

## Breakfast Menu

served all day

**Set Full English** £8.50  
2 bacon, 2 sausages, 2 eggs, 2 hash browns, beans mushrooms, grilled tomato, black pudding and 1 toast.

**Vegetarian Breakfast (v)** £7.70  
2 vegetarian sausages, egg, beans, tomato, hash brown, mushrooms and a slice of toast.

**Bacon Roll** £3.80  
Bacon in a fresh buttered bun.

**Sausage Roll** £3.80  
2 sausages in a fresh buttered bun.  
Vegan option extra £1.00 (ve)

**Breakfast Roll** £4.80  
bacon, sausage and egg  
in a fresh buttered bun.

**Eggs on Toast (v)** £3.80  
2 eggs served fried,  
scrambled or poached on toast.

**Breakfast Omelette** £6.40  
A 3 egg omelette including your choice  
of ham, classic cheddar or  
mushrooms served with a slice of toast and butter.

### Breakfast Extras

Griddled bacon, local sausage, fried egg,  
butter fried mushrooms, Heinz beans, Hash brown,  
griddled tomato, black pudding, slice of toast & butter.

90p each

vegan sausage (ve) £1.00

## Jackets

served 12pm - 9pm

Our jackets offer a lighter healthier option, all served with a salad  
garnish & homemade coleslaw and a topping of your choice.

Heinz beans (v) Mature Cheddar (v)

Mature Cheddar & red onion (v)

Tuna Mayonnaise £7.20

Chilli con carne £7.70

## Salads

A delicious serving of fresh seasonal salad leaves, cucumber, tomato,  
red onion & peppers served with a mini basket of chips.

Choose your topping

Ham or Cheese £9.50

Chicken £10.50

## Sandwiches

All our sandwiches are served on fresh hand cut bread and are  
accompanied with a basket of homemade chips,  
all available in (gf) bread.

Mature Cheddar cheese  
and onion (v)

Ham and cheese toasted

Tuna Mayonnaise

Hot sausage and  
caramelised onion chutney

BLT

£7.50

Hot roast beef sandwich £9.50  
served with chips and gravy

## Gourmet Burgers

served 12pm - 9pm

All our burgers are hand crafted locally into a 6oz patty and served  
in a delicious brioche bun with homemade twice cooked chips,  
homemade coleslaw and homemade onion rings.

**Classic burger** £9.90

One of our hand crafted burger patties  
plain simple and delicious.

**Cheeseburger** £10.50

Our classic burger topped with your choice of  
cheddar or monterey jack cheese.

**Sloppy Hunters chicken burger** £11.20

Chicken breast, cheese, bacon & bbq sauce.

**Bacon & cheese burger** £11.20

A hand crafted patty topped with crispy bacon and  
your choice of classic cheddar or monterey jack cheese.

**Chicken fillet burger** £10.50

A coated chicken fillet burger served in one of our  
brioche buns with lettuce, tomato and rich mayonnaise.

**Crispy vegetable burger (v)** £9.90

A breaded vegetable burger served in a delicious  
brioche bun with lettuce, tomato and spicy mayonnaise.

**Brunch burger** £11.50

Topped with crispy bacon, cheddar or monteray jack  
and a fried egg.

**Chilli burger** £11.50

Our classic burger patty topped with  
mouthwatering chilli con carne.

**The Promenade big burger** £12.50

Our classic 6oz burger patty topped with crispy bacon,  
your choice of cheddar or monterey jack cheese  
and then finished with chilli con carne, delicious!

For burgers and mains you can upgrade to  
sweet potato fries for an extra £2.50  
Upgrade to loaded chips for £2.50

## Classic Mains

**Mussels and chips** £11.20

Mussels in creamy white wine sauce served with  
chips and bread.

**Hunters chicken** £11.40

Served with homemade twice cooked chips  
and salad garnish.

**Wholetail Whitby scampi** £11.40

Served with homemade twice cooked chips,  
peas, tartare sauce

**8oz grilled gammon steak** £11.40

Served with homemade twice cooked chips, peas,  
grilled tomato and your choice of fried egg or pineapple.

**Chilli con carne** £11.40

Served with rice, tortilla chips and sour cream.

**Beef & Ale pie** £10.50

Served with peas, mash or chips and gravy.

**Chicken tikka masala** £12.90

Tender pieces of chicken in a masala sauce served  
with rice, poppadoms, naan bread, chutney & lime pickle.

**Ham, eggs and chips** £10.40

Our locally sourced hand carved ham with two eggs.

**Omelette and chips** £9.70

3 egg omelette with a choice of filling, cheese, ham or  
mushroom or all three served with twice cooked chips.

## Vegetarian & Vegan Mains

**Vegetarian lasagne (v)** £10.90

Served with garlic bread and salad garnish.

**Vegan jumbo hot dog (ve)** £9.90

Plant based hot dog made from sunflower seeds in a  
vegan bun, served with crispy onions & chips.

**Crispy vegetable burger (v)** £9.90

A breaded vegetable burger served in a delicious  
brioche bun with lettuce, tomato and spicy mayonnaise.

[www.thepromenadesunderland.com](http://www.thepromenadesunderland.com)



## Children's Menu

Ham, Egg and homemade Chips  
£6.10

Sausage and Mash with Gravy or Heinz beans  
£6.10

Sausage and Chips with Gravy or Heinz beans  
£6.10

Fish Fingers, Chips and Beans  
£6.10

Chicken Nuggets, Chips and Beans  
£6.10

Cheese & Tomato Pizza and Chips (v)  
£6.10

## Luxurious Desserts

Naughty Chocolate Cake (gf)  
£5.00

Classic Apple Crumble  
£5.00

All served with your choice of cream, custard or vanilla ice cream

Creamy Ice Cream  
1 Scoop £1.90  
2 Scoops £2.90  
3 Scoops £3.40

## Snacks, Sides & Sharers

Garlic bread (v) £2.90

Homemade twice cooked chips (v) £3.90

Homemade coleslaw (v) £1.90

2 slices of bread & butter (v) £1.50

Hand battered onion rings (v) £2.90

2 slices of Monterey Jack cheese (v) £1.90

Heinz beans (v) £1.90

Sweet potato fries (v) £3.90

Potato skins & dips (v) £3.50  
Choose from bbq, sweet chilli, garlic mayo or all

Chip butty (v) £5.00

Gravy £1.90

Chilli chips £8.90

Cheesy chips (v) £6.50

Loaded chips £6.90  
Cheese & bacon

Cheesy garlic bread £3.90

Garlic mushrooms £2.90  
Served with a dip

Curry sauce £1.50

Peppercorn sauce £1.50

*Great for sharing...*

Nachos with Cheese £8.50  
Served with salsa, sour cream & jalapenos

Nachos with Chilli £10.50  
Served with salsa, sour cream & jalapenos

Nachos with Chilli & Cheese £11.50  
Served with salsa, sour cream & jalapenos

# The Promenade

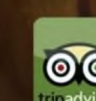
Find a table, order and pay at the bar  
and your food will be delivered to you

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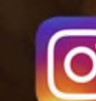
www.thepromenadesunderland.com  
Free wi-fi and beer terrace to the rear



@PromenadeSeaburn



The Promenade



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Allergen information is available on request

(v) - Suitable for Vegetarians. (ve) - Suitable for vegans (gf) - Gluten Free.

All weights of meat are approximate uncooked.

All meals may contain nuts or nut derivatives. Fish may contain bones.