

## **Light Meals - (Served Daily 12pm to 2:30pm, Sunday 12pm to 4pm)**

### **Individual Baked Camembert (V) - £7.60**

Accompanied by Vegetable Sticks, Olives and Cheese Straws.

### **Breaded Butterfly King Prawns - £7.95**

Served with fresh Lime and Sweet Chilli Mayo.

### **Crustless Quiche - £8.40**

With Serrano Ham, Roasted Red Pepper, Asparagus, Goats Cheese and Salad Garnish.

### **Avocado and Prawn Cocktail - £7.75**

Served with Quail Egg, Marie Rose sauce, Brown Bread and Butter.

## **Sandwiches – (Served Daily 12pm to 2:30pm, Sunday 12pm to 4pm)**

### **Toasted Panini – £7.75**

Chicken Breast, Brie, Spinach, caramelised Red Onion, Pancetta and Smoked Garlic Mayonnaise.

### **Mediterranean (V) (served open) – £7.75**

Rocket Salad, Red Pepper, Tomato and Mozzarella on Black Olive Bread, Pesto and Balsamic Vinegar.

### **Prawn & Crayfish – £8 (served open)**

On Granary Bread, thinly sliced Cucumber and Marie Rose sauce.

### **Best Ever Toastie – £7.95**

Honey Roast Ham, Mature Cheddar, Caramelised Red Onions and Smoked Applewood Cheese in White Bread.

All Sandwiches served with Coleslaw and Salad Garnish.

**Please inform a member of staff if you have any allergies or intolerances.**

## **Jacket Potatoes –**

Ratatouille topped with Mozzarella Cheese - **£8.10**

Prawns, Courgettes, Red Pepper in Mild Coconut Curry Sauce - **£8.50**

Honey Roast Ham glazed with Sussex Cheddar - **£8.25**

## **Spotted Cow Ploughman's –**

**Homemade Chipolatas, Plain and Spicy Chargrilled - £9.10**

French Baguette, Mustard Pickles and Potato Salad.

**The Spotted Cow Special (choice of three) – £10.95**

Honey Roast Ham, Old Sussex Cheddar, Brighton Blue, Somerset Brie or Cornish Yarg (**V**) served with Celery, Dates, Red Onion Chutney, Dill Cucumber, French or Granary Baguette.

**All the above are Served Daily 12pm to 2:30pm, Sunday 12pm to 4pm.**

## **Children's Menu - £4.95**

Goujons of Fish with French Fries

Mini Beef Burger in a Brioche Bun and French Fries

Pork Sausages (2) with Hash Browns and Baked Beans

**Children's Roast (Sunday's Only) - £7.95.**

## **Children's Desserts - £2.50**

Ice Cream Tubs – Vanilla, Chocolate, Strawberry.

Meringue Nest – filled with Vanilla Ice Cream, Chocolate Sauce and Sprinkles.

**Please ask your Server for your Free Activity Pack.**

**Please inform a member of staff if you have any allergies or intolerances.**

# While You Wait -

## **Bread Basket (V) - £3.95**

Selection of Breads, served with Butter, Oil, Balsamic Vinegar and Pesto.

## **Marinated Olives (V) (GFI) - £2.50**

A selection of Marinated Olives and Whole Garlic Cloves.

# Starters -

## **Avocado, Smoked Salmon & Tiger Prawns - £8.40**

Served with Quail Egg, Marie Rose Sauce, Brown Bread and Butter.

## **Skewers of Chicken – £7**

Marinated in Spicy Peanut Sauce, Chargrilled.

## **Skillet of Tiger Prawns - £7.75**

In Garlic and Parsley Butter.

## **Baked Sussex Mushrooms (V) - £6.75**

Diced Leeks, Carrots, Celery and Shallots, Double Cream, White Wine and English Mustard, glazed with Emmental Cheese.

## **Scottish Smoked Salmon – £8.40**

Horseradish Crème Fraiche, Capers, Brown Bread and Butter.

## **Seasonal Melon – £7.75**

With Cured Serrano Ham.

