



Gluten Free Dishes

**Gluten free, Beer Battered Fish and Chips served
with Garden Peas or Fresh and Crispy Salad £12.95**

**Gluten free Pizza with Fresh Vegetables,
Tomato Sauce and Mozzarella Cheese £9.00**

Ribeye Steak (10 oz) with gluten free, Beer

**Battered Onion Rings, Grilled Tomatoes, Garden Peas
and Chips £16.95**

**Sirloin Steak (7 Oz) with gluten free,
Beer Battered Onion Rings,
Grilled Tomatoes, Garden Peas and Chips £9.95**

**Chicken Breast with Fresh Vegetables,
New Potatoes and gluten free Gravy £9.95**

**Chicken Breast with Korma Sauce served
on a bed of Rice £8.95**

**Pasta with Bolognese Sauce or Tomato
and Herb Sauce £8.95**

**We also have gluten and
wheat free ale!!! Buy 1 Pint for £3.80**

**For gluten free Desserts please ask for our
daily special £3.80**



Food allergies and intolerances -

Before ordering please speak to our staff about your requirements





Vegetarian Main Dishes



**Penne with Fresh Mushrooms, Shallots,
Garlic, Red Wine, Double Cream,
Fresh Parsley Parmigiano, Reggiano Cheese
and Egg Yolk** £8.95

**Penne (hot and spicy) with Fresh Vegetables,
Chopped Tomatoes and Chilli Flakes** £8.95

Mixed Vegetables Paella £9.95

Mixed Vegetables Fajita £4.95
served with 2 Wraps, Side Salad, Sour Cream and Salsa Sauce

Pizza Margarita £9.00
Tomato Sauce and Mozzarella Cheese

Pizza Vegetable £10.00
Tomato Sauce, Feta Cheese and Mozzarella Cheese

Funghi with Tomato Sauce £10.00
Loaded with Fresh Mushrooms and Mozzarella Cheese

Jacket Potatoes £6.50
*Served with either Beans, Beans and Cheese
or both served with a Side Salad*

Vegetable Burger £6.50
Served with Chips and Side Salad

**Spaghetti Napolitano with Onions, Carrots,
Chopped Tomatoes, Garlic, Fresh Black Pepper
and Fresh Parsley with a Hint of Chillies** £9.95



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**FOR BOOKINGS PLEASE CALL US ON 01536 373476/666 PREFERABLY BETWEEN 12.00 PM AND 10.00 PM
OR EMAIL: Paulseafood1@gmail.com**

