

FRIENDLY LUNCH

SANDWICHES

On Bloomer, Ciabatta or Tortilla Wrap with Fries

The Club Sandwich 12.95 GFA DF

Chicken Breast, Smoked Bacon, Gem Lettuce, Tomato, Mayo

The Halloumi 12.95 GFA

Grilled Halloumi, Hummus, Lettuce, Tomato, Onion

The Fish Finger 12.95 GFA DF

Battered Haddock, Tartar Sauce, Gem Lettuce, Lemon

The Roast Beef 12.95 GFA DF

Cold Roast Sirloin, Beef Tomato, Horseradish, Cheddar Cheese & Rocket

LIGHT MEALS

Little Haddock 12.95 GFA DF

Chunky Chips, Mushy Peas, Tartar Sauce & Lemon

Wholetail Scampi 13.95

Fries, Garden Peas, Tartar Sauce

Hunters Chicken 13.95 GF DFA

Chicken Breast, BBQ Sauce, Bacon & Melted Cheddar, Fries & Coleslaw

Liver & Bacon 13.95 GFA

Pan Fried Lambs Liver, Smoked Bacon, Mash, Peas and Gravy

All Day Breakfast 12.95 GFA DFA

Sausages, Smoked Bacon, Mushrooms, Tomato, Beans, Fried Eggs, Hashbrowns & Toast

GF: Gluten Free

DF: Dairy Free

GFA: Available Gluten Free

DFA: Available Dairy Free

Purple: Gluten & Dairy Free

SALADS

The Caesar 15.95 GFA

Grilled Chicken, Caesar Dressing, Smoked Bacon, Parmesan, Croutons, Soft Boiled Egg, Gem Lettuce

The Compasses 16.95 GF DF

Grilled Octopus, Warm New Potatoes, Broccoli, Hummus, Spinach, Avocado, Pine Nuts, Boiled Eggs

The Tuna Nicoise 18.95 GF DF

Grilled Tuna Steak, Black Olives, Sugarsnap Peas, Red Onion, New Potatoes, Boiled Eggs, French Dressing

The Korean 16.95 DF

Marinated Grilled Thighs, Asian Slaw, Spinach, Pine Nuts, Pomagranate

Smoked Salmon Poke Bowl 16.95 GF DF

Smoked Salmon, Jasmine Rice, Avocado, Asian Slaw, Boiled Egg, Wakame, Spring Onions, Sesame & Chillies

The Greek 14.95 GF

Feta Cheese, Olives, Cucumber, Red Onion, Cherry Tomatoes, Gem Lettuce & Olive Oil

The Italian 15.95 GF DFA

Parma Ham, Mozzarella, Figs, Toasted Hazlenuts, Roasted Red Peppers & Mixed Leaves

FLATBREADS 9.95

Served open on Grilled Flatbread

Smoked Salmon, Avocado, Feta, Peas & Pinenuts GFA DFA

Mozzarella, Fig, Cherry Tomato & Parma Ham GFA DFA

Grilled Chicken, Chorizo, Halloumi, Honey Mustard & Rocket GFA DFA

GFA DFA

Rump Steak, Blue Cheese & Caramelised Onion with Rocket GFA DFA

ASK US ANYTHING...

Allergies: Our chefs are pretty cool, if you have an allergy, just let us know. If we can, we'll modify the dish to suit your dietary requirements or offer an alternative.

Pre-Orders: We can do almost anything! Fancy Lobster & Giant Steaks for an Anniversary Dinner? No Problem! Love Fresh Market Fish? We'll source beautiful Dover Sole, John Dory or whatever is at its Seasonal best. Ask about our pre-order menu!

Vegetarians & Vegans: We can usually produce several other vegetarian or vegan meals, just ask us. If there something you really, really, really want... Just give us some notice.

**MONDAY
TO
SATURDAY
UNTIL
5 PM**

