

SANDWICHES & BAGUETTES

Choose from brown or white bread or white baguette. All served with salad & coleslaw.

CHEDDAR SANDWICH £5.25 **BAGUETTE** £5.75

HAM SANDWICH £5.75 **BAGUETTE** £5.95

BRIE, CRANBERRY & BACON SANDWICH £6.50 **BAGUETTE** £6.95

TUNA MAYONNAISE SANDWICH £5.95 **BAGUETTE** £6.50

PRAWN IN MARIE ROSE SAUCE SANDWICH £6.25 **BAGUETTE** £6.95

SMOKED SALMON & CREAM CHEESE SANDWICH £6.25 **BAGUETTE** £6.95

SAUSAGE & ONION SANDWICH £5.50 **BAGUETTE** £5.95

B.L.T - BACON, LETTUCE & TOMATO SANDWICH £6.25 **BAGUETTE** £6.75

FISH FINGER & TARTARE SAUCE SANDWICH £6.25 **BAGUETTE** £6.75

CIABATTAS *All priced at £10.95*
All served with skinny fries & coleslaw

STEAK & ROCKET
With red onion chutney

BRIE, BACON & CRANBERRY

HALLOUMI & MEDITERRANEAN VEGETABLES
With pesto

SPICY SRIRACHA CHICKEN & GUACAMOLE
With American cheese

CRAYFISH
With lime & dill mayonnaise

PLEASE ASK IF YOU WOULD LIKE ANY OTHER FILLING OR COMBINATION AND WE SHALL PREPARE IT FOR YOU IF AVAILABLE

PLEASE NOTE:
Only one bill per table
A discretionary 10% service charge will be added to tables of 8 or more.

PLEASE ASK FOR GLUTEN FREE & ALLERGEN INFORMATION
Due to the nature of kitchens it is unfortunately not possible to totally guarantee that minute traces of particular allergens may not be present in certain dishes, however we endeavour to provide as much information as possible to enable you to make an informed choice



 **THE ANCHOR**
DANBURY

LUNCH MENU

RUNSELL GREEN • DANBURY • ESSEX • CM3 4QZ

STARTERS

OLIVES & BREAD <i>Home marinated olives served with oil, vinegars & sourdough bread</i>	£4.95
GOATS CHEESE & PARMA HAM SALAD <i>Drizzled with balsamic syrup</i>	£6.95
CRISPY POTATO SKINS <i>Served with a choice of dip: garlic mayonnaise, BBQ sauce or sweet chilli</i>	£5.95
TRADITIONAL PRAWN COCKTAIL <i>Served with brown bread</i>	£6.95
PÂTÉ <i>Chicken liver, pork & cranberry pâté served with toast & cranberry sauce</i>	£5.95
GARLIC SAUTÉED MUSHROOMS <i>Served with garlic bread</i>	£5.25
WHITEBAIT & CALAMARI <i>Served with tartare sauce</i>	£6.95
SMOKED SALMON <i>Served with brown bread & salad garnish</i>	£6.95
SOUP OF THE DAY <i>Please see the boards or ask for today's choice</i>	£4.95
SIZZLING PRAWNS <i>Peeled prawns in garlic & chilli butter. Served with garlic bread</i>	£6.75

MEAT DISHES

GAMMON STEAK <i>Served with onion rings, grilled tomato, pineapple & fried egg</i>	£14.95
RIBEYE STEAK <i>Served with onion rings & grilled tomato</i>	£19.95
CHEESY COTTAGE PIE <i>Minced beef with onions, tomatoes & carrots, topped with mashed potato & cheese</i>	£12.95
CUMBERLAND SAUSAGE & MASH <i>Wicks Manor sausages served with fried onions & gravy</i>	£10.95
HAM, TWO EGGS & CHIPS	£11.95
STEAK & KIDNEY PUDDING <i>Suet pudding with onion rings & gravy</i>	£14.95
STEAK PIE <i>A slice of shortcrust pastry pie filled with slow braised beef</i>	£14.95
CHICKEN BALTI <i>Served with rice, onion bhaji, naan bread & poppadom</i>	£14.95
CHILLI CON CARNE <i>Served with rice & tortilla chips</i>	£10.95
LAMB KOFTA <i>Served with rice & greek salad</i>	£11.95
CORN-FED CHICKEN BREAST <i>Served with a creamy wild mushroom sauce</i>	£11.95

UNLESS OTHERWISE STATED ALL DISHES COME WITH A CHOICE OF CHIPS, JACKET POTATO, NEW POTATOES OR MASHED POTATO AND MIXED VEGETABLES, PEAS OR SALAD.

