

# The Retreat Main Menu

## Desserts ——— £5.50 ———

Eaton Mess,

Apple and seasonal berry crumble, served with vanilla ice cream or custard.

Knickerbocker Glory, brings out the kid in all of us.

Lemon Tart, tangy & smooth, with raspberry coolie

A Selection of Ice creams. £4.50

Brioche Bread and butter pudding with custard

Fondant Chocolate Pots, warm and gooey served with vanilla ice cream.

Cheese board a selection of great cheese, including, Brie, Roquefort, & cheddar. £7.50

## Children's menu ——— £5.50 ———

Homemade chicken nuggets.

Fish and chips

The Retreat kids Burger with choice of relishes.

Fish finger sandwich, with sauce of your choice

Sausage and Chips

(V) vegetarian option available

## Mains

Homemade pie of the day ( V) served with our triple cooked chips or creamy mash, seasonal veg and gravy. £11.99

Asian style fillet of salmon, with a mango, spring onion and lime salsa, served on a bed of noodles £9.95

8oz Juicy Hereford Ribeye steak, cooked just how you like it. Served with our triple cooked chips and seasonal vegetables. Sauce options include creamy peppercorn, and blue cheese £18.95

A rich and creamy Risotto of pea and asparagus dressed with best Italian parmesan (V) £8.99

The Retreat burger. An 6oz burger with the choice of either, Sweet & Spicy barbecue sauce, Tomato salsa or coleslaw topped with melted cheddar and smokey bacon. Served with our triple cooked chips and mixed leaves salad. £10.95

Spaghetti ala Carbonara, with pancetta and a rich creamy parmigiano sauce. (V) £9.00

Haddock with a crispy beer batter served with our triple cooked chips, mushy or garden peas and our homemade tartar sauce. £11.95

Fragrant Thai green chicken curry, served with jasmine rice (V) £9.45

Chicken tarragon. Succulent breast of chicken served with a creamy tarragon sauce, seasonal vegetables and mash. £9.95

## To Begin

Homemade Soup of the day. £4.25

Salmon and Haddock fish cakes, served on a bed of rocket with homemade tartar sauce. £6.75 Main £11.75

Olives with garlic bread and oils. Warm fresh bread with Spanish olives and rich olive oils (V) £3.95

Pigs in Blankets, local homemade sausage wrapped in crispy bacon £4.95

Crispy Haddock Goujons served with homemade tartar sauce £6.95 Main option at £11.95

### For Sharing;

Greek and Turkish Meze, pitta bread,, lamb kofta , onion chutney, stuffed peppers with cream cheese, olives and crispy feta sticks. £12.95

Camembert baked in the box, served with a sweet homemade chutney. (V) £6.00

Spanish tapa. Olives, bread, garlic mayo, parma ham,, crab croquettes, dates in bacon and crispy calamari. £12.95

### Salads;

Goats cheese, with beetroot, walnuts, apple and spicy salad leaves dressed with balsamic. ( V) £9.95

Warm Chicken and smoked bacon, with avocado and tomato on a bed of crisp mixed leaves £11.95

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## Sides —£2.50—

Triple cooked Chips with cheese an extra 50p  
Crispy onion rings  
Coleslaw  
Olives & Tapenade  
Buttery, creamy Mash  
Garlic bread  
Mixed leaf salad  
Seasonal Vegetables

## The Lunch Time Specials Board

Honey glazed Ham, egg and Chunky Chips £6.95

Hot and spicy chilli con carne. £6.00

Chicken Salad wraps. £4.95

Crispy Jackets with a choice of fillings. £4.25

Triple decker American Club sandwich £4.50

Fish finger sandwich with homemade tartar sauce. £4.50

Chicken liver pate with toast and homemade chutney.  
£3.95

Herefordshire Steak sandwich with a choice of spicy  
relishes. £7.95

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## Breakfast

Full English Breakfast, Egg, Bacon, Pork sausage, hash  
browns, black pudding, mushrooms or beans and tomato  
with white or brown toast. £6.95

Vegetarian Breakfast, Veggie sausage, optional egg, beans,  
tomato spinach and toast. £5.95

Smoked Salmon and scrambled eggs on granary toast. £5.50

Bacon and two free range eggs on toast. £ 4.00

Eggs Benedict, Toasted muffin with bacon and Hollandaise.  
£5.75

Freshly cooked porridge with honey and blueberries. £3.00

Toast, choice of white for brown bread. £2.00

Bacon sarnie, soft flour bap with crispy bacon. £2.95

Local Hereford Sausage served in a soft floury bap. £3.10

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## Cakes & Coffee

**We offer a great selection of high quality Italian coffee,**  
including American, Latte, Cappuccino and Espresso.  
From £2.30

**A selection of quality tea's,** including, English breakfast,  
Earl Grey, Mint, and lemon & Ginger. From £1.75

**Wendy's delicious homemade cakes; —£2.50—**

Classic Victoria sponge with raspberry jam and cream

Coffee and walnut cake.

Sophisticated spicy Carrot cake with creamy butter icing.

Chocolate fudge cake a must for all lovers of chocolate

A SLICE OF CAKE & COFFEE OR TEA £3.75