

The Spotted Cow – Menu

Entrées

Bread and Olives with Olive Oil and Balsamic Vinegar - £4

Starters

Smoked Applewood Cheese (V) - £7

Deep Fried Applewood Cheese with Cranberry Sauce.

Smoked Salmon - (GF) £8

Served on a bed of Celeriac Rémoulade.

Spicy Battered Buffalo Cauliflower (V) – £7

Served with Sour Cream and Chive Dip.

Sweet Chilli Breaded Prawns - £7

Served with Aioli Mayo.

Classic Prawn Cocktail - £7.50

Prawns served on a bed of Lettuce with Marie Rose Sauce, Brown Bread and Butter.

Pate and Toast (GF Option Available) - £6.50

Today's choice of Pate and Toast with Onion Chutney.

Stuffed Mushroom (VE) (GF) £7

Flat Mushroom stuffed with Caramelised Onion and Vegan Blue Cheese.

Homemade Soup of the Day - £6

Served with Crusty Bread Roll.

Mains

Traditional Beer Battered Fish and Chips (GF Option Available) - £ 13

Served with Chips, Tartare Sauce and a choice of Mushy or Garden Peas.

Homemade Pie of The Day - £14

With Creamed Mash Potato, Gravy and Garden Peas.

Scampi and Chips - £13

Wholetail Breaded Scampi served with Chips, Tartare Sauce and Garden Peas.

8oz Rump Steak (GF) - £20

8oz Rump Steak chargrilled to your taste, accompanied by Grilled Tomato, Flat Mushroom and Chips. (Add Blue Cheese, Peppercorn or Bearnaise Sauce **£1.50**)

Please inform a member of staff if you have any allergies or intolerances.

The Spotted Cow – Menu

Surf and Turf - £24

8oz Rump Steak chargrilled to your taste, with Grilled King Prawns, accompanied by Grilled Tomato, Flat Mushroom and Chips.

(Add Blue Cheese, Peppercorn or Bearnaise Sauce **£1.50**)

Full Rack of Ribs - £17

Half Rack of Ribs - £10

Served with House Salad, Chips and Homemade Coleslaw.

Sussex Smokey (GF Option Available) - £14

Smoked Haddock, New Potatoes and Spinach in a Wholegrain Mustard and Cream Sauce finished with Grated Cheese and Crusty Bloomer.

Homemade Cottage Pie - £13.50

Served with Seasonal Vegetables.

Chicken Milanese - £14

Served with Linguine Pasta in a Rich Tomato and Fresh Basil Sauce.

Mixed Seafood Linguine - £14

Linguine Pasta topped with Mussels, Squid, Prawns, Octopus in a Rich Tomato Sauce.

Burgers

All Burgers are with Lettuce, Tomato, Gherkin, Mayonnaise and Homemade Coleslaw.

Spotted Cow Burger (GF Option Available) – £14

6oz Burger with Bacon in a Brioche Bun, served with Chips.

Chicken Burger - £13

Served in a Brioche Bun, served with Chips.

Lamb Burger (GF Option Available) - £14

Served in a Brioche Bun, served with Chips.

Grilled Halloumi Burger (V) (GF Option Available) - £13

Served in a Brioche Bun, served with Chips.

Add Smoked Applewood, or Mexicana Cheese for £1.00 extra.

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Vegetarian and Vegan

Quorn Vegan Salt & Vinegar Fishless Fillets (V) - £13

Served with Chips and Garden or Mushy Peas.

Vegetarian Sausages (V) - £13

Served with Mash, Vegetables and Vegetarian Gravy.

Vegetable Wellington (V) - £13

Served with New Potatoes and a Tomato and Basil Sauce.

Meat Free Burger (V) (GF Option Available) - £13

Served with Side Salad, Chips and Homemade Coleslaw.

Spiced Cajun and Sweet Potato Roulade (VE) (V) - £13

Served with New Potatoes and Mixed Vegetables.

Vegan No Chicken Burger (VE) (V) - £13

Soya based Chicken style Burger, served with Chips and Side Salad.

Sides

Chips – Small - **£3**

Cheesy Chips – Small - **£4**

Truffle Mash - **£4**

Onion Rings - **£4**

House Salad - **£4**

Whitebait - **£5**

Chips – Large - **£4**

Cheesy Chips – Large - **£5**

Truffle Chips – **£4**

Mixed Vegetables – **£4**

Scampi – **£5**

Children's Menu - £6.50

Scampi, Chips and Peas.

Chicken Goujons, Chips and Peas.

Linguine pasta with Homemade Tomato and Basil Sauce with Garlic Bread (V).

Burger, Chips and Peas.

Ham, Fried Egg and Chips.

All Kids Meals include a Scoop of Ice Cream for Dessert.

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