

GOOD FOOD
GREAT COMPANY
A TASTE OF
CORNWALL

Crumplehorn
INN & MILL
POLPERRO • CORNWALL

LOCAL ALES
FINE WINE
DOG FRIENDLY
WARM WELCOME

FOOD SERVED

12–2.30pm & 5.30–9pm

STARTERS

Soup of the Day **GF** £6.95
Served with warm crusty bread.

Traditional Prawn Cocktail **GF** £8.95
Cold-water prawns in Marie Rose sauce with crisp salad leaves.

Pan-Fried Garlic Mushrooms **GF** £8.50
Mushrooms pan-fried with garlic and herbs, served on toasted bread.

Breaded Brie Wedges £7.95
Golden breaded Brie with cranberry sauce and crisp salad leaves.

LIGHT BITES

FRESHLY FILLED SANDWICHES
Choose white or granary bread.
Served with chips and a mixed leaf salad.

Cheese & Onion **GF** £9.95

Prawn Marie Rose **GF** £12.95

Steak, Cheese & Onion **GF** £14.95

Tuna & Cheese **GF** £11.95

JACKET POTATOES

An oven-baked potato with salted butter and your choice of filling, served with a mixed leaf salad.

Cheese & Beans **GF** £10.95

Tuna Mayonnaise **GF** £11.95

Prawn Marie Rose **GF** £13.95

Chicken Tikka Masala **GF** £13.95

Tender chicken pieces in a rich tikka sauce.

Coleslaw **GF** £9.95

MAIN COURSES

Fish & Chips £17.95
Crispy battered fish with chips, garden peas and tartare sauce.

Scampi £16.95
Wholetail scampi in a crispy golden crumb, served with chips, garden peas and tartare sauce.

Steak & Ale Pie £16.95
Slow-cooked beef in ale gravy, topped with golden pastry. Served with creamy mashed potato, seasonal vegetables and gravy.

Beef Lasagne £16.95
Layers of pasta and beef ragù with a creamy béchamel sauce, served with garlic bread and a mixed leaf salad.

Mature Cheddar, Leek & Potato Pie £16.95
Mature cheddar, sliced leeks and diced potato in a rich cheese sauce, with a shortcrust base and puff pastry lid. Served with creamy mash, seasonal vegetables and vegetarian gravy.

Trio of West Country Sausages £16.95
Pork, pork & chorizo and Squire Trelawney sausages with creamy mashed potato, seasonal vegetables and onion gravy.

Pan-Fried Chicken Breast **GF** £18.95
Chicken breast topped with garlic mushrooms, served with chips or creamy mashed potato and garden peas.

Chicken Tikka Masala **GF** £16.95
Chicken in a mildly spiced tikka masala sauce with rice, naan bread and mango chutney.

Lamb Shank **GF** £18.95
Slow-cooked lamb shank in a rich mint gravy, served with creamy mashed potato and seasonal vegetables.

Full Rack of Baby Back Ribs £22.95
Slow-cooked ribs glazed with barbecue sauce, served with chips and coleslaw.

Beef Burger £16.95
Beef burger with cheese, lettuce, tomato and onion in a toasted bun, served with chips and coleslaw.

Chicken Burger £16.95
Chicken breast with lettuce, tomato and mayonnaise in a toasted bun, served with chips and coleslaw.

Moving Mountains Burger **VG** £15.95
Plant-based patty with lettuce, tomato and onion in a toasted bun, served with chips and coleslaw.

Spring Green Risotto **GF** £15.95
Creamy risotto with spring greens, Parmesan and fresh herbs.

Keralan Cauliflower & Red Pepper Curry **GF** **VG** £16.95
Cauliflower and red pepper in a mildly spiced tomato and coconut sauce, served with rice, naan bread and mango chutney.

FROM THE GRILL

Mixed Grill **GF** £29.95
4oz rump steak, 4oz pork sausage, 6oz gammon steak, a lamb chop, hog's pudding, black pudding, onion rings, chips, garden peas and a fried egg.

8oz Sirloin Steak **GF** £26.95
Cooked to your liking, served with chips, garden peas, grilled tomato, flat mushroom and onion rings.

8oz Rump Steak **GF** £24.95
Cooked to your liking, served with chips, garden peas, grilled tomato, flat mushroom and onion rings.

CHILDREN'S MENU

All £8.95

Beef Burger

Served with chips and garden peas or baked beans.

Cod Goujons

Battered cod with chips and garden peas or baked beans.

Battered Chicken Bites

Served with chips and garden peas or baked beans.

Sausage

Pork sausage with mash or chips and garden peas or baked beans.

Macaroni Cheese

Creamy macaroni cheese served with garlic bread.

SIDES

Peppercorn Sauce **GF** £3.30

Blue Cheese Sauce **GF** £4.00

Beef Dripping **GF** £3.50

Garlic Mushrooms **GF** £4.00

Chips **GF** £5.00

Add cheese +£2.00

Beer-Battered Onion Rings £4.95

Garlic Bread £4.50

Add cheese +£2.00

Side Salad **GF** £4.50

Coleslaw **GF** £3.95

DESSERTS

Sweet desserts £7.95

Chocolate Fudge Cake **GF**

Sticky Toffee Pudding

New York-Style Cheesecake

Apple Crumble

Sweet desserts are served with your choice of cream, clotted cream, ice cream or custard.

Cheese & Biscuits **GF** £10.95

A selection of local cheeses with biscuits, chutney and grapes.

GF = Gluten-free option available • VG = Vegan

Please request gluten-free options when ordering.
Please tell us about any food allergies or dietary requirements before ordering.

