping? £1 each

Bacon // Cheese // Jalapeños // Gherkins // Fried Free Range Egg

## OAP SPECIALS Monday - Sunday Main Course, Tea or Coffee

<b>HOMEMADE COTTAGE PIE</b> Served with peas	£9.95
<b>BATTERED COD &amp; CHIPS</b> Served with peas	£9.95
<b>HOMEMADE LIVER &amp; BACON CASSEROLE</b> Served with creamy mash	£9.95
<b>HOMEMADE LASAGNE</b> Layered pasta with minced beef, served with garlic bread & salad garnish	£9.95
<b>HOMEMADE STEAK &amp; KIDNEY PIE</b> Served with chips & peas	£9.95
<b>SAUSAGE &amp; MASH</b> 2 sausages served with mash, peas and onion gravy	£9.95

## CHILDREN'S MENU

All served with chips or mash, peas or beans and a juice

<b>FISH FINGERS</b>	£7.95
<b>CHUNKY CHICKEN NUGGETS</b>	£7.95
<b>2 PORK SAUSAGES</b>	£7.95
<b>SPAGHETTI BOLOGNESE</b> served with Garlic Bread	£7.95

## FOOD ALLERGY? *Ask before you eat...*

Food prepared here may contain or have come in contact with...

PEANUTS // TREE NUTS // SESAME // SOYBEANS // MILK // EGGS //  
CEREALS CONTAINING GLUTEN // FISH // MOLLUSCS // CRUSTACEANS //  
MUSTARD // LUPIN // CELERY / CELERIAC // SULPHUR DIOXIDE

*The*  
**plough  
& Harrow**

All food cooked to order & subject to availability.  
All weights are approximate uncooked.

Lunchtime meals are served between 12pm - 2.30pm Monday - Sunday.  
All prices are inclusive of VAT. Mastercard, Visa & Switch welcome.

Call **01582 715844** for pre-order and take away service.

Full menu also available on our website: [www.ploughandharrow.co.uk](http://www.ploughandharrow.co.uk)

## DESSERTS

<b>ICE CREAM</b> Three scoops of strawberry, chocolate or vanilla ice cream or a combination of your choice	£4.75
<b>TOFFEE SPONGE PUDDING</b> Served with custard	£5.95
<b>SYRUP SPONGE PUDDING</b> Served with custard	£5.95
<b>BREAD &amp; BUTTER PUDDING</b> Served with custard	£5.95
<b>CHOCOLATE FUDGE BROWNIE</b> Served with a scoop of vanilla ice cream	£5.95
<b>APPLE &amp; BLACKBERRY CRUMBLE</b> Served with custard	£5.95

## PLOUGH & HARROW COFFEES

	SMALL	LARGE
CAPPUCCINO	£2.50	£3.00
COFFEE	£2.50	£3.00
ESPRESSO	£2.50	£3.00
HOT CHOCOLATE	£2.50	£3.00
MOCHA	£2.50	£3.00
CAFÉ LATTE	£2.50	£3.00
TEA	£2.50	£3.00

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Please ask at bar for allergy list.

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## WRAPS - All served with chips or salad garnish and crisps

<b>CHICKEN CAESAR</b> Sliced breaded chicken and lettuce with parmesan cheese and a caesar dressing	£6.00
<b>SOUTHERN FRIED CHICKEN</b> Sliced breaded chicken with tomato, lettuce & hot sauce mayonnaise	£6.00
<b>PRAWN</b> Prawns in a sea food sauce with lettuce. Served with coleslaw, salad garnish and crisps or chips	£6.00

## BAKED BAGUETTES - All served with chips or salad garnish & crisps

<b>CHEESE &amp; HAM</b> English cheddar & cooked ham	£7.00
<b>TUNA MELT</b> A mix of tuna, mayonnaise, red onion and melted cheese	£7.20
<b>SAUSAGE &amp; ONION</b> Cumberland sausage and fried onion	£7.20
<b>BACON &amp; CHEESE</b> Bacon and English cheddar	£7.20
<b>PRAWNS</b> Prawns in a sea food sauce with lettuce	£7.20

## JACKET POTATOES - All served with a salad garnish

<b>BAKED BEANS &amp; CHEESE</b> <b>V</b>	£6.50
<b>CHEESE &amp; HAM</b>	£6.50
<b>TUNA MAYONNAISE</b>	£7.25
<b>CHEESE &amp; BACON</b>	£7.25
<b>CHILLI</b>	£7.25
<b>PRAWNS IN A SEAFOOD SAUCE</b>	£7.25

## SIDES

<b>COLESLAW</b> <b>V</b>	£1.00
<b>GARLIC BREAD</b> <b>V</b>	£2.50
<b>CHIPS</b> <b>V</b>	£3.00
<b>ONION RINGS</b> <b>V</b>	£3.50
<b>SIDE SALAD</b> <b>V</b>	£3.00
<b>CHEESY CHIPS</b> <b>V</b>	£3.50

# The Plough & Harrow

# FOOD MENU

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CEREALS CONTAINING GLUTEN // FISH // MOLLUSCS // CRUSTACEANS //  
MUSTARD // LUPIN // CELERY / CELERIAC // SULPHUR DIOXIDE

PLACE YOUR ORDER AT THE BAR AND LEAVE THE REST TO US.

DRINKS MUST BE ORDERED AT THE BAR.

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