

# While You Wait –

## **Bread Basket (V) - £3.95**

Selection of breads, served with Butter, Oil, Balsamic Vinegar and Homemade Pesto.

## **Marinated Olives (V) (GFI) - £2.50**

A selection of Marinated Olives and Whole Garlic Cloves.

## **Starters -**

### **Homemade Soup of the Day - £5.75**

Please ask your server for today's Choice, Served with Sourdough Bread.

### **Steamed Mussels - £7.95 (Starter) £14.95 (Main – with Frites)**

½ kg/1kg of Steamed Mussels in a White Wine Cream Sauce with Bread.

### **Halloumi(V) - £5.75**

Prosciutto wrapped Halloumi served on a Pea and Beetroot Salad garnished with Pickled Radish.

### **Mackerel Pâté - £6.50**

Homemade Mackerel Pâté served with Pickled Cucumber and Onion, toasted Sourdough Bread and a Watercress Sauce.

### **Lamb Croquette – £7.50**

Lamb Croquette served with Red Currant and Mint Sauce on a bed of Spiced New Potatoes.

### **Haddock Welsh Rarebit - £6.50**

Fresh Haddock Fillet topped with a homemade Welsh Rarebit sauce and Sticky Sweet Onions on Sourdough Bread.

**Please inform a member of staff if you have any allergies or intolerances.**

# Mains -

## **Beer Battered Fish and Chips - £12.95**

Crispy Beer Battered Hake Fillet – Served with Homemade Tartar sauce, Chips, Side salad and Garden Peas.

## **Chicken, Mushroom and Tarragon Pie - £11.95**

A Homemade Chicken, Mushroom and Tarragon Pie in a classic Bechamel Sauce with a Choice of Puff Pastry or Short Crust Pastry Lid. Served with Seasonal Vegetables and a choice of Potato Side.

## **The Spotted Cow Burger - £13.50**

Homemade from locally sourced Mince, 8oz Beef Burger, topped with Braised Red Cabbage, Cheddar Cheese Sauce in a Sesame Seeded Charcoal Bun with Chips and Homemade Coleslaw on the side.

## **Lambs Liver and Bacon - £11.95**

Pan Fried Lambs Liver and Crispy Streaky Bacon served on a bed of Garlic and Thyme Mashed Potato with a Rich Onion Gravy with Seasonal Vegetables.

## **Steak and Chips - £18.95**

8oz Locally Sourced Rump Steak served with Slow Roasted Cherry Tomatoes, Grilled Flat Mushroom, Chunky Chips and Homemade Coleslaw with a Choice of Blue Cheese or Peppercorn Sauce on the Side.

## **Spotted Cow Sausage and Mash - £12.50**

A custom designed 'Spotted Cow Sausage' made in collaboration with our local butcher 'Meat in the Square'. Containing Red Wine and Port Reduction, Garlic and Thyme run through locally sourced Beef Mince. Served with a Garlic and Thyme Mash, Seasonal Vegetables and a rich Onion Gravy

## **Honey Roast Chicken – £12.95**

Honey Roast Chicken wrapped in Bacon, Stuffed with Spinach and Feta, served with Parmentier Potatoes and Seasonal Vegetables with a White Wine and Spinach Sauce.

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## Vegetarian Mains –

### **Stuffed Pepper (V) - £9.95**

Stuffed Pepper with Cous Cous, containing Onion, Sultanas and Courgette's served with a Pistachio Pesto and Salad.

### **Goats Cheese and Courgette Pasta (V) - £12.50**

Pasta tossed in a butternut Squash Puree, topped with Goat's Cheese, Roasted Courgette and a Parmesan Crisp.

### **Vegetable Lasagne (V) - £12.50**

Layers of Pasta with Broccoli, Aubergine, Peppers, Shallots. Ricotta and Mozzarella Cheese Served with Garlic Bread and Dressed Side Salad.

### **Vegetarian Burger (V) - £12.50**

Homemade Vegetarian Burger in a Seeded Bun with Tomato, Onion and Crisp Salad, Served with Homemade Mayonnaise and Chips.

## Sides –

Homemade Coleslaw - **£1.50**

Garden Peas - **£1.25**

Dressed Side Salad - **£2.95**

Seasonal Vegetables - **£2.95**

Onion Rings - **£2.50**

Creamy Mashed Potato - **£2.50**

New Potatoes - **£2.50**

Sautéed Potatoes - **£2.50**

Chips – Small - **£3.50**

Chips – Large - **£5.00**

Cheesy Chips – Small - **£3.95**

Cheesy Chips – Large - **£5.50**

Garlic Bread - **£2.95**

Garlic Bread with Cheese - **£3.50**

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## Desserts – £6.50

### **Salted Caramel Brownie.**

A double Layered Chocolate Brownie with Salted Caramel Sauce in the centre  
Served with Vanilla Ice Cream.

