

burgers

*Served on a brioche bun
with a salad garnish & chunky chips*

Beef Burger	13.00
Beef Burger with cheese	13.50
Beef Burger with cheese and bacon	14.00
Cajun Chicken Burger ^(GFA)	13.50
Falafel & Spinach Burger ^{(VEA) (GFA)}	13.00

jacket potatoes

Freshly baked potato with a salad garnish

Ham & Cheese ^(GF)	10.50
Cheese & Beans ^{(GF)(V)(VEA)}	10.50
Prawns & Marie Rose ^(GF)	10.50
Tuna Mayo & Red Onion ^(GF)	10.50

sandwiches ^(GFA)

baguettes & panini

*Freshly made on your choice of locally served white or granary bread
with a salad garnish & chunky chips*

	SANDWICH	BAGUETTE	PANINI
Cheese & Onion ^{(V)(VEA)}	8.00	9.00	9.00
Cheese & Tomato ^{(V)(VEA)}	8.00	9.00	9.00
Tuna Mayo & Red Onion	8.50	9.50	9.50
Ham & Cheese	8.00	9.00	9.00
Bacon, Brie & Cranberry			9.50
Turkey, Stuffing & Cranberry	8.50	9.50	
Fish Finger	8.50	9.50	
Prawn & Marie Rose Sauce	8.50	9.50	
Sausage & Onion	8.50	9.50	
Cajun Chicken & Cheese		11.50	11.50

During busy times please be prepared
to wait a minimum of 30 minutes
for a main course if not ordering a starter.
All tips are greatly appreciated and shared
equally between the staff.

Food Allergies and Intolerances

Please make staff aware of any allergies/dietary requirements. **ALL** our food is prepared in a kitchen where **NUTS**, **GLUTEN** and other known allergens may be present. Please note we take caution to prevent cross-contamination, however, any product may contain traces as all menu items are produced in the same kitchen.

V=Vegetarian **VA=Vegetarian Option Available** **GF=Gluten Free** **GFA=Gluten Free Option Available**
VE=Vegan **VEA=Vegan Option Available** **N=Contains Nuts**

THE PLOUGH SHUSTOKE



sunday & light bites
menu



Traditional Sunday Lunch

Please ask a member of staff for our childrens menu.

	1 course	2 course	3 course
ADULT	13.00	17.75	22.50
SENIOR	9.00	13.75	18.50

Senior main courses are smaller portions & limited to our traditional roast dinner & beer battered cod. Please state if you would like a senior portion when ordering.
Please be aware that all of our roasts are subject to availability

s t a r t e r s

Homemade Soup of the Day^{(VA)(GFA)(VEA)}

Ardennes Pâté^{(GFA)(VEA)}

Prawn Cocktail^(GFA)

Garlic Bread^{(V)(GFA)(VEA)}

Goats Cheese, Walnut & Beetroot Salad^{(V)(GFA)(N)}

s a l a d s

Part of the 2 or 3 course offer. £3.50 supplement

Atlantic Prawn & Smoked Salmon^(GF)

Cajun Chicken & Bacon Caesar^(GFA)

Cheese & Ham Ploughmans^(GFA)

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m a i n c o u r s e s

Roasts^(GFA)

Choose from the following meats:

Lamb,

Beef,

Turkey

Served with roast potatoes, steamed and roasted vegetables & gravy.
Add a yorkshire pudding for 60p

Traditional Lasagne^(VA) + £3.00 supplement

Served with a salad garnish, garlic bread & peas

Beer Battered Cod^(VEA) + £2.00 supplement

Served with a salad garnish, chunky chips & peas

Camembert, Fig & Onion Tart^(V) + £3.00 supplement

Served with sweet potato fries & a salad garnish

s i d e d i s h e s

Roast Potatoes ^{(V)(GFA)(VE)}	3.30	Mixed Vegetables ^{(V)(GF)(VEA)}	3.20
Sage & Onion Stuffing ^(V)	3.30	Garlic Bread ^{(V)(GFA)}	4.00
Mashed Potatoes ^{(V)(GFA)}	3.30	Chips ^{(V)(GFA)(VE)}	3.90
Chipolata Sausages ^(GFA)	3.30	Yorkshire Pudding ^{(V)(GFA)}	0.60

d e s s e r t s

Ice Cream Sundae^{(V)(GFA)(VEA)}

Pancakes, Syrup & Ice Cream^(V)

Triple Choc Cookie & Ice Cream^{(V)(VEA)}

Apple Pie & Custard^(V)

Chocolate Fudge Cake & Ice Cream^{(V)(GFA)}

Crème Brûlée^{(V)(GFA)}