

THE GOAT INN

EST. 1587

Great Food
Good Company

A True
St Albans
Local



PUB GRUB

WED – FRI 5:30PM – 8:30PM • SAT & SUN 12:30PM – 4:30PM

FRESHLY PREPARED • GREAT FOOD • GOOD COMPANY

BEER-BATTERED FISH & CHIPS (GF)

£15.95

Sustainably caught hake fillet in a gluten free 'Old Speckled Hen' beer batter, served with chunky skin-on chips, garden peas, lemon wedge and tartare sauce.

STEAK & ALE PIE

£14.95

Shortcrust pastry pie with a filling of slow-cooked beef braised in ale, served with creamy mash or chunky skin-on chips, garden peas and homemade gravy.

SAUSAGE & MASH

£13.95

88% pork Cumberland sausages, cheddar and chive mash, garden peas and a homemade 'Guinness' onion gravy.

HAM, EGG & CHIPS

£12.95

Thick-cut ham, two fried eggs and chunky skin-on chips.

DOUBLE SMASHED BURGER

£14.95

Two smashed beef patties, mature cheddar, beef tomato, iceberg lettuce in a sourdough bun with house burger sauce, served with skin-on fries.

Add grilled unsmoked back bacon £1.50

CHICKEN BURGER

£14.95

Hot & Spicy or Southern Fried chicken breast, lettuce, tomato and a choice of hot honey mayo or just mayo, served with skin-on fries.

SCAMPI & CHIPS (GF)

£13.95

Gluten free wholetail scampi from Whitby, chunky chips, garden peas and Colman's tartare sauce.

'Moving Mountains' Veggie Burger (VGN)

£12.95

Two mushroom, pea, soy and beet patties, beef tomato, iceberg lettuce and vegan mayo, served with skin-on fries.

GLAMORGAN SAUSAGE & MASH (V)

£13.95

A seasonal blend of cheddar cheese, leeks and onion, coated in breadcrumbs and flash fried. Served with creamy mash, salad leaves and onion chutney.

PLOUGHMANS LUNCH

£13.95

Carvery cut ham, Stilton and mature cheddar, grapes, apple, radish, celery, cucumber, pickled onions, Branston and a warm white baguette.

SIDES

SKIN-ON FRIES
OR CHUNKY CHIPS
£4.00

CHEESY CHIPS
£4.95

GARLIC BREAD
WITH CHEESE
£4.00

SIDE SALAD
£3.50

FOOD ALLERGENS

If you have any allergies, intolerances or dietary requirements, please speak to a member of our team before ordering.
We'll do our best to help you choose safely.

Food • Drinks • Friends • Always Welcome

A TRUE ST ALBANS LOCAL

