

The Spotted Cow - Menu

Starters

Wild Mushroom Arancini (VE) (V) (GF) - £7.00

Served on a bed of Mixed Leaves.

Traditional Prawn Cocktail (GF Option Available) - £8.00

Prawns in Marie Rose Sauce, served on a Bed of Lettuce with Brown Bread.

Pate (GF Option Available) - £7.00

Served with Caramelised Onion Chutney and Toast.

Soup of the Day – (V) (GF Option Available) - £7.00

Served with Crusty Bloomer Bread.

Torpedo Prawns - £8

Served with Sweet Chilli Sauce.

Salt & Pepper Squid - £8

Served with Garlic Mayo and Salad Garnish.

Beetroot Falafels (V) - £6

Served with Mixed Leaves and Balsamic Vinegar.

Mains

Traditional Beer Battered Fish and Chips - £16 (GF Option Available) / Smaller Plate - £12

Served with Triple Cooked Chunky Chips, Tartare Sauce, and Garden Peas or Mushy Peas.

Steak & Kidney Pie - £16

With Creamed Mashed Potato, Gravy and Garden Peas.

Scampi and Chips - £16 / Smaller Plate - £12

Wholemeal Breaded Scampi served with Triple Cooked Chunky Chips, Tartare Sauce, and Garden Peas or Mushy Peas.

Sussex Smokey (GF Option Available) - £16

Smoked Haddock, New Potatoes and Spinach in a Wholegrain Mustard and Cream Sauce finished with Grated Cheese and Crusty White Bloomer Bread.

Sausage & Mash - £14

Trio of Sausages served with Mashed Potato and Peas and Gravy.

10oz Rump Steak (GF) - £22

10oz Rump Steak chargrilled to your taste, accompanied with a Grilled Tomato, Flat Mushroom, Triple Cooked Chunky Chips and Garden Peas.

(Peppercorn Sauce for £2)

Lamb Shank - £22.00

Served with Mustard Mash Potato and Seasonal Vegetables.

Please inform a member of staff if you have any allergies or intolerances.

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Chicken Schnitzel - £16

Butterfly Chicken Breast in Panko Breadcrumbs, served with Salad, Fries and Homemade Coleslaw.

Burgers

Chicken Burger - £15 – (Add Cheddar Cheese - £1.00)

Served in a Brioche Bun, with Lettuce and Mayonnaise, served with Triple Cooked Chunky Chips and Homemade Coleslaw.

Lamb Burger - £16

Served in a Brioche Bun, with Red Onion Marmalade, Goats Cheese, served with Triple Cooked Chunky Chips and Homemade Coleslaw.

Spotted Cow Burger – £16 (Add Cheddar Cheese - £1.00)

6oz Burger with Bacon in a Brioche Bun with Lettuce, Tomato, Gherkin, Mayonnaise and Homemade Coleslaw, served with Triple Cooked Chunky Chips.

Vegetarian and Vegan

Vegetable Wellington (V) (VE) - £16

Served with New Potatoes and Seasonal Vegetables.

Vegetarian Sausages (V) - £16

Served with Mash Potato and Peas and Vegetable Gravy.

Vegan Penang Curry (VE) (V) (GF)- £16

Served with Boiled Rice.

Moving Mountain Vegan Burger (V) (VE) (GF Option Available) - £16

Served in a Brioche Bun with Vegan Mayonnaise, Lettuce and Tomato, Gherkin and Homemade Coleslaw, served with Triple Cooked Chunky Chips.

Salads

Ham Salad – Served with New Potatoes - £13

Cheese Salad – Served with New Potatoes (V) - £12

Prawn Salad – Served with New Potatoes - £15

Ploughman's – (V) £16 – Add Ham for £1.00

Cheddar, Brighton Blue, and Brie served with Pickle, Pickled Onion, Salad Garnish, and a Baguette.

Sides

Chips – Small - **£3.50**

Cheesy Chips Small - **£5.00**

Chips Large - **£5.00**

Cheesy Chips Large - **£6.50**

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