## **Homemade Soup of the Day - £5.75**

Served with French Bread.

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# Main Courses -

## **Beer Battered Fish and Chips - £ 12.95**

Catch of The Day in Beer Batter with Fries, Minted Mushy Peas and Tartare Sauce.

## **Homemade Pie of The Day - £12.95**

Prepared by our Chef, served with Vegetables and Potatoes.

## **The Spotted Cow Homemade Burger - £12.50**

Served on a Brioche Bun, Fries, Coleslaw and Relish. **(Add Smoked Applewood Cheese and Pancetta £14.00)**

## **Spinach and Ricotta Cannelloni (V) - £11.25**

Baked in a Tomato Coulis and Cheese Sauce served with Garlic Bread.

## **Steak and Chips - £18.95**

21 Day Old Prime Rump Steak chargrilled, accompanied by grilled Tomato, Flat Mushroom, Onion Rings, Watercress and Gratin Dauphinoise. **(Add Green Peppercorn Sauce £1.50 extra)**

## **Breast of Chicken Kiev - £11.75**

Served with French Fries, Salad, Caesar Dressing, Shaved Parmesan Cheese and Croutons.

## **Brochette of Lamb - £13.95**

Grilled with Red Onion and Peppers, seasoned with Ras al Hanout, Pilaff Rice and Ratatouille.

## **Sides –**

Chips – Small - **£3.50**

Chips – Large - **£5.00**

Cheesy Chips – Small - **£4.25**

Cheesy Chips – Large - **£5.75**

Garlic Bread - **£2.95**

Garlic Bread with Cheese - **£3.50**

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# Desserts –

## **Chocolate Truffle Torte - £6.50**

Served with Raspberries and Clotted Cream.

## **Bramley Apple and Blackberry Crumble - £6.50**

Spicy Crumble Topping and Warm Cinnamon Cream.

## **Baked Cheesecake - £6.50**

Enhanced with Blueberry Compote.

## **Poire Belle Helene - £6.50**

Poached Pear with Vanilla Ice Cream, Hot Chocolate sauce and Toasted Almonds.

## **Treacle Tart - £6.50**

Served Warm with Maple Pecan Ice Cream.

## **Cheese Board (V) - £8.40**

Old Sussex Cheddar, Somerset Brie, Brighton Blue and Cornish Yarg (V)  
Garnished with Dates, Celery, Grapes and assorted Cheese Biscuits.

## **Ice-Creams and Sorbets: (Available as GFI)**

Please Ask your Server for Flavours we have Available.

**1 Scoop - £2.00 2 Scoops - £4.00 3 Scoops - £6.00.**

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# Drinks –

## Hot Drinks -

Selection of Fruit or Herbal Teas - **£2.75**

Filter Coffee - **£2.50**

Espresso – **£2.75**

Café latte - **£2.75**

Liqueur Coffee- **£5.95**

Babyccino - **£1.50**

Americano - **£2.75**

English Breakfast Tea - **£2.50**

Floater Coffee - **£2.75**

Cappuccino - **£2.75**

Hot Chocolate - **£2.75**

Baileys Coffee - **£6.50**

Fresh Mint Tea – **£2.00**

We hope you enjoyed your visit to The Spotted Cow and your feedback would be greatly appreciated.

Please visit [Tripadvisor.co.uk](https://www.tripadvisor.co.uk) or speak directly to a member of the team.

Thank you for your custom and we hope to see you again soon.

Justin and the team.

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# **Upcoming Events at The Spotted Cow:**

**16<sup>th</sup> September 2019: Quiz Night – League Quiz 7.30pm**

**28<sup>th</sup> September 2019: Live Music – Mad Max 9pm – 11pm**

**26<sup>th</sup> October 2019: Live Music – Kit & Aurora – 9pm - 11pm**

**11<sup>th</sup> November 2019: Quiz Night – Open Quiz 7.30pm**

**30<sup>th</sup> November 2019: Live Music – Slow Burn 9pm - 11pm**

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