

# THE GOOD INTENT

### Lunch Served 12:00pm - 2pm | Evening 6pm - 9pm Saturday 12pm - 2:30pm | Sunday 12pm - 3pm

### While you wait

Artisan bread toasted with oil & balsamic 2.5 Bowl of mixed olives Provençal 3

### Starters

Soup of the day served with freshly baked rustic bread (see black board) (GF)5Japanese torpedo prawns Sweet chilli dip & dressed Leaves6Breaded Garlic mushrooms with dressed Leaves and garlic dip4Scottish Smoked Salmon Served with lemon dressing and multi seeded bread6.50

### Mains

Pan Fried Cumberland Sausages, mash, and bacon & onion gravy 10.50
Honey and Mustard Roasted Ham, double hen's egg, garden peas and chunky chips 10
Homemade Chilli Con Carne, basmati rice, sour cream, spicy tortillas 11.50
Steak and Ale Pie, served with chips or mash, seasonal vegetables and gravy 11.50
GI Angus Burger, with smoked bacon and choice of cheese, homemade onion rings, and GI fries 11

#### Salads

Puttenham Posh Salad, Smoked salmon, crayfish, King Prawns, other seafood, dressed leaves and croutons. (GF) 11.50

Chicken Cobb Salad, Char grilled chicken breast, smoked bacon, hen's egg, blue cheese, tomato, gem lettuce, croutons and our chefs blue cheese dressing **11.50** (GF)

Salad de Chevre Chaude, Grilled goats cheese crouton salad with strips of smoked bacon, hen's egg and drizzled with honey. **11.50** 

Sides

Garden Salad / seasonal vegetables / Mash / GI chunky Chips/ GI Fries/ Jacket potato/ onion rings 3.5

All of our meat produce is supplied daily by Mark Turner and daughters Quality butchers located just 5 mins from us.

### SEASONAL - FRESH — LOCAL

All our menu items are sourced locally and are subject to availability

Please let us know if you have any dietary requirements and we will endeavour to assist

For today's specials, selection of pies and desserts please see the black boards above the inglenook fire place.

(GF) = gluten free option available

For our Vegetatian / Vegan / Pescetarian menu please see reverse.

. **Please note:** During busy times there may be a waiting time for food, please ask a member of our team if there is a waiting time before ordering to avoid any disappointment. . **Please also note**: We are not a restaurant, we are just a PUB that does good PUB food and we do not do table service so please order at the bar.



# THE GOOD INTENT

### VEGETARIAN, PESCETERIAN, & VEGAN MENU

Lunch Served 12:00pm - 2pm | Evening 6pm - 9pm Saturday 12pm - 2:30pm | Sunday 12pm - 3pm

\_\_\_\_\_

While you wait

Artisan bread toasted with oil & balsamic 2.5 Bowl of mixed olives Provençal 3

### Starters

Soup of the day served with freshly baked rustic bread (see black board) (GF) (V) (Vegan) 5 Japanese torpedo prawns In panko breadcrumbs served with a sweet chilli dip & dressed Leaves (P) 6 Breaded Garlic mushrooms with dressed Leaves and garlic dip (V) 4 Scottish Smoked Salmon Served with lemon dressing and multi seeded bread (P) 6.50 Mediterranean Vegetable Tartlet served with dressed leaves (V, Vegan) 6.25

### Mains

 Vegetarian sausages (Quorn), with mash and gravy with fried onions and seasonal vegetables 10.50 (V) Quinoa Chilli veg carne, with basmati rice and sour cream, 11.50 (GF, V, Vegan)
Spinach, Feta and Red Pepper Pie, Served with GI chunky chips or mash, seasonal vegetables & gravy 11.50 (V) Spicy Thai vegan burger, with GI fries and a sweet chilli dip and homemade onion rings 11 (V) (Vegan) Mediterranean Vegetable Tartlet, served with dressed Salad and skin on GI fries 10 (V, Vegan)

### Salads

Puttenham Posh Salad, Smoked salmon, crayfish and prawn mayo, King Prawns, lemon dressed leaves and homemade croutons. (GF, P) 11.50

Haloumi Cobb Salad, Char grilled Haloumi, hen's egg, blue cheese, tomato, lettuce, croutons and our chefs blue cheese dressing **11.50 (GF, V)** 

Salad de Chevre Chaude, Grilled goats cheese crouton salad with strips of grilled haloumi, hen's egg and drizzled with honey. (V) 11.50

Sides

Garden Salad / seasonal vegetables / Mash / Gi chunky Chips/ Gi Fries/ Jacket potato/ onion rings 3.5

## SEASONAL - FRESH - LOCAL

All our menu items are sourced locally and are subject to availability Please let us know if you have any dietary requirements and we will endeavour to assist For today's specials, and desserts please see the black boards above the inglenook fire place.

(GF) = Gluten Free option (V) = Vegetarian (P) Pesceterian (VO) Vegan option

Please note: During busy times there may be a waiting time for food, please ask a member of our team if there is a waiting time before ordering to avoid any disappointment. Please also note: We are not a restaurant, we are just a PUB that does good PUB food and we do not do table service so please order at the bar.