### **Apple, Blackberry and Orange Crumble.**

Baked Apple, Blackberry and Orange topped with Crumble, served with a choice of Custard or Ice-Cream.

### **Pecan Tart.**

Served with Vanilla Ice-cream and Caramel Sauce.

### **Knickerbocker Glory**

Layers of Fruit, Jelly, chopped Nuts and Raspberry Meringue flavour Ice-Cream from Sussex Ice Cream Co, topped with Chantilly Cream, Flake and a Wafer.

### **Rhubarb Panna Cotta.**

Served with Strawberry Coulis and Candid Rhubarb rolled in popping Candy and topped with Freeze Dried Passion Fruit.

### **Marbled Cheesecake.**

Marbled with white and Milk Chocolate served with Bailey's Chocolate sauce and a Tuile Biscuit.

### **All above Desserts - £6.50**

### **Cheese Board (V)- £6.95**

A selection of Cheese, Grapes, Celery, Apple and Homemade Chutney served with Crackers.

### **Selection of Sussex Ice Cream Co. Ice-Creams and Sorbets:**

Vanilla, Banana and Caramel, Strawberries and Cream, Raspberry Pavlova, Mint Chocolate, Maple and Pecan, Toffee Apple, Brighton Rock.

Passion Fruit or Raspberry Sorbets.

**1 Scoop - £2.75 2 Scoops - £3.75 3 Scoops - £4.75.**

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## **Sandwiches & Baguettes –**

**All Sandwiches/Baguettes are available toasted or untoasted and on your choice of White or Granary bread.**

Tuna Mayonnaise and Cucumber - **£5.95/£6.95**

Coronation Chicken - **£5.95/£6.95**

Cheese and Pickle (V) - **£4.95/£5.95**

Egg Mayonnaise (V) - **£4.95/£5.95**

Sliced Roasted Ham and Mustard - **£4.95/£5.95 (Add Cheese £1)**

Fish Fingers and Rocket - **£6.50/£7.50**

Served with Homemade Tartar Sauce or Ketchup

Salmon and Cream Cheese - **£7.25/£7.95**

Prawn and Crayfish served with a Marie Rose Sauce - **£7.25/£7.95**

## **Jacket Potatoes –**

Cheese (V) - **£6.95** (add Bacon 50p)

Cheese and Beans (V)- **£7.25**

Coronation Chicken - **£7.95**

Tuna Mayonnaise - **£7.95**

Salmon, Cream Cheese & Chive - **£8.25**

Prawn & Crayfish served with a Marie Rose sauce - **£8.25**

## **Spotted Cow Ploughman's –**

Choice of Two – Brie, Cheddar, Stilton or Sliced Roast Ham. - **£10.95**

Served with Baguette, Dressed Side Salad, Homemade Coleslaw, Pickled Onions, Celery, Apple, Grapes and Homemade Chutney.

**All the above are Served until 2pm Daily, 5pm on Sunday's.**

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# Children's Menu - £7.95

Fish Fingers

Beef Burger

Scampi

Cheese and Tomato Pizza

Chicken Goujon's

**All served with a choice of Chips or Jacket Potato or Vegetable Batons and Peas or Baked Beans.**

Homemade Spaghetti Bolognese

Homemade Macaroni Cheese

Pork Sausage, Mash and Gravy.

Half a Jacket potato with a choice of toppings and a Salad Garnish.

**Children's Roast – Sunday's Only.**

## Children's Desserts:

Ice Cream Tubs – Vanilla, Chocolate, Strawberry.

Orange Calippo or Strawberry Split.

Choice of Orange or Blackcurrant Squash.

**Please ask your Server for your Free Activity Pack.**

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# Drinks –

## Hot Drinks -

Selection of Fruit or Herbal Teas - **£2.75**

Filter Coffee - **£2.50**

Espresso – **£2.75**

Café latte - **£2.75**

Liqueur Coffee- **£5.95**

Babyccino - **£1.50**

English Breakfast Tea - **£2.50**

Floater Coffee - **£2.75**

Cappuccino - **£2.75**

Hot Chocolate - **£2.75**

Baileys Coffee - **£6.50**

Fresh Mint Tea – **£2.00**

We hope you enjoyed your visit to The Spotted Cow and your feedback would be greatly appreciated.

Please visit [Tripadvisor.co.uk](https://www.tripadvisor.co.uk) or speak directly to a member of the team.

Thank you for your custom and we hope to see you again soon.

Laura, Justin and the team.

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