Seniors Menu

GREAT FOOD AT YOUR LOCAL

### TWO COURSES FOR £6.99 - UPGRADE TO 3 COURSES FOR £1\* EXTRA

## Starters

#### ROASTED TOMATO SOUP V



With freshly sliced white bloomer bread and butter (272kcal).

#### **CRISPY CHICKEN STRIPS**

With Texan BBQ sauce and a dressed salad garnish (272kcal).

## Mains

#### **HUNTER'S CHICKEN**

Half a chicken breast topped with bacon, Texan BBQ sauce and melted cheddar & mozzarella. Served with chips and a dressed salad garnish (613kcal).

#### **SAUSAGE & MASH**

Two pork sausages with buttered mash, garden peas and red onion gravy (489kcal).

### MAC & CHEESE V



Macaroni in a rich cheddar cheese sauce with garlic ciabatta and a dressed mixed salad (447kcal).

#### SCAMPI & CHIPS +



Whitby scampi with chips and tartare sauce (641kcal). With your choice of mushy peas (37kcal) or garden peas (36kcal).

#### FISH & CHIPS +

Half a freshly hand-battered fish fillet with chips and tartare sauce (653kcal). With your choice of mushy peas (37kcal) or garden peas (36kcal).

# Desserts

#### TRIPLE CHOCOLATE BROWNIE V



Served warm with clotted cream ice cream (405kcal).

### BRAMLEY APPLE & BLACKBERRY CRUMBLE PIE V



Served warm (494kcal), with your choice of custard (156kcal) or clotted cream ice cream (126kcal).

#### ICE CREAM V



Two scoops of various flavours (85-126 kcal per scoop), with your choice of chocolate flavour (28kcal) or strawberry flavour (32kcal) sauce.

Please ask a member of the team for today's available flavours.

#### ADULTS NEED AROUND 2000KCAL A DAY



