

The Spotted Cow - Menu

Starters

Antipasto (GF Option Available) - £7

Served with Humous, Chilli Pepper Pearls, Olive Oil and Balsamic Vinegar and Grilled Focaccia Bread.

Soup of the Day (GF Option Available) (V) - £6

Served with Crusty White Bloomer Bread.

Pate & Toast (GF Option Available) – £7

Pate served with Onion Chutney and a Salad Garnish.

Traditional Prawn Cocktail (GF Option Available) - £8

Prawns in Marie Rose Sauce, served on a Bed of Lettuce and Brown Bread.

Deep Fried Garlic Mushrooms (V) - £7

Served with Aioli.

Torpedo Prawns - £8

Breaded Prawns served with a Sweet Chilli Dip and Salad Garnish.

Mains

Traditional Fish and Chips - £15 (GF Option Available) / Smaller Plate - £11

Battered Cod Fillet, Served with Triple Cooked Chips, Tartare Sauce, and Garden Peas or Mushy Peas.

Steak & Ale Pie - £15

With Creamed Mashed Potato, Gravy and Garden Peas.

Scampi and Chips - £15 / Smaller Plate - £11

Wholetail Breaded Scampi served with Triple Cooked Chips, Tartare Sauce, and Garden Peas or Mushy Peas.

Ham, Egg & Chips (GF) - £13

Gammon Ham, served with Triple Cooked Chips and 2 Fried Eggs.

Sussex Smokey (GF Option Available) - £15

Smoked Haddock, New Potatoes and Spinach in a Wholegrain Mustard and Cream Sauce finished with Grated Cheese and Crusty White Bloomer Bread.

Sausage & Mash - £14

Trio of Butchers Sausages, served with Creamy Mashed Potato, Garden Peas, and Gravy.

Chicken Schnitzel - £16

Chicken Breast in Panko Breadcrumbs, Served with Triple Cooked Chips and Salad Garnish.

Cod Loin Stir Fry - £15

Served with Egg Noodles and Oriental Vegetables.

Please inform a member of staff if you have any allergies or intolerances.

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Ploughman's (GF Option Available) - £16

Cheddar, Stilton, and Brie, and a slice of Gammon Ham, served with Branston Pickle, Pickled Onion, Crusty Bloomer Bread, and a Salad Garnish.

Grills

8oz Rump Steak (GF) - £22

8oz Rump Steak chargrilled to your taste, accompanied with a Grilled Tomato, Flat Mushroom, Triple Cooked Chips and Garden Peas.

(Peppercorn Sauce for £2)

Spotted Cow Burger (GF Option Available) – £16 (Add Cheddar Cheese - £1.00)

6oz Burger with Bacon in a Brioche Bun with Lettuce, Tomato, Gherkin, Mayonnaise and Homemade Coleslaw, served with Triple Cooked Chips.

Chicken Burger - £14 (Add Cheddar Cheese - £1.00)

Breaded Chicken Fillet served in a Brioche Bun with Lettuce and Mayonnaise and Homemade Coleslaw, served with Triple Cooked Chips.

Vegetarian and Vegan

Quorn Buttermilk Style Burger (V) (VE) (GF Option Available) - £15

Served in a Brioche Bun with Vegan Mayonnaise, Lettuce, Homemade Coleslaw, served with Triple Cooked Chips.

Moving Mountain Vegan Burger (V) (VE) (GF Option Available) - £15

Served in a Brioche Bun with Vegan Mayonnaise, Lettuce and Tomato, Gherkin and Homemade Coleslaw, served with Triple Cooked Chips.

Vegetable Wellington (V) (VE) - £15

Served with New Potatoes and Fine Green Beans and a Vegetable Gravy.

Miso Broth (VE) (V) - £15

Miso Broth with Oriental Vegetables and Vegetable Gyozas Dumplings.

Vegetable Goan Curry (VE) (V) - £15

Roast Cauliflower, Aubergine, Spinach, Peppers, served with Rice and Pitta Bread.

12" Roasted Vegetable Pizza - £13

Sides

Chips – Small - **£3.50**

Chips Large - **£5.00**

Onion Rings - **£4.50**

Cheesy Chips – Small - **£5.00** Cheesy Chips – Large - **£6.50**

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Children's Menu - £7.50

Homemade Cod Goujons, Chips and Peas or Baked Beans

Chicken Goujons, Chips and Peas or Baked Beans

Burger, Chips and Peas or Baked Beans (GF Option Available)

Sausages and Chips served with Peas or Baked Beans

All Kids Meals include a Scoop of Ice Cream for Dessert.



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