

KIDS MENU

CHOOSE A KIDS MAIN, DESSERT AND DRINK FOR £5.49

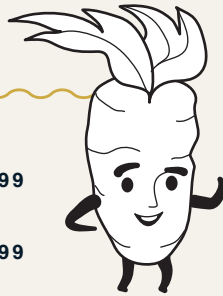
STARTERS

CARROT & CUCUMBER VEG STICKS VE 🍷
With a tomato dip (41kcal)

£1.99

GARLIC CIABATTA V (183kcal)

£1.99



DRINKS

Capri-sun is available as part of the meal deal

Other drinks are available



CHOOSE YOUR MAIN

Then pick either two veggies or one side and one veggie

CHEESE & TOMATO PIZZA V 🍷 (457KCAL)

£4.49

THREE FISH FINGERS†

Omega-3 fish fingers (216kcal)

£4.49

2OZ* BEEF BURGER

Served with lettuce in a bun (327kcal)

£4.49

TWO PORK SAUSAGES

Served with or without gravy (246kcal)

£4.49

TWO QUORN™ SAUSAGES VE

Served with or without gravy (247kcal)

£4.49

SLICED CHICKEN FILLET (79KCAL)

£4.49

FOUR CHICKEN NUGGETS† (214KCAL)

£4.49

TOMATO PASTA VE 🍷

Pasta tubes in a tomato sauce (229kcal)

£4.49

Pick one side or one veggie

VEGGIES

CARROT & CUCUMBER VEG STICKS VE 🍷 (23KCAL)

GARDEN PEAS VE 🍷 (60KCAL)

MINI CORN ON THE COB VE 🍷 (91KCAL)

BAKED BEANS VE (77KCAL)

SIDES

MASHED POTATO V (176KCAL)

GARLIC CIABATTA V (183KCAL)

VEGETABLE RICE V 🍷 (128KCAL)

CHIPS V (245KCAL)



AVAILABLE ON SUNDAYS ONLY

All meat roasts are served with roast potatoes, seasonal vegetables, cauliflower cheese, sausage meat stuffing, a Yorkshire pudding and rich gravy

KIDS ROAST TURKEY (651KCAL)

£5.49

KIDS ROAST SIRLOIN OF BEEF

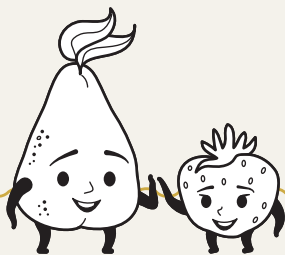
Served pink (676kcal)

£5.49

KIDS MAC & CHEESE V

Served with roast potatoes, seasonal vegetables, cauliflower cheese, sage & onion stuffing, a Yorkshire pudding and gravy (693kcal)

£5.49



DESSERTS

GOOEY CHOCOLATE BROWNIE V

Warm chocolate brownie with a scoop of vanilla flavour ice cream and chocolate flavour sauce (382kcal)

£1.99

FRUIT SALAD VE 🍷

Peach, pear and strawberry pieces (78kcal)

£1.99

ICE CREAM V

Your choice of frozen strawberry flavour yoghurt (88kcal per scoop), vanilla flavour (97kcal per scoop) or vegan ice cream VE (113kcal per scoop) topped with strawberry flavour VE (32kcal per serving) or chocolate flavour sauce (28kcal per serving)

1 SCOOP £1.29 - 2 SCOOPS £1.99

V - Vegetarian VE - Vegan † - May contain shell or bones - All cash and credit/debit card tips are paid in full to our team members.

Terms & Conditions: Ask a member of the team to view our allergen information. Please advise the team of any dietary requirements before ordering. (V) Suitable for Vegetarians. (VE) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. † Fish, poultry and shellfish dishes may contain bones and/or shell. *All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Dishes may contain alcohol. Calorie counts are correct at the time of printing. This information has been provided to allow you to make an informed choice when dining with us. Children between 5-10 years old need around 1,800 calories a day, but this will vary by age and level of activity and some children will need less, and some will need more. Full nutrition information is available on our website. 1 of your 5 a day - 40-60g of fruit or vegetables, or 150ml pure juice. To ensure our customers have choice, temporary product substitutions may be required which can affect the calorie content listed for our dishes on the menu.



THE RED LION

KIDS MENU

CHOOSE A KIDS MAIN, DESSERT
AND DRINK FOR £5.49