PASTA DISHES

SERVED WITH GARLIC BREAD & SALAD

LASAGNE <i>Minced beef, tomatoes & herbs layered between pasta sheets & topped with a creamy béchamel sauce & grated cheese</i>	£11.95
CREAMY CHICKEN PENNE <i>Creamy chicken, bacon, spinach & tomato pasta</i>	£11.95

FISH BAR

TRIPLE TAIL SCAMPI	£11.95
FISH CAKES <i>Salmon, smoked haddock & mixed white fish bound with potato, herbs, peppers, spring onion & coated in panko breadcrumbs</i>	£12.95
FISH PIE <i>White fish, salmon, smoked haddock & prawns in a creamy white sauce topped with mashed potato</i>	£14.50
SEA BASS FILLET <i>Marinated in chilli, lime, coriander, ginger & garlic</i>	£11.95

TRADITIONAL FISH & CHIPS

HADDOCK FILLET <i>In homemade cider batter</i>	£14.95
PLAICE FILLET <i>In homemade cider batter</i>	£13.50

PLEASE NOTE ALL FISH DISHES MAY CONTAIN SMALL BONES

UNLESS OTHERWISE STATED ALL DISHES COME WITH A CHOICE OF CHIPS, JACKET POTATO, NEW POTATOES OR MASHED POTATO AND MIXED VEGETABLES, PEAS, MUSHY PEAS OR SALAD.

VEGETARIAN SELECTION

MUSHROOM & RED PEPPER STROGANOFF <i>Served with rice, salad & garlic bread</i>	£11.95
BUTTERNUT SQUASH, MUSHROOM & SPINACH LASAGNE <i>In a tomato & mascarpone sauce topped with mozzarella Served with salad & garlic bread</i>	£11.95
VEGETABLE CHILLI (Vegan) <i>Served with rice and tortilla chips</i>	£10.95
BRIE, POTATO & COURGETTE CRUMBLE <i>Creamy brie sauce, layers of potato & courgette topped with breadcrumbs, almonds, cheese, sesame seed & parsley crumble</i>	£11.95
SWEET POTATO, CHICKPEA & SPINACH CURRY (Vegan) <i>In a rich coconut flavoured sauce Served with rice & poppadom</i>	£11.95
VEGETABLE SHEPHERDS PIE <i>Mixed vegetables, lentils & beans topped with goats cheese mash</i>	£10.95

PLOUGHMAN'S LUNCH

All served with pickle, salad, coleslaw, apple, pickled onion and a French stick

SEAFOOD <i>Prawns, smoked salmon & roll mops</i>	£10.95
HAM <i>Gammon ham</i>	£9.95
CHEESE <i>Cheddar, brie & stilton</i>	£9.95
ANCHOR PLOUGHMAN'S <i>Pâté, gammon ham, pork pie and your choice of cheese: brie, stilton or cheddar</i>	£11.95

JACKET POTATOES

All served with a choice of filling & salad

CHEDDAR CHEESE	£6.50
BAKED BEANS	£6.50
CHILLI CON CARNE	£7.95
PRAWN <i>In Marie Rose sauce</i>	£7.75
TUNA & SWEETCORN	£7.50
BRIE & CRANBERRY	£6.75
ADDITIONAL FILLINGS: <i>Coleslaw, baked beans or cheese</i>	£1.25

SALAD BOWLS *All priced at £9.95*

Salads made fresh to order, if you require an alternative salad. Please ask and if the ingredients are available it can be prepared for you

AVOCADO & PRAWNS

In Marie Rose sauce

GOATS CHEESE & PARMA HAM

CHICKEN CAESAR

FLAKED TUNA & OLIVE

SIDE ORDERS

CHIPS	£2.75
CURLY FRIES	£2.95
CHEESY CHIPS	£3.25
BREAD & BUTTER	£1.50
BAGUETTE & BUTTER	£2.00
GARLIC BREAD	£2.00
CHEESY GARLIC BREAD	£3.00
ONION RINGS	£3.00
SIDE SALAD	£2.75
FRIED EGG	£0.95

PLEASE SEE THE SPECIALS BOARDS FOR FURTHER CHOICES