

## STARTERS

<b>Breaded Brie Wedges</b>	<b>£4.99</b>
served with a mini garnish and dip	
<b>Red Velvet Prawns</b>	<b>£4.99</b>
served with a mini garnish and dip	
<b>Crunchy Breaded Garlic Mushrooms</b>	<b>£3.99</b>
served with a garlic mayo dip	
<b>Chicken Tikka Skewers (GF)</b>	<b>£4.99</b>
served with a mini garnish	

## MAIN COURSES

<b>Surf &amp; Turf</b>	<b>£16.95</b>
8oz Sirloin Steak, cooked to your liking and served with wholetail breaded scampi, cod goujons, mushrooms, grilled tomato, onion rings and chips or a choice of potatoes	
<b>8oz Welsh Sirloin Steak</b>	<b>£14.95</b>
cooked to your liking and served with sautéed button mushrooms, grilled tomato, onion rings and chips or your choice of potatoes	
<b>8oz Gammon with Egg or Pineapple</b>	<b>£9.50</b>
served with salad, peas and chips	
<b>16oz Gammon with Egg or Pineapple</b>	<b>£13.50</b>
served with salad, peas and chips	
<b>Welsh Lamb Chops</b> cooked to your liking, served with vegetables or salad and a choice of potatoes	<b>£12.99</b>
<b>8oz Celtic Pride Gourmet Beef Burger</b> served with side salad and chips	<b>£8.99</b>
<b>Build your Own</b> - add bacon, cheddar or onion rings at 50p each	

<b>Louisiana Style Chicken Burger</b>	<b>£8.49</b>
a breaded burger coated with Louisiana spices for an authentic, deep south flavour. Served with side salad and chips	
<b>Liver &amp; Onions (GF)</b>	<b>£10.50</b>
served in a rich liver and onion gravy served with peas and chips or mash	
<b>Beef Madras</b>	<b>£9.99</b>
Welsh beef with fresh tomatoes in a superb hot madras sauce. Served with a choice of chips, rice or ½ & ½	
<b>Chicken Cymru</b>	<b>£9.99</b>
tender chicken breast with leeks and mushrooms in a creamy Caerphilly cheese sauce, served with a choice of potatoes	
<b>Lamb Marrakech (GF)</b> Lamb casserole with orange, sultanas and chick peas, served with Moroccan style rice	<b>£10.99</b>
<b>Celtic Pride Beef Lasagne</b>	<b>£9.50</b>
topped with melted cheese, served with chips, peas and a crisp salad	
<b>Beef Bourguignon (GF)</b>	<b>£10.50</b>
Pieces of Welsh beef in a rich red wine sauce, mushrooms and baby onions, served on a bed of creamy mashed potatoes and peas	
<b>Chicken Tikka Masala (GF)</b> served with a choice of chips, rice or ½ & ½	<b>£8.75</b>



## PLEASE SEE OUR SPECIALS BOARD

### FISH MAIN COURSES

<b>Oven Baked Fillet of Salmon</b>	<b>£11.99</b>
served with wedge of lemon, vegetable and with new potatoes, rice or chips	
<b>Battered Cod Fillet</b>	<b>£8.99</b>
served with peas, chips and wedge of lemon	
<b>Breaded Wholetail Scampi</b>	<b>£8.99</b>
served with peas, chips and wedge of lemon	
<b>Smoked Haddock &amp; Mozzarella Fishcakes (GF)</b> served with a crisp salad, chips and sweet chilli sauce	<b>£9.25</b>
<b>Posh Fish Finger Sandwich</b>	<b>£8.99</b>
Prime goujons of fish in a light sourdough roll with crisp salad and cheese, served with chips	
<b>Seafood Platter</b> Lemon & Pepper Haddock Goujons, Calamari Cheese Bites, Red Velvet Prawns, Breaded Wholetail Scampi and Cod Goujons served with wedges of lemon	<b>£9.99</b>





## VEGETARIAN MAIN COURSES

**Vegetable Lasagne (v)** £9.50

Layers of pasta with seasonal vegetables in a tomato sauce, topped with cheese, served with chips, peas and a crisp salad

**Spinach, Sweet Potato & Chick Pea Curry (VG/GF)** £9.99

A delicious curry made with spinach, sweet potato and chick peas, served with a choice of chips, rice or ½ & ½

**Red Pepper & Aubergine Chilli (VG/GF)** £9.99

A rich, earthy gluten free chilli made with sweet red peppers, black turtle beans, red kidney beans chunks of aubergine



## SIDE ORDERS

**Chips (v)** £2.50

**Crisp Market Garden Salad (v)** £2.00

**Crusty Garlic Ciabatta Halves (v)** £2.00

**Crusty Garlic Ciabatta with Cheese** £2.50

**Onion Rings (v)** £2.00

**Naan Bread** £1.00

**Fried Egg or Pineapple (v)** £1.00

**Coleslaw (v)** £1.50

**Seasonal Vegetables (v)** £2.50

**Choice of Dip:** 50p

Chilli, Garlic Mayo, Mango Chutney,  
BBQ Sauce or Rosemary Sauce

## CHILDREN'S MEALS

**Choose from: Sausages,  
Fish Fingers or Chicken Nuggets** £4.50 each

Above served with a choice of  
chips or mash and with beans or peas

**Macaroni Cheese (v)** £4.99



## SUNDAY LUNCH

**£8.99 per head**

**Booking preferable to  
avoid disappointment**



**PLEASE ASK YOUR SERVER FOR A  
CHOICE OF DESSERTS AVAILABLE**

*If you have any queries regarding allergens,  
please speak with a member of staff when ordering*  
**(V) Vegetarian - (VG) Vegan - (GF) Gluten Free**

Photos used for illustrative purposes only

Menus produced in association with  

**the**  
*Pembrey*  
**country inn  
and bed & breakfast**



**m e n u**

**PET FRIENDLY**

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