

SENIORS MENU

TWO COURSES
FOR £10.99

THREE COURSES
FOR £13.49

CHOOSE FROM A SELECTION OF SMALLER PORTION MAIN COURSES. A MAIN COURSE MUST BE ORDERED

TO START

SOUP OF THE DAY ^V

With freshly sliced bloomer bread and butter (285-352kcal)
Please speak to one of the team for today's choice.

CRISPY CHICKEN STRIPS

With Texan BBQ sauce and a dressed salad garnish (272kcal)

MAINS

HUNTER'S CHICKEN

Half a chicken breast topped with smoked streaky bacon, melted Cheddar and mozzarella and Texan BBQ sauce with chips and a dressed salad garnish (559kcal)

SAUSAGE & MASH

Two pork sausages with buttered mash, garden peas, roasted red onions and rich gravy (504kcal)

MAC & CHEESE ^V

Macaroni in a rich Cheddar cheese sauce with garlic ciabatta and a dressed mixed salad (447kcal)

SCAMPI & CHIPS[†]

Whitby scampi with chips and tartare sauce (584kcal).
With your choice of mushy peas (45kcal) or garden peas (36kcal)

FISH & CHIPS[†]

Half a freshly hand-battered cod fillet with chips and tartare sauce (689kcal).
With your choice of mushy peas (45kcal) or garden peas (36kcal)

DESSERTS

BELGIAN CHOCOLATE BROWNIE ^V

Served warm with clotted cream ice cream (409kcal)

BRAMLEY APPLE & BLACKBERRY CRUMBLE PIE ^V

Served warm (658kcal), with your choice of custard (156kcal) or clotted cream ice cream (159kcal)

YOUR CHOICE OF ICE CREAM ^V

Two scoops of various flavours (85-159kcal per scoop), with your choice of chocolate flavour (28kcal) or strawberry flavour (32kcal) sauce
Please ask a member of the team for today's available flavours

FINISH OFF WITH A HOT DRINK? ASK A TEAM MEMBER FOR MORE DETAILS

Adults need around 2000 kcal a day

^V - Vegetarian ^{VE} - Vegan [†] - May contain shell or bones - All cash and credit/debit card tips are paid in full to our team members.

Terms & Conditions: Ask a member of the team to view our allergen information. Please advise the team of any dietary requirements before ordering. (V) Suitable for Vegetarians. (VE) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. [†] Fish, poultry and shellfish dishes may contain bones and/or shell. Scampi may contain one or more tail per piece. *All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Dishes may contain alcohol. Calorie counts are correct at the time of printing. This information has been provided to allow you to make an informed choice when dining with us. To ensure our customers have choice, temporary product substitutions may be required which can affect the calorie content listed for our dishes on the menu.



THE RED LION

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