## THE SHEPHERD AND DOG ONEHOUSE

## **GLUTEN FREE MENU**

STARTERS		SALADS	
Soup of the Day (v) Served with gluten free bread & butter	£6.50	Prawn	£12.95
Ask for today's special		Ham or Cheese	£11.50
Camembert Sharer Baked Camembert, studded with rosemary, served with gluten free bread & onion chutney	£12.50	Ham & Cheese	£12.95
		Ham Ploughman's	£12.95
Prawn Cocktail With lettuce, house cocktail sauce, gluten free bread & butter	£7.95	Cheese Ploughman's	£12.95
		Ham & Cheese Ploughman's	£14.95
Garlic & Stilton Mushrooms	£6.95	JACKET POTATO	
In a creamy garlic & stilton sauce served on a toasted ciabatta		Served with a mixed salad	
Nachos with Cheese (v) Tortilla chips topped with cheese, tangy salsa & fiery jalapeños	£6.95	Choice of fillings	
		Cheese or Beans	£9.95
		Prawns in Marie Rose Sauce	£11.95
MAINE		Tuna Mayo	£11.95
MAINS	004.05	Cheese & Beans	£10.45
Rib-Eye Steak Succulent steak served with new potatoes or	£21.95		
jacket potato, mushrooms, tomato & peas		BAGUETTES	- aladau
Lamb Rump Served with bubble & squeak mash, seasonal	£18.95	Served with a mixed salad garnish, potato crisps, and Choice of fillings	colesiaw
vegetables & mint gravy		Prawn in Marie Rose Sauce	£9.95
Lambs Liver & Bacon Casserole	£13.95	Chicken, Bacon & Mayo	£9.95
Served with mashed potato & seasonal vegetables		Tuna Mayo	£9.95
Honey & Mustard Roasted Ham	£13.95	Brie, Bacon & Cranberry Sauce	
Served with double egg, new potatoes or jacket potato		Cheese & Branston Pickle	£8.95
Chicken & Mushroom Stroganoff Chicken breast & mushrooms in a rich creamy	£14.50	Cheese & Branston Pickle	16.95
sauce served with rice		SWEET TREATS	
Hunters Chicken A chicken breast topped with bacon, BBQ sauce	£14.50	Chocolate Brownie (v)	
& mature Cheddar cheese. Served with new potatoe	es	Served with custard, cream or ice-cream	£7.50
or jacket potato & mixed salad		(Indulge in all 3 for an extra £2.00)  Ice-Cream (3 Scoops)	£4.95
Bacon & Cheese Burger In a gluten free bun, served with new potatoes	£14.95	Strawberry, Chocolate & Vanilla	£4.33
or jacket potato & mixed salad			

We use the best ingredients available to ensure quality.

All our eggs are free range and our beef steaks are 35-day matured for maximum flavour

(v) These dishes on our menu are suitable for vegetarians.

Whilst we take care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-kitchen environment.

All our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are present, therefore we cannot guarantee that any food item it completely free from allergens due to the risk of cross contamination.

ower Road, Onehouse, Stowmarket, Suffolk IP14 3BX



Tel: 01449 614675



## GLUTEN FREE SUNDAY MENU

STARTERS		SALADS	040.05
Soup of the Day (v) Served with gluten free bread & butter	£6.50	Prawn	£12.95
Ask for today's special		Ham or Cheese	£11.50
Camembert Sharer Baked Camembert, studded with rosemary,	£12.50	Ham & Cheese	£12.95
		Ham Ploughman's	£12.95
served with gluten free bread & onion chutney		Cheese Ploughman's	£12.95
Prawn Cocktail With lettuce, house cocktail sauce, gluten free bread & butter	£7.95	Ham & Cheese Ploughman's	£14.95
Garlic & Stilton Mushrooms In a creamy garlic & stilton sauce served on a toasted ciabatta	£6.95	JACKET POTATO	
		Served with a mixed salad	
		Choice of fillings	
Nachos with Cheese (v)	£6.95	Cheese or Beans	£9.95
Tortilla chips topped with cheese, tangy salsa & fiery jalapeños		Prawns in Marie Rose Sauce	£11.95
		Tuna Mayo	£11.95
MAINS		Cheese & Beans	£10.45
Roast Beef, Pork or Chicken Served with all the trimmings	£15.95	BAGUETTES Served with a mixed salad garnish, potato crisps, and coleslaw	
Choose all 3 meats for an extra £3.00			coleslaw
	£13.95	Served with a mixed salad garnish, potato crisps, and choice of fillings	coleslaw
Choose all 3 meats for an extra £3.00  Lambs Liver & Bacon Casserole Served with mashed potato & seasonal vegetables	£13.95		£9.95
Lambs Liver & Bacon Casserole Served with mashed potato & seasonal vegetables  Honey & Mustard Roasted Ham	£13.95	Choice of fillings	
Lambs Liver & Bacon Casserole Served with mashed potato & seasonal vegetables  Honey & Mustard Roasted Ham Served with double egg, new potatoes or jacket pota	£13.95	Choice of fillings  Prawn in Marie Rose Sauce	£9.95
Lambs Liver & Bacon Casserole Served with mashed potato & seasonal vegetables  Honey & Mustard Roasted Ham Served with double egg, new potatoes or jacket pota  Chicken & Mushroom Stroganoff	£13.95	Choice of fillings  Prawn in Marie Rose Sauce  Chicken, Bacon & Mayo	£9.95 £9.95
Lambs Liver & Bacon Casserole Served with mashed potato & seasonal vegetables  Honey & Mustard Roasted Ham Served with double egg, new potatoes or jacket pota	£13.95	Choice of fillings  Prawn in Marie Rose Sauce  Chicken, Bacon & Mayo  Tuna Mayo	£9.95 £9.95 £9.95
Lambs Liver & Bacon Casserole Served with mashed potato & seasonal vegetables  Honey & Mustard Roasted Ham Served with double egg, new potatoes or jacket pota  Chicken & Mushroom Stroganoff Chicken breast & mushrooms in a rich creamy	£13.95	Choice of fillings Prawn in Marie Rose Sauce Chicken, Bacon & Mayo Tuna Mayo Brie, Bacon & Cranberry Sauce	£9.95 £9.95 £9.95
Lambs Liver & Bacon Casserole Served with mashed potato & seasonal vegetables  Honey & Mustard Roasted Ham Served with double egg, new potatoes or jacket pota  Chicken & Mushroom Stroganoff Chicken breast & mushrooms in a rich creamy sauce served with rice  Hunters Chicken A chicken breast topped with bacon, BBQ sauce	£13.95 £14.50 £14.50	Choice of fillings Prawn in Marie Rose Sauce Chicken, Bacon & Mayo Tuna Mayo Brie, Bacon & Cranberry Sauce	£9.95 £9.95 £9.95
Lambs Liver & Bacon Casserole Served with mashed potato & seasonal vegetables  Honey & Mustard Roasted Ham Served with double egg, new potatoes or jacket pota  Chicken & Mushroom Stroganoff Chicken breast & mushrooms in a rich creamy sauce served with rice  Hunters Chicken	£13.95 £14.50 £14.50	Choice of fillings Prawn in Marie Rose Sauce Chicken, Bacon & Mayo Tuna Mayo Brie, Bacon & Cranberry Sauce Cheese & Branston Pickle	£9.95 £9.95 £9.95 £9.95 £8.95
Lambs Liver & Bacon Casserole Served with mashed potato & seasonal vegetables  Honey & Mustard Roasted Ham Served with double egg, new potatoes or jacket pota  Chicken & Mushroom Stroganoff Chicken breast & mushrooms in a rich creamy sauce served with rice  Hunters Chicken A chicken breast topped with bacon, BBQ sauce & mature Cheddar cheese. Served with new potatoes	£13.95 £14.50 £14.50	Choice of fillings Prawn in Marie Rose Sauce Chicken, Bacon & Mayo Tuna Mayo Brie, Bacon & Cranberry Sauce Cheese & Branston Pickle  SWEET TREATS	£9.95 £9.95 £9.95

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