

KIDS MENU

Choose 2
courses and
a drink for

£5

DRINKS



FRUIT SHOOT IS
AVAILABLE AS PART
OF THE MEAL DEAL.

Please ask at the bar for flavours.

MAINS

Older kids with a bigger appetite?
Increase your portion for an extra £1.

CHOOSE YOUR MAIN,
THEN PICK EITHER TWO VEGGIES
OR ONE SIDE AND ONE VEGGIE

CHEESE & TOMATO PIZZA 4.00
(453kcal/3.1g Sugar/1.38g Salt)

TWO FISH FINGERS † 4.00
(144kcal/0.8g Sugar/0.43g Salt)
Make it four fish fingers +1.00
(288kcal/1.6g Sugar/0.86g Salt).

Veggies

**CARROT & CUCUMBER
VEG STICKS**
(23kcal/3.6g Sugar/0.05g Salt)

GARDEN PEAS
(60kcal/6.0g Sugar/0.0g Salt)

BAKED BEANS
(82kcal/4.0g Sugar/0.40g Salt)

2OZ* BEEF BURGER 4.00
(291kcal/2.6g Sugar/0.77g Salt)
Make it a double beef burger +1.00
(445kcal/2.6g Sugar/1.08g Salt).

**TWO PORK SAUSAGES
& GRAVY** 4.00
(238kcal/5.4g Sugar/2.34g Salt)
Make it three sausages +1.00
(344kcal/8.2g Sugar/2.9g Salt).

FOUR CHICKEN NUGGETS † 4.00
(218kcal/0.2g Sugar/0.67g Salt)
Make it six chicken nuggets +1.00
(326kcal/0.2g Sugar/1.01g Salt).

TOMATO PASTA 4.00
(229kcal/3.3g Sugar/0.53g Salt)

Sides

MASH
(132kcal/0.0g Sugar/0.72g Salt)

GARLIC CIABATTA
(139kcal/0.2g Sugar/0.54g Salt)

VEGETABLE RICE
(142kcal/2.3g Sugar/0.14g Salt)

CHIPS (222kcal/0.0g Sugar/0.30g Salt)

Vegetarian Vegan † May contain bones One of your five a day

Terms & Conditions: Ask a member of the team to view our allergen information. Please advise the team of any dietary requirements before ordering. (V) Suitable for Vegetarians. (VE) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. † Fish, poultry and shellfish dishes may contain bones and/or shell. Scampi may contain one or more tail per piece. *All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Dishes may contain alcohol. Calorie counts are correct at the time of printing. This information has been provided to allow you to make an informed choice when dining with us. Children between 5-10 years old need around 1,800 calories a day, but this will vary by age and level of activity and some children will need less, and some will need more. Full nutrition information is available on our website. 1 of your 5 a day = 40-60g of fruit or vegetables, or 150ml pure juice. To ensure our customers have choice, temporary product substitutions may be required which can affect the calorie content listed for our dishes on the menu. Fruit Shoot is a trademark of Britvic Soft Drinks Limited.

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STARTERS

**CARROT & CUCUMBER
VEG STICKS** 2.00
With a tomato dip (41kcal/5.1g Sugar/0.29g Salt).

GARLIC CIABATTA 2.00
(139kcal/0.2g Sugar/0.54g Salt)

SUNDAY*

ROAST BEEF 5.49
Hand-carved beef served
with roasties, seasonal vegetables, sage
and onion stuffing, a Yorkshire pudding
and gravy (512kcal/6.0g Sugar/2.03g Salt).

ROAST TURKEY 5.49
Hand-carved turkey served
with roasties, seasonal vegetables, sage
and onion stuffing, a Yorkshire pudding
and gravy (477kcal/6.0g Sugar/2.60g Salt).

MAC & CHEESE 5.49
Served with roast potatoes,
seasonal vegetables, sage and
onion stuffing, Yorkshire pudding
and gravy (627kcal/8.0g Sugar/3.74g Salt).

*Available on Sundays only.
Not part of the meal deal.

DESSERTS

TRIPLE CHOCOLATE BROWNIE 1.50
Warm chocolate brownie with
a scoop of clotted cream ice cream
(379kcal/35.2g Sugar/0.23g Salt).

FRUIT SALAD 1.50
Peach, pear and strawberry pieces
(96kcal/20.6g Sugar/0.0g Salt).

Ice Cream

**CHOOSE FROM 1 SCOOP 1.00
OR 2 SCOOPS 1.50**

Calories are shown per scoop

STRAWBERRY (138kcal/15.0g Sugar/0.13g Salt)

CLOTTED CREAM (126kcal/12.4g Sugar/0.11g Salt)

CHOCOLATE (146kcal/16.9g Sugar/0.14g Salt)

SAUCES...

Strawberry flavour (32kcal/7.5g Sugar/0.0g Salt)

Chocolate flavour (28kcal/4.7g Sugar/0.0g Salt)

Toffee flavour (27kcal/3.9g Sugar/0.02g Salt)

Vegan option available

(180-360kcal/22.0-44.0g Sugar/0.07-0.13g Salt).

Match Up

Match the beginnings of the fruits to their correct ends!

1	black	A	berry
2	ora	B	ple
3	rasp	C	nge
4	ap	D	currant <input checked="" type="checkbox"/>

The first answer is 1 and d. Can you finish the rest?

Rhyme Time

Can you think of three words that rhyme with each of the below?

- BERRY**
- FRUIT**
- SKATE**

Unscramble

Can you unscramble the letters below to reveal the word?

A P E P L

--	--	--	--	--

Berry Blast

Follow the trail of berries to the finish by filling in the missing numbers!

START

How many aeroplanes can you count on this sheet?

FINISH

30

Makaton Master

Follow the image below to sign the word 'Juice' in Makaton Sign Language!

Juice

Fruit Shoot™ Artist

Draw your favourite meal on the easel below!