

The Spotted Cow - Menu

Starters

Wild Mushroom Arancini (VE) (V) (GF) - £7.00

Served on a bed of Mixed Leaves.

Traditional Prawn Cocktail (GF Option Available) - £8.00

Prawns in Marie Rose Sauce, served on a Bed of Lettuce with Brown Bread.

Pate (GF Option Available) - £7.00

Served with Caramelised Onion Chutney and Toast.

Smoked Haddock, Cheese and Leek Fishcake - £7.50

Served with Salad Garnish and Tartare Sauce.

Soup of the Day – (V) (GF Option Available) - £7.00

Served with Crusty Bloomer Bread.

Torpedo Prawns - £8

Served with Sweet Chilli Sauce.

Salt & Pepper Squid - £8

Served with Garlic Mayo and Salad Garnish.

Beetroot Falafels (V) - £6

Served with Mixed Leaves and Balsamic Vinegar.

Mains

Traditional Beer Battered Fish and Chips - £16 (GF Option Available) / Smaller Plate - £12

Served with Triple Cooked Chunky Chips, Tartare Sauce, and Garden Peas or Mushy Peas.

Steak & Ale Pie - £16

With Creamed Mashed Potato, Gravy and Garden Peas.

Scampi and Chips - £16 / Smaller Plate - £12

Wholetail Breaded Scampi served with Triple Cooked Chunky Chips, Tartare Sauce, and Garden Peas or Mushy Peas.

Sussex Smokey (GF Option Available) - £16

Smoked Haddock, New Potatoes and Spinach in a Wholegrain Mustard and Cream Sauce finished with Grated Cheese and Crusty White Bloomer Bread.

Sausage & Mash - £14

Trio of Sausages served with Mashed Potato and Peas and Gravy.

10oz Rump Steak (GF) - £22 - (Peppercorn Sauce for £2)

10oz Rump Steak chargrilled to your taste, accompanied with a Grilled Tomato, Flat Mushroom, Triple Cooked Chunky Chips and Garden Peas.

Chicken Schnitzel - £16

Butterfly Chicken Breast in Panko Breadcrumbs, served with Salad, Fries and Homemade Coleslaw.

Full English Breakfast - £13

2 Sausages, 2 Bacon, Grilled Tomato, Mushrooms, Baked Beans, 2 Fried Eggs & 2 slices of Toast and Butter.

Small Full English Breakfast - £10

1 Sausage, 1 Bacon, Grilled Tomato, Mushrooms, Baked Beans, Fried Egg & Slice of Toast and Butter.

Vegetarian Breakfast (V) - £10

1 Vegetarian Sausage, Grilled Tomato, Mushrooms, Baked Beans, Fried Egg & Slice of Toast and Butter.

Chicken Burger - £15 – (Add Cheddar Cheese - £1.00)

Served in a Brioche Bun, with Lettuce and Mayonnaise, served with Triple Cooked Chunky Chips and Homemade Coleslaw.

Spotted Cow Burger – £16 (Add Cheddar Cheese - £1.00)

6oz Burger with Bacon in a Brioche Bun with Lettuce, Tomato, Gherkin, Mayonnaise and Homemade Coleslaw, served with Triple Cooked Chunky Chips.

Please inform a member of staff if you have any allergies or intolerances.

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Vegetarian and Vegan

Vegetable Wellington (V) (VE) - £16

Served with New Potatoes and Seasonal Vegetables.

Vegetarian Sausages (V) - £16

Served with Mash Potato and Peas and Vegetable Gravy.

Vegan Penang Curry (VE) (V) (GF) - £16

Served with Boiled Rice

Moving Mountain Vegan Burger (V) (VE) - £16

Served in a Brioche Bun with Vegan Mayonnaise, Lettuce and Tomato, Gherkin and Homemade Coleslaw, served with Triple Cooked Chunky Chips.

Salads

Prawn Salad – Served with New Potatoes - £15

Ploughman's – (V) £16 – Add Ham for £1.00

Cheddar, Brighton Blue, and Brie served with Pickle, Pickled Onion, Salad Garnish, and a Baguette.

Sandwiches / Baguettes, Served with Salad Garnish and Crisps

GF Options Available

BLT - £7 / £8

Ham Salad - £7 / £8

Cheese & Pickle (V) - £6 / £7

Prawn & Marie Rose - £9 / £10

Tuna Mayo - £7 / £8

Sausage & Bacon – £7 / £8

Brie, Bacon & Cranberry – £7 / £8

Chicken Goujons with Salad – £8 / £9

Jacket Potatoes, Served with a Salad Garnish

Cheese (V) - £8

Cheese & Baked Beans (V) - £9

Cheese & Bacon - £10

Tuna Mayo - £10

Prawn & Marie Rose - £12

Just Butter (VE Option Available) - £7

Vegan Cheese (VE) - £8

Kids Menu – To include a Scoop of Ice Cream for Dessert - £7.50

Jumbo Fish Finger, Chips and Peas or Baked Beans

Scampi, Chips and Peas or Baked Beans

Burger, Chips and Peas or Baked Beans

Chicken Goujons, Chips and Peas or Baked Beans

Sausages, Chips and Peas or Baked Beans

Sides

Chips – Small - £3.50

Cheesy Chips Small - £5.00

Chips Large - £5.00

Cheesy Chips Large - £6.